

# Fujairah Observer

February 2021



Photo by Ahmed Abdullah

# FOIZ



منطقة الفجيرة للصناعة البترولية  
Fujairah Oil Industry Zone



## Aims & Objectives

- Develop strategies for investment in the Oil & Gas Industry in the region.
- Develop local and international compatible Oil & Gas Industry Standards relating to Health, Quality, Safety, and Environment.
- Implement the Standards, Rules & Regulations, Codes of Practice within FOIZ.
- Develop robust Business and Technical Assurance Plans.
- Develop Risk Management Plans
- Provide land to the investors & extend the precincts of FOIZ through sea-reclamation.
- Assist in the procurement of utilities.

FOIZ sits at the heart of the new energy corridor that stretches from the East of the Suez Canal to Asia and has a vast array of capabilities, including oil transmission pipeline connectivity with Abu Dhabi, vast oil storage facilities, supporting utilities infrastructure, and a deep water port. Since September 2016, the Port is also home to the first very large crude carrier (VLCC) jetty on the Indian Ocean.

FEDCom ( Fujairah Energy Data Committee ) established under the aegis of FOIZ in collaboration with S & P Global Platts publishes data comprising of weekly inventory levels of various terminals established within FOIZ. This has enhanced market transparency. Publishing the weekly inventory data is to set targets, including establishing Fujairah as the region pricing center, leading global & trading energy hub next to major pricing, trading and energy centers of the world.

*Fujairah Oil Industry Zone (FOIZ)*

*Tel: +971 9 2244000*

*Fujairah Tennis & Country Club*

*Tel: +971 9 2244880*

*Al Ahli Printing Press*

*Tel: +971 9 2229429*

*Al Fujairah National Insurance Company*

*Tel: +971 9 2242000*

*Fujairah Building Industries PSC*

*Tel: +971 9 2222051*

*Fujairah Cement Factory (Dibba)*

*Tel: +971 9 2444011*

*Fujairah Farm*

*Tel: +971 9 2445260*

*Fujairah Trade Centre*

*Tel: +971 9 2222661*

*Iwire Connect*

*JSW Cement*

*Vopak Horizon*

*Tel: +971 9 2281800*

*Fujairah Free Zone*

*Tel: +971 9 2228000*

*Fujairah Rock & Aggregates*

*Tel: +971 9 2228626*

*FujEng*

*Tel: +971 9 2244388*

*Lulu Hypermarket*

*Tel: +971 9 2220505*

*Port of Fujairah*

*Tel: +971 9 2228800*



The Fujairah Observer is grateful for the support of the Ruler of Fujairah,  
HH Sheikh Hamad Al Sharqi and the assistance of the Private Affairs Bureau

<b>4</b>	<b>Local News</b> Crown Prince of Fujairah chairs a number of meetings Fujairah CP receives first jab of COVID-19 vaccine Sheikh Abdullah Al Sharqi visits Fujairah Fine Arts Academy
<b>17</b>	<b>Local News</b> News from our Social Clubs News from Hotels Toastmasters
<b>39</b>	<b>Puzzles</b> ...to keep those brain cells moving
<b>50</b>	<b>Feature</b> On Track in Fujairah! @Dave Charlton
<b>50</b>	<b>Schools</b> Short Stories from Fujairah Students
<b>54</b>	<b>Insights</b> Preparing for exams during COVID pandemic @Duglas Joseph
<b>57</b>	<b>Health -</b> 11 skills kids achieve before developing speech Mental Strategy To Stay Healthy Strong In Testing Times ©Alva Carpenter
<b>62</b>	<b>WWW</b> It's a Weird and Wonderful World
<b>65</b>	<b>Sport</b> Dubai Sports Council's newest event for ladies W25 Fujairah International Women's Tennis Open Fujairah FC Arabian Gulf Cup Fujairah Electronic Football Championship "FIFA 21"
<b>77</b>	<b>Poetry</b>
<b>78</b>	<b>Classified Adverts</b>
<b>80</b>	<b>Directory</b>
<b>88</b>	<b>Useful Numbers / Information</b>
<b>90</b>	<b>Map</b> Fujairah Observer Map
<b>92</b>	<b>Humorscopes</b>



Front cover photo: Ahmed Abdullah, who is a student at Ajman University. Ahmed wishes us all to stay safe and follow social distancing rules.



Dear Readers,

*As the world continues to change around us, and with the COVID vaccine now widely available throughout the Emirates we should avail of the opportunity to receive the "jab" which is provided free to all by the UAE government.*

*We've made substantial progress but are a long way from where we were but we still need to be careful and social distance ourselves and maintain a high level of hygiene.*

*Our sincere thanks to the Frontline Workers, we are all indebted to their hard work!*

*February is the month that we as individuals we can show our loved ones that support us and help us to achieve our best in everyday life how much we care for them.*

*Enjoy Valentine's Day – it is a special day but Stay Safe and keep wearing your masks!*

**Dr. Mohammed Saeed Al Kindi,**  
Editor-in-Chief



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**Editor-in-Chief:** Dr. Mohammed Saeed Al Kindi

**Managing Editor:** Virginia Valentine

**Digital Media:** Tania Rodrigues

**Advertising & Sales:**

**Photography:** Javeed Quershi  
Abbas Quershi  
Mohammed Munawar FTAA

**Contributors:** Alva Carpenter  
Douglas Joseph  
Abdullah Taleb

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**Editorial and advertising enquiries contact:**

FUJAIRAH OBSERVER  
Room 905, Fujairah Trade Centre,  
PO Box 3139  
Fujairah, UAE  
Email: fujobs@eim.ae.  
Tel: 09 2229910  
Mob: 050 4843470



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## Fujairah CP receives first jab of COVID-19 vaccine



**His Highness Sheikh Mohammed bin Hamad Al Sharqi, Crown Prince of Fujairah, has received the first jab of the COVID-19 vaccine, in line with the plan of the Ministry of Health and Prevention and in support of the national coronavirus vaccine programme.**

Sheikh Mohammed bin Hamad stressed the keenness of the UAE's leadership to ensure the highest levels of safety for all segments of the community, thanking the campaign's organisers for their efforts.

He also commended the efforts of all medical staff and frontline workers in the UAE who achieved significant success in countering the pandemic and containing the spread of the virus, urging everyone to receive the vaccine and support the country's endeavours to accomplish the target percentage of

immunising over 50 percent of UAE residents in the first quarter of 2021.

A massive Covid-19 vaccination campaign is underway across the seven emirates of the UAE. Residents are vaccinated against the disease for free.

In the UAE, two types of vaccines are available: Sinopharm and BioNTech-Pfizer.

The difference is that they are being manufactured by different firms, but they look very similar, both in terms of safety and in terms of effectiveness.

No prior registration or appointment is required when you want to get vaccinated. All you need to do is visit the hospitals or private health facilities with vaccination centres and get registered by officials there and then get the vaccine.

## Crown Prince of Fujairah chairs a number of meetings



### HH Sheikh Mohammed bin Hamad reviews "Fujairah Fine Arts" programs

His Highness Sheikh Mohammed bin Hamad bin Mohammed Al Sharqi, Crown Prince of Fujairah and Chairman of the Board of Trustees of the Fujairah Academy of Fine Arts, chaired in his office at the Emiri Court the regular meeting of the Academy during the year 2021, in the presence of Ali Obaid Al Hafiti, Director of the Academy and members of the Board of Trustees and Executive Committees.

His Highness, the Crown Prince of Fujairah, was briefed on the most prominent programs and projects implemented by the Academy last year and the steps it has taken to provide a safe educational environment by ensuring the preservation of students' safety and strengthening precautionary and preventive efforts aimed at limiting the spread of the Coronavirus.

His Highness listened to a brief presentation on the academy's plans, tracked the progress of work in it, and the most prominent new programs that will be launched during 2021, stressing the need to

make more efforts that contribute to spreading artistic culture inside and outside the country.

The director and members of the Academy's Board of Trustees thanked His Highness, Crown Prince of Fujairah, for his constant support for the Academy and its various programs, and for giving talents to engage in all the Academy's specializations, including the

departments of music, visual arts and ballet. The meeting was attended by Salem Al Zahmi, Director of the Office of His Highness the Crown Prince of Fujairah.



### Fujairah CP demands the need to develop individual games

His Highness Sheikh Mohammed bin Hamad Al Sharqi, Crown Prince of Fujairah and President of the Fujairah Martial Arts Club, stressed the importance of devoting the sport of individual games, upgrading



and developing it and providing means of success to expand its activities at all local and international levels.

This came during His Highness presiding over the periodic meeting of the Fujairah Martial Arts Club for the year 2021, in his office at the Emiri Court, in the presence of Salem Al Zahmi, Director of the Office of His Highness the Crown Prince of Fujairah, and Brigadier Ahmed Hamdan Al Zeyoudi, President of the Emirates Taekwondo Federation, Executive Director of the club.

His Highness, the Crown Prince of Fujairah, was briefed on the club's plan for the year 2021, which includes the most important plans and activities, especially the club's participation in the upcoming international and local tournaments, stressing the need to raise the level of the club and the need for club players to be well prepared for their next competitions, with high readiness, in order to obtain the best positions. In international tournaments.

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The meeting was attended by Salem Al Zahmi, Director of the Office of His Highness the Crown Prince of Fujairah.



## **Crown Prince of Fujairah chairs the meeting of the Board of Trustees of the Fujairah Fine Arts Academy**

His Highness Sheikh Mohammed bin Hamad bin Mohammed Al Sharqi, Crown Prince of Fujairah and Chairman of the Board of Trustees of the Fujairah Fine Arts Academy, in his office at the Emiri Court,

## Sheikh Abdullah Al Sharqi reviews the educational curricula at the Fujairah Fine Arts Academy



**Sheikh Abdullah bin Hamad bin Saif Al Sharqi, President of the Emirates Federation of Body Building and Fitness, visited the Fujairah Fine Arts Academy, where he was received by HE Ali Obaid Al Hafiti, Director General of the Academy.**

During the visit, Sheikh Abdullah bin Hamad bin Saif Al Sharqi was briefed on the progress of work at the Academy, and the educational curricula of theoretical and applied sciences, which are taught within the departments of the Academy.

Sheikh Abdullah also inspected the departments of visual, ballet and music, and expressed his admiration for the teaching methods provided by the academy's teachers to students in accordance with international educational curricula, praising the efforts made by the academic staff in the academy

to meet the requirements and needs of students in the Emirate of Fujairah.

His Excellency Ali Obaid Al Hafiti, Director General of the Academy thanked Sheikh Abdullah bin Hamad bin Saif Al Sharqi for this visit, referring to the Academy's role in developing talent in the fields of arts and spreading artistic culture among members of society in the Emirate of Fujairah.



## First W25 Fujairah International Women's Tournament



HH Sheikh Abdullah bin Hamad bin Saif Al Sharqi, President of the Emirates Federation of Body Building and Fitness with Viktorija Golubic and Cagla Buyukakacay winners of the W25 Women's Doubles Final, (Xiaodi You and En Shuo Liang, runners-up of the W25 Women's Doubles Final)



Left to right: Hashem Behroozian, Abdul Ghafour Behroozian, Chairman of the Fujairah Club Board, Clara Tauson winner of the W25 Women's Singles Final, Viktorija Golubic runner-up of the W25 Women's Singles Final, Ahmad Abdul Malek Ahli, Deputy Chairman of the UAE Tennis Association and the general manager of Tennis & Country Club Fujairah, Salah Alhamad

## Coronavirus (COVID-19) vaccine



with distinguished services, as the country's leadership gives them significant attention, he added, noting that these efforts are part of the comprehensive national work to maintain the health and safety of the community, through adopting innovative treatments and reinforcing the health sector's capacity, enlarging the scope of testing, and ensuring the availability of skilled and efficient medical personnel.

**The coronavirus (COVID-19) vaccine is safe and effective. It gives you the best protection against coronavirus.**

### Who can get the COVID-19 vaccine

The Ministry of Health and Prevention (MOHAP) announced that the vaccine for the inactive COVID-19 virus is now available in all health centres around the country to all citizens and residents above the age of 16, most notably elderly people and those suffering from chronic diseases, as part of the ministry's efforts to protect the health of the entire community.

Elderly people's health a priority Dr. Hussein Abdul Rahman Al Rand, Assistant Under-Secretary for Centres and Health Clinics, stated that the ministry began providing the registered COVID-19 vaccine in its health facilities following positive results that confirmed its efficiency.

Healthcare worker and people more prone to infection are being prioritised, most notably elderly people and those suffering from chronic diseases, in light of ministry's keenness to provide them

The health system's efficiency Dr. Al Rand noted that the UAE's health sector was among the best in handling the pandemic, due to the country's advanced healthcare infrastructure and the vision of its leadership to develop the health system and strengthen its global competitiveness, by adopting a vaccine that complies with strict national standards.

### Advice if you're of childbearing age, pregnant or breastfeeding

There's no evidence the COVID-19 vaccine is unsafe if you're pregnant. But more evidence is needed before you can be routinely offered the vaccine.

You can have the COVID-19 vaccine if you're breastfeeding.

Speak to a healthcare professional before you have the vaccination. They will discuss the benefits and risks of the COVID-19 vaccine with you.

You do not need to avoid pregnancy after vaccination. The vaccine cannot give you or your baby COVID-19.



### How the COVID-19 vaccine is given

The COVID-19 vaccine is given as an injection into your upper arm.

It's given as 2 doses. You will have the 2nd dose averaging between 21 to 28 days after having the 1st dose.

### How to get the COVID-19 vaccine

THE FOLLOWING PAGES LIST THE CENTRES WITHIN THE EMIRATE OF FUJAIRAH WHERE YOU CAN RECEIVE THE COVID VACCINE.

You must take your Emirates ID and health insurance/healthcare cards to produce on arrival. Prior appointments are not required.

At the time of going to press the vaccine is free to all.

### How safe is the COVID-19 vaccine?

Clinical tests carried out by Sinopharm showed the immunity acquired against COVID-19 infection. Seroconversion rate was recorded at 99 percent of equivalent antibodies, with a 100 percent rate of prevention from moderate or severe cases. Moreover, the data also showed that there were no concerns related to the safety of the vaccine.

So far, thousands of people have been given a COVID-19 vaccine and reports of serious side effects, such as allergic reactions, have been very rare. No long-term complications have been reported.

### How effective is the COVID-19 vaccine?

The 1st dose of the COVID-19 vaccine should give you good protection from coronavirus. But you need to have the 2 doses of the vaccine to give you longer lasting protection.

There is a chance you might still get or spread coronavirus even if you have the vaccine.

**THIS MEANS IT IS IMPORTANT TO:** continue

to follow social distancing guidance, if you can, wear something that covers your nose and mouth in places where it's hard to stay away from other people

### COVID-19 vaccine side effects

Most side effects of the COVID-19 vaccine are mild and should not last longer than a week, such as:

- a sore arm where the needle went in
- feeling tired
- a headache
- feeling achy
- feeling or being sick

You can take painkillers, such as paracetamol, if you need to.

If you have a high temperature you may have coronavirus or another infection.

If your symptoms get worse or you are worried contact your doctor.

### Allergic reactions

Tell healthcare staff before you are vaccinated if you've ever had a serious allergic reaction (anaphylaxis).

You should not have the vaccine if you've ever had a serious allergic reaction to:

- a previous vaccine
- a previous dose of the same COVID-19 vaccine
- some medicines, household products or cosmetics

Serious allergic reactions are rare. If you do have a reaction to the vaccine, it usually happens in minutes. Staff giving the vaccine are trained to deal with allergic reactions and treat them immediately.

### COVID-19 vaccine ingredients

The approved COVID-19 vaccines do not contain any animal products or egg.

## COVID-19 Vaccination Centres in the Emirate of Fujairah

Public Hospital				
	Centre Name	Opening Hours	Phone No	Location
1	Madinah Health Centre	<b>Sunday - Thursday</b> 07:30 - 14:30 16:00 - 22:00 <b>Friday</b> 17:00 - 22:00 <b>Saturday</b> 8:00 - 13:00 17:00 - 22:00	09 2224811	Merashid-Al Shariah Road Fujairah
2	Mureshid Centre Health	<b>Sunday - Thursday</b> 07:30 - 14:30 16:00 - 21:00 <b>Friday</b> 17:00 - 22:30 <b>Saturday</b> 08:00 - 13:00 17:00 - 22:00	09 2227099	Jerusalem Road Fujairah
3	Bidya Health Centre	<b>Sunday - Thursday</b> 07:30 - 14:30 16:00 - 22:00 <b>Friday</b> 17:00 - 22:30 <b>Saturday</b> 08:00 - 13:00 17:00 - 22:00	09 2389138	Near Bidya Police Station off the E99 (Rugaylat Road Bidya
4	Murbah Health Centre	<b>Saturday - Thursday</b> 07:30 - 14:30 16:00 - 22:00	09 2380705	Murbah Clinic Street, Murbah
5	Quraya Health Centre	<b>Sunday - Thursday</b> 07:30 - 14:30 16:00 - 22:00 <b>Saturday</b> 8:00 - 13:00 17:00 - 22:00	09 2365135	Al Quraya village centre
6	Halah Health Centre	<b>Sunday - Thursday</b> 07:30 - 14:30 16:00 - 22:00	09 2448115	Al Halah village centre Al Halah
7	Tawyeen Health Centre	<b>Sunday - Thursday</b> 07:30 - 14:30 16:00 - 22:00 <b>Saturday</b> 8:00 - 13:00 17:00 - 22:00	07 2585538	Al Tawyeen village centre near Tawyeen Mosque

	Centre Name	Opening Hours	Phone No	Location
8	Dhadna Health Centre	<b>Sunday - Thursday</b> 07:30 - 14:30 16:00 - 22:00 <b>Saturday</b> 8:00 - 13:00 17:00 - 22:00	09 2445159	Rugaylat Road, Dhadna Fujairah
9	Siji Primary Health Centre	<b>Sunday - Thursday</b> 08:00 - 15:00	06 8854499	Wadi Siji Road Masafi
10	Wadi Al Seder Health Centre	<b>Sunday - Thursday</b> 08:00 - 14:00	09 2565553	Wadi Sidr Road Masafi
11	Quidfa Health Centre	<b>Sunday - Thursday</b> 07:30 - 14:30 16:00 - 21:00 <b>Friday</b> 17:00 - 22:30 <b>Saturday</b> 08:00 - 13:00 17:00 - 22:00	09 2381689	Qidfa Clinic Street Qidfa Fujairah
12	Khalaybiya Health Centre	<b>24 Hours</b>	09 2565959	Dibba-Masafi Road Tayybah Fujairah
13	Al Faseel Family Health Promotion Centre	<b>Sunday - Thursday</b> 7:30 - 14:30	09 2227440	Opp Al Basara Road Al Faseel
14	Fujairah Expo Centre	<b>Saturday - Thursday</b> 7:30 - 14:30		Korthabah Road Fujairah
15	Dibba Exhibition Centre	<b>Everyday (Saturday - Friday)</b> 8:00 - 22:00	09 2445159	Dibba - Masafi Road Fujairah
16	Al Bait Metwahhed	<b>Everyday (Saturday - Friday)</b> 8:00 - 22:00		Mirbeh
17	Khalifa Hall			Sheikh Maktoum Bin Rashid Al Maktoum Road
<b>Private Hospital</b>				
1	Thumbay Hospital	-	09 2053888	Sheikh Zayed Bin Sultan Street Fujairah
2	Al Sharq Hospital	-	09 2249999	Al Luluah Road Fujairah



*FujSeng Construction LLC.*



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[www.fuj seng.ae](http://www.fuj seng.ae)



**Corporate Office**

502-Fujairah Tower (P.O. Box 7226)  
Fujairah, United Arab Emirates  
(T) +971 9 22 44388 (F) +971 9 22 44399  
E: [fuj seng@eim.ae](mailto:fuj seng@eim.ae)

**Dubai Office**

405-NBO Building (P.O. Box 242735)  
Khalid Bin Al Waleed St, Dubai (U.A.E)  
(T) +971 4 33 87383 (F) +971 4 33 87382  
E: [dxb-office@fuj seng.ae](mailto:dxb-office@fuj seng.ae)

**Civil / Electromech Engg.**

AL Hayl Ind Area, Ph-1 Fujairah  
(T) +9719 222 2216  
(F) +9719 223 9193  
E: [fuj seng@eim.ae](mailto:fuj seng@eim.ae)

**Alm. / Facade Engg.**

AL Hayl Ind Area, Ph-1 Fujairah  
(T) +9719 222 2216  
(F) +9719 223 9193  
E: [aluminum@fuj seng.ae](mailto:aluminum@fuj seng.ae)

**Steel Fabrication**

AL Futaim St, Fujairah  
(T) +9719 222 2045  
(F) +9719 222 2058  
E: [steel@fuj seng.ae](mailto:steel@fuj seng.ae)



## Dolphins on our doorsteps!

Public collaboration can make a real difference for The Fujairah Whale Project researchers, by reporting their dolphin and whale sightings and enabling the team able to collect vital data which is imperative to the research. Last month there were some really good sightings.

and were especially pleased to see the vessel keeping a safe distance from the dolphins to avoid disturbance. The Fujairah Whale Project recommend a minimum distance of 50m and also that if any cetaceans approach your vessel, that you bring all fishing gear back on board to reduce the chances of cetaceans becoming entangled or caught in the gear.

Photo credit: Haitham Hammoudi



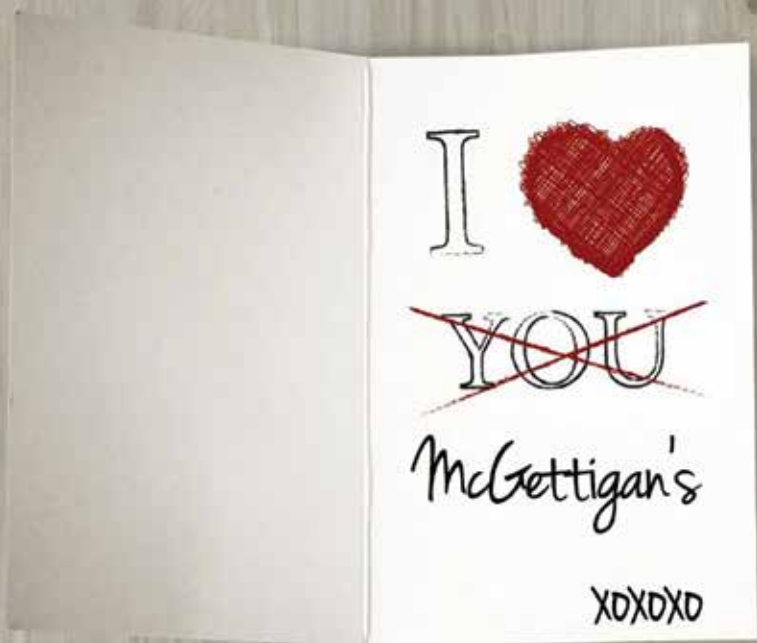
On Wednesday 20th January, approximately 10-20 spinner dolphins (*Stenella longirostris*) were seen relatively close to shore just east of Fujairah city. This is unusual, as this species is normally seen much further from shore in Fujairah in water depths of 500m or more. This pod, which had at least one juvenile-mother pair, was reportedly seen in the vicinity over a few days. To ID a spinner dolphin, we look out for a tripartite colouration of a dark grey back, lighter grey flanks with a paler belly. They also have a dark stripe from their eye to the shoulder of their pectoral flippers.

Photo credit: Balazs Buzas

On Saturday 16th January, a local citizen reported a sighting of approximately 200 dolphins, about 40km offshore from the Port of Fujairah. From their video the team could see the group comprised of mixed age classes, and that the dolphins were slowly travelling whilst being filmed. The footage did not allow for a conclusive identification of species, but the dorsal fin shape is suggestive of Indo-Pacific Common dolphins (*Delphinus delphis tropicalis*). The Fujairah Whale Project is always grateful to receive records such as this



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## Tennis & Country Club Fujairah, news

**Tennis- Some want it to happen, some wish it would happen.**

Others make it happen. Fujairah Tennis and Country Club is brought a smashing international tennis event by ITF for all the athletic women out there.

*Did you hear our tennis courts shaking this month?* Fujairah Tennis and Country Club held a ground-breaking Women's international tennis event by ITF first time in Fujairah.

The final event took place in Fujairah Tennis and Country Club on January 23rd; 2020.-

### F&B- Alone and lonely?

McGettigan's is here to serve as your ♥ valentine this year with some mouth-watering delicacies and beverages.



**New classes- Where do fit kids play? Only at Fujairah Tennis and Country Club.**

- Zumba classes – Have so much fun that you don't realize you are working out.
- Have flipping' fun at our special gymnastics' classes for kids.
- Want your child to be a source of resilience? Then sign up now for kickboxing classes and let your child achieve the impossible.



### All the ladies out there...

Are you fed up with your boring routine?

Sign up now for special freestyle and powermix classes with trainer Noor.

Trim your kids for special Zumba, gymnastics and kickboxing classes while you play fit and forget your worries.

**Spinning classes are back with a bang!** Sign up quick for some rock n roll fitness.

**Find the Fighter in you!** Fujairah Tennis and Country club is now offering Karate classes (Kids only). Head for the black, don't look back.

**Fujairah Tennis and Country Club has enough water already in the pool.** So, quit thinking and swim. Sign up now to dive right into it.

**Dance is a conversation between your soul and body fitness and what's better than some belly dancing.** Our fitness trainer Nataliya is here to provide you with some grooving fitness moves.





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## Fujairah resident becomes first Mahzooz millionaire of 2021

**Seng-Boon Koo matched match 5/6 numbers and took home AED 1,000,000 - Koo was in quarantine in Singapore when he got the news**

Fujairah resident Seng-Boon Koo was the only winner to claim the massive second prize of AED 1,000,000 in Saturday night's Mahzooz draw. The married father of four received the good news, under mandatory quarantine, whilst visiting his family in his native Singapore.

"I was in total disbelief when I got the email," said Koo. "As I am in Singapore and there is a 4-hour time difference, I was asleep by the time draw show took place. When I woke up and checked my phone and I saw 1 million dirhams in my Winnings Balance, my heart skipped a beat. In fact, maybe not just one beat but quite a few!"

Koo, a 45-year-old HSE Specialist, is a regular participant in the GCC's only weekly live draw and this is his first time to claim a win.

"My first thought was - I'm in Singapore and they're in UAE so how will this work? Thankfully, the Mahzooz team got in touch with me really quickly and it all went seamlessly from there. And to think all of this happened while I was quarantined. It's better than watching Netflix!"

Looking ahead, Koo has already started making plans for how to make the most of his newly won Mahzooz million.

"My first priority is to put some money aside for my family's future," said Koo. "After that I'd like to buy my wife something very nice that she's always wanted. I think I know what it is and it's pretty expensive, but I think I can afford it now."

He continued: "Thank you Mahzooz and thank you to the Mahzooz family for giving me this prize. I truly hope that there will be many more millionaires made throughout 2021!"



For those who missed out on this week's draw, entrants can buy Mahzooz entries by registering via mahzooz.ae and purchasing Al Emarat bottles of water. Each bottle of water purchased provides eligibility for one line in the draw and the donation is channelled through Mahzooz's partners to hydrate those in need.

Mahzooz is inclusive to all who are eligible, with the entry price set at an affordable AED 35.



## Shisha services back at Fujairah cafes with COVID-19 safety rules

**Cafes across Fujairah are now allowed to offer shisha, the emirate's emergency, crisis and disaster management team (ECDMT) announced in January. The decision's implementation has already begun.**

Major General Mohamed Ahmed bin Ghanem Al Kaabi, Commander-in-Chief of the Fujairah Police and chairman of ECDMT, said the resumption of shisha services comes in light of the gradual return of various activities that had been suspended because of the pandemic.



Abu Dhabi also announced the return of shishas at all licensed facilities after months of suspension.

Major General Al Kaabi emphasised that all Covid-19 safety measures must be followed in providing the service. Staff and customers must wear their face masks at all times. Only disposable shisha hoses must be used. A two-metre distance must be maintained across the establishment, and all surfaces and common areas must be sanitised regularly.

Temperature checks remain mandatory and anyone with a temperature of over 37.5 degrees will not be allowed entry. A cafe will temporarily be closed if any of its staff tests positive for Covid-19. They will be permitted to return to business only after completing the quarantine period and after obtaining a clearance certificate.

Major General Al Kaabi added that they will be stepping up inspections of shisha cafes starting today to ensure that all service providers are compliant with precautionary measures.

An official from the Fujairah Municipality said inspection teams would be working in two shifts to ensure full adherence to Covid rules.



## Ruler of Sharjah inspects tourism projects in Kalba

**Work is currently under way on several tourism projects in Sharjah including the Jabal Al Kitab Resthouse, being constructed 950 m above sea level in Kalba and linked to the city through the Wadi Al Helo tunnel and the Sharjah-Kalba road.**

The project also includes in its upcoming stages about 1,000 residential villas that were designed in line with the nature of the mountain site, providing distinct view of the coast of the city of Kalba and the valleys surrounding the project with the development of community services required for the residents.

The project includes a five-star tourist hotel with a capacity of 80 rooms, with distinctive hotel services.

HH Dr Sheikh Sultan bin Muhammad Al Qasimi, Supreme Council Member and Ruler of Sharjah, January 19th visited these project sites and inspected the ongoing tourism projects in the Wadi Al Helo and Al Ghail Dam in Kalba city.

He kicked off his tour with a visit to the Jabal Al Kitab Resthouse project site. The inspection tour comes within the framework of Sheikh Sultan's keenness



to personally review the progress work of a number of projects that he had directed during his previous visits to the city.

The Sharjah ruler was later briefed by Salah Bin Butti Al Muhairi about the project, which aims to connect five mountain peaks to each other through a set of roads and paths, contributing in provide a unique and distinctive experience to the public.

The project, being designed to preserve the nature of the mountain environment to meet the need of the people, will be developed in several phases, it stated.

Dr. Sheikh Sultan also inspected the progress of work in the Al Hafiya Resthouse, which is located next to the new Al Hayar tunnel, including various service facilities such as a mosque, restaurants and public service buildings.

He later inspected the resting area near Al Ghail Dam, which overlooks a natural water body.

The project is divided into the sections, including the rest area, which consists of different services and facilities that serve the public's needs, trailer parks, and the mountain hiking trail.



**TANS**

## Sheikh Hamdan bin Zayed inaugurates track laying works across Al Dhafrah region



**His Highness Sheikh Hamdan bin Zayed Al Nahyan, the Ruler's Representative in Al Dhafra Region, today inaugurated track-laying works across Al Dhafrah Region in Package A of Stage Two of the UAE's national railway, during his visit to Etihad Rail's railhead in Al Ruwais.**

His Highness was accompanied by H.E. Falah Mohammad Al Ahbabi, Chairman of the Department of Municipalities and Transport and Etihad Rail board member and senior executives from the company.

His Highness Sheikh Hamdan bin Zayed Al Nahyan was briefed by Shadi Malak, Chief Executive Officer of Etihad Rail, on construction progress of Package A, which will connect the UAE rail network to Al Ghuwaifat on the Saudi border and the wider GCC region. Having started in early 2020, steady progress has been made on construction of Package A, which is now 59% complete.

His Highness Sheikh Hamdan bin Zayed Al Nahyan reiterated that the UAE, under the wise leadership of

His Highness Sheikh Khalifa bin Zayed Al Nahyan, President of the UAE, is committed to advanced and integrated infrastructure projects, in particular in the transport sector, which will support the sustainable development of the UAE.

His Highness expressed his appreciation for the continuous support of the UAE's wise leadership for a project that is enhancing the UAE's status both locally and regionally. With the support of His Highness Sheikh Theyab bin Mohamed bin Zayed Al Nahyan, Chairman of Abu Dhabi Crown Prince's Court and Chairman of Etihad Rail, the project has achieved key milestones, with construction progress of Stage Two accelerated, while Etihad Rail's Stage One continues to overachieve, with 2020 operations out performing 2019's results.

A presentation to His Highness on progress being made across Package A revealed that half of the soil preparation works have been completed, with 79% of sand and rock cutting also finished. Overall, 59% of Package A construction works have already concluded.

As the strategic enabler of the UAE's ambition to become a global hub for advanced logistics



operations, His Highness stressed the need to continue developing all four packages of Stage Two, according to the highest international standards. His Highness also emphasised that the project aligns with one of the most important pillars of the UAE's preparations for the next fifty years, and is a major contributor to the growth of the national economy, as the development of a national railway network enables a sustainable transport sector.

His Highness praised the efforts made by the Etihad Rail team, under the leadership of His Highness Sheikh Theyab bin Mohamed bin Zayed Al Nahyan, to expand the horizons of the transport sector and in doing so, to improve the well-being and happiness of every citizen and resident in the UAE.

During the presentation, Shadi Malak, CEO of Etihad Rail, referred to the directives of His Highness Sheikh Hamdan bin Zayed Al Nahyan, during his visit in 2013, on the importance of training and employing young nationals to lead this vital sector, pointing out that the company's team includes several Emiratis working in key positions. In addition, he stated that Etihad Rail has established the first railway Diploma in the UAE, to train and qualify the young Emiratis to be the driving force for this strategic national project,

and confirmed that the first batch of students graduated in 2020 and already working on site.

His Highness also met with Emirati employees working on the project, including graduates from the railway diploma and he stressed the importance of developing a new generation of Emirati talent to lead the evolution of this vital sector.

The visit was attended by; H.E. Suhail bin Mohammed Faraj Faris Al Mazrouei, Minister of Energy and Infrastructure, H.E. Dr. Sultan bin Ahmed Al Jaber, Minister of Industry and Advanced Technology, CEO of Abu Dhabi National Oil Company, ADNOC, H.E. Eng. Awaidha Murshed Al Marar, Chairman of the Department of Energy, Member of the Executive Council, H.E. Dr. Mohamed Rashed Al Hameli, Secretary General of the Abu Dhabi Executive Council, H.E. Ahmed Matar Al Dhaheri, Director of the Ruler's Representative Office in the Al Dhafra Region, H.E. Issa Hamad Bushehab, Advisor to the Ruler's Representative in Al Dhafra Region, H.E. Nasser Muhammad Matar AL Mansouri, Acting Undersecretary of the Ruler's Representative Court in Al Dhafra Region, in addition to several senior officials.



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**His Highness Sheikh Hamad bin Mohammed Al Sharqi**  
Member of the UAE Supreme Council & Ruler of Fujairah

## THE 12<sup>TH</sup> INTERNATIONAL FUJAIRAH BUNKERING & FUEL OIL FORUM

The Premier Gulf/Middle East Event  
for the World Bunker Market

MEET LEADING  
GLOBAL BUNKER  
PLAYERS

SEND A TEAM AND  
SAVE WITH TEAM FEES

23 - 24 March 2021, Virtual Forum, 10am - 4.30pm  
Fuelling The Future - Solutions & Challenges

### DISTINGUISHED PANEL OF SPEAKERS

#### Opening Remarks & Welcome Address



**Mr. Mohammed Majed Bis Al Ajeeli**  
Director General  
Department of Industry & Economy  
& Board Member  
National Bank of Fujairah, UAE



**His Excellency Dr. Mohammed Saeed Al Kindi**  
Chairman  
FUJCON Steering Committee  
UAE

#### Keynote Speakers



**Dr. Fereidun Fesharaki**  
Chairman, FGE



**Mr. Mike Muller**  
President, Vitol Asia  
Singapore



**Mr. Roel Hoenders**  
Acting Head of Air Pollution  
& Energy Efficiency, Marine  
Environment Division  
International Maritime  
Organisation, UK

#### Confirmed Speakers



**Capt. Salem Al Hamoudi**  
Director, Fujairah Oil  
Industry Zone, UAE



**Ms. Katharina Stanzel**  
Managing Director  
Intertanko, UK



**Mr. Sievash Allahpou**  
Managing Director, VTTI  
Fujairah Terminals, UAE



**Mr. Dave Ensberger**  
Global Head of Content &  
Market Insight, S&P Global  
Platts, UK



**Mr. Richard Matthews**  
Director, Consultancy &  
Research, EA Gibson  
Shipbrokers, UK



**Mr. Sonnich Thomsen**  
Managing Director,  
Bunkers, Sing Fuels  
Singapore



**Ms. Unai Eisemo**  
Representative, IBIA, UK



**Mr. Saunak Rai**  
General Manager, FuelLNG  
Singapore



**Mr. Alok Sharma**  
Senior VP Business  
Development, INATECH  
(Glencore Group), UK



**Mr. Martijn Heijboer**  
Business Development  
Manager, Port of Fujairah  
UAE



**Mr. Colin Holloway**  
Global Head Technical  
Cockett Marine Oil, UAE



**Mr. Robert Braithwaite**  
Marine Sales Manager  
PetroChina International  
(Middle East), UAE



**Mr. Chris Turner**  
Manager, Bunker Quality &  
Claims, Integris Fuels  
Singapore



**Mr. V Bola**  
Partner, Shipping &  
International Trade  
Rajah & Tann, Singapore



**Mr. William Tan**  
Vice President, Miyabi  
Industries, Singapore

This is only a partial list of speakers. The final program will feature additional speakers.

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#### Fujairah Bunkering Week (FBW) Optional Pre-Conference Courses

15 - 16 March 2021

2-day course on Practical  
Management of VLSFO & ULSFO  
Post 2020 & Future Trends of  
Alternative Fuels Towards 2030

17 - 18 March 2021

2-day course on International Oil  
Trading: Introduction & Special  
Focus for the Marine/Shipping  
Industries

21 - 22 March 2021

2-day course on The Science of  
Buying Bunker Fuels

For further inquiries, please call 65-63300064, Email: shaman@connection.org, or register online at [www.fujcon.com](http://www.fujcon.com)

## FUJCON 2021 and Fujairah Bunkering Week forge ahead virtually on 22nd-24th March 2021



**Organisers and Hosts have confirmed that Fujairah Bunkering & Fuel Oil Forum, will convene as a virtual Forum on March 22nd-24th 2021, maintaining its biennial timing since the Forum was launched in 2000.**

The dates for FUJCON 2021 were set at the close of the event in 2019 and the event will be held as scheduled in a virtual format, taking into account COVID-19.

FUJCON is organised by Conference Connection and held under the auspices of the Government of Fujairah and the Port of Fujairah, and supported by the Fujairah Oil Industry Zone, under the patronage of His Highness Sheikh Hamad Bin Mohammed Al Sharqi, Ruler of Fujairah and Member of the Supreme Council.

Under the theme, **"Fuelling the Future –Solutions & Challenges"**, the Forum, where key decision makers, thought leaders and marine experts will be sharing views, analysis and insights on the global bunker and fuel oil market developments, will explore the continuing impact and recovery from COVID-19 against the backdrop of industry challenges of the IMO 2020 transition, OPEC + oil price collapse, the horizon of a multiple fuel future, digitalization, decarbonisation and sustainability goals.

The Government of Fujairah spokesperson remarked "The hosting of FUJCON affirms the commitment

of the Government of Fujairah and Port of Fujairah as hosts, to maintain the schedule and momentum for this important biennial industry gathering and to provide timely updates for the international bunkering community. During the course of the Forum, expert speakers will provide much attention, deliberation and discussions of industry concerns, challenges and successes, delving into how international regulations can be executed for the benefit of the industry and Fujairah."

Optional pre-conference workshops will precede FUJCON and be scheduled as part of Fujairah Bunkering Week (FBW), giving participants a wide choice of fuel oil disciplines and offer in-depth analysis on oil trading, managing bunker fuels post IMO 2020 and buying and selling bunkers. The one and two-day courses, will examine the impact of new maritime regulations and guidelines, changes in market dynamics reshaped by the pandemic, while providing extensive learning opportunities with in-depth instruction, practical insights and best practices; with case studies and guest presentations specially arranged as part of the curriculum.

Amidst the backdrop of Fujairah's importance as an international anchorage, crude oil and oil products hub, FUJCON 2021 and the FBW will provide an exciting platform for key players to meet, interact and forge new partnership and connections, transforming Fujairah into a vibrant oil, product trading and storage hub.

Contact [shaman@cconnection.org](mailto:shaman@cconnection.org) for more information, or log on to [www.fujcon.com](http://www.fujcon.com)

## Fujairah Toastmasters

**“The way to achieve your own success is to be willing to help somebody else get it first.” - Lyanla Vanzant**

This brings me to talk about the Fujairah Toastmasters Club, which means ‘Opportunities.’

Opportunities to develop your personal skills, be it your communication skills, leadership qualities, or growing 21st-century skills. All take place under one roof. And participants are provided with ample opportunities, not just to shape and create themselves, but also to help each other.

As **Ralph C Smedley** has aptly said *“Ours is the only organization I know dedicated to the individual, we work together to bring out the best in each of us and then we apply these skills to help others.”*

Fujairah Toastmasters Club believes in helping people polish their talent and reach their full potential, in both, their personal as well as professional lives. The club offers the very best of environments to learn and develop in accordance with each individual's pace and potential. It also cherishes diversity and inclusion, focusing on people from different strata of society, different professions and even different age groups.

The club meetings that are highly enriching and engaging rest on four cornerstones of success:

1. Time and Punctuality
2. Respect for all
3. Appreciation
4. Progressive environment

Members are not judgmental of anyone's performance, rather they are supportive and encouraging. The learnings are carried to all spheres of life – home, workplace or leisure.

*“We learn best in moments of enjoyment.”*

The range of cultural, sporting and performance activities provided, allow every toastmaster access to a setting where they can participate and excel. The President and Vice-President (Education) challenge helps channelize members to set high

expectations for themselves and then support each other to achieve their highest level in the toastmaster's journey.

The club personalizes the learning experience of each member. The quality of pastoral care provided ensures that each member is supported. The success of each individual member of the club leads to the success of the club.

The Senior Leadership Team at District, Division & Area level operates on an open-door policy and openly welcomes members to come in and talk about their difficulties and challenges. This effective mentoring is provided in a three-way dynamic - with the young toastmaster, the club and the President working together to contribute to learning success.

The club emphasizes on success not only in terms of 10/10 DCP points but in terms of reaching greater heights – from ice breaker sessions to advanced level projects, from toastmasters to the Distinguished Toastmaster and so on.

And this brings us to say that at Toastmasters *‘United we stand, together we celebrate success.’* For, *‘We rise by lifting others,’* **Robert Ingersol**.

My personal experience suggests, that one of the wisest decisions a person can make is that of joining a Toastmasters club if the area permits. It will bring you benefits in terms of friends, mentors, coaches and of course the polished ‘You.’

### My message:

*Use your full potential at Toastmasters. Apply the skills you have learnt in your professional and personal life. And I am certain that success and progress will be yours.*



**DTM Haroon  
Ahmed**





## Synergy Malayalam Toastmasters Club achieves accolades

In its first participation in an Inter-club Debate Contest (ICDC) by the Division K (District 105) of the Toastmasters International, the Synergy Malayalam Toastmasters Club, Fujairah emerged as the Second Runner-up. It was a noteworthy achievement for a new club. Now, Synergy MTMC is being geared up for a sparkling performance in the up-coming contests at various levels of the Toastmasters International hierarchy. All the Toastmasters clubs in the District 105 have completed their Club-level contests.

Speech competitions in Toastmasters Clubs are in the following categories:

- International speech (5-7 minutes)
- Humorous speech (5-7 minutes)
- Evaluation speech (2-3 minutes). Evaluating the speech of another person
- Table Topics speech (1-2 minutes).

Topics given on the spot

All categories of speeches are structured in such a way that a speech will be disqualified, if it ends before the minimum time or exceeds a 30 seconds grace period over the maximum time. This helps all the speakers to organize their speeches in an efficient manner to adhere to the time limit and, at the same time, follow the essential structure needed for a good speech, namely:

- Opening (Attention-catching opening)
- Body (sufficient points, details/data, in a very organized manner)
- Conclusion (Summary and an ending that will help the audience to remember the speech)

Gestures, facial expressions and voice modulations are to be employed as per need, but in a most appropriate manner.

The winners at each level of contests will go to the next level, namely:

Local club -> Area -> Division -> District.

Contests for three types of contests end at the District level. However, the District Champion of **International speech** can proceed to the Region level and finally at the international level. It is a great honour for a Toastmaster to become the **International Champion for Public speaking**.

Toastmasters Clubs provide numerous free educational opportunities and recognitions to all members to help them become experts in Public speaking, Communication, Leadership, Presentations, Inter-personal skills and so on.

Toastmasters clubs are now operating in more than 125 countries in the world. Currently, they use nine official languages (Arabic is one of them).

We are extremely happy to announce that Toastmasters International is in the process of recognizing Malayalam as its 10th official languages. Efforts are already on the way for translating all the manuals and education materials into Malayalam. Once this is completed, Malayalam will become a recognized language of the Toastmasters International within the next few months.



**Ben Thomas**

President  
Mob: 0506491659  
Synergy Malayalam  
Toastmasters Club  
Fujairah





## GS886-S Series Battery Operated Interconnect Sigfox Smoke Alarm



INTERTEK Certified



## Key Features

- INTERTEK Certified
- Voice alarm function
- Interconnection, one go all go within 10 seconds
- Battery operated  
Wireless distance:  $\leq 100\text{ft}(30\text{meters})$  indoor,  
up to 100 meters free field
- Highly reliable Photoelectric technology
- Advanced sensing technology reducing cooking nuisance alarms
- Automatic low battery indication
- Automatic smoke chamber status
- LED Alarm indication
- Product life: 10 Years



### Voice Alarm

1. Smoke Alarm: ISO8201(BI 0.5s - pause 0.5s - BI 0.5s - pause 0.5s - BI 0.5s - pause 1.5s, with the RED LED flash, repeat this alarm pattern).



Kitchen cooking  
smoke



PU  
smoldering



Wood  
smoldering



Wood  
flaming



Paper  
fires



PU  
flaming



### TESTING REQUIREMENTS

	Ionization	Traditional Photoelectric	SITERWELL AI Smoke Alarm
Flaming Polyurethane	✓	✗	✓
Smoldering Polyurethane	✗	✓	✓
Cooking Nuisance	✗	✗	✓

### Technical Specifications

Model Number	GS886
Battery Type	Alkaline battery: 2*AA
Battery Life	Over 3 year
Operating Humidity – Relative	$\leq 93\%$
Operating Temperature	$0^{\circ}\sim 38^{\circ}\text{C}$
Buzzer	$> 85\text{dB(A)} @ 3\text{m}$
Speech Sound Level	Voice volume: $> 65\text{dB (a)} @ 1\text{m}$
Plastic Material	Flame retardant ABS + PC
Horn Parameters	8Q/0.5W
Product Size	diameter $\sim 155\text{mm}$ ×thick $\sim 47\text{mm}$

## FNG Launches Covid-19 Vaccine Awareness Drive



**Fujairah National Group, in collaboration with Al Sharq Hospital, has launched Covid-19 Vaccine Awareness Drive for FNG employees, to support the national efforts to limit the spread of the Covid-19 virus, which requires us all to intensify efforts to achieve it, and to encourage employees in FNG companies to take the vaccine which will contribute to reducing the number of infected people and to control the pandemic.**

Dr. Anup Poddar, Head of laboratory in Al Sharq Hospital, presented all information and facts about the vaccine issued by MOHAP, with an emphasis on the importance of continuing the adherence to preventive measures such as wearing masks, physical distancing and washing hands even after getting jab.

The management of Fujairah National Group affirmed its keenness to provide a safe and healthy environment for its employees, through a series of procedures that have been developed and applied since the beginning of this pandemic. Al Sharq Hospital, part of Fujairah National Group, is offering the Sinopharm Covid-19 Vaccine and PCR tests in a separate facility that has been designated to offer these two services only for the safety of the hospital's inpatients and outpatients.



Instagram: @ MagicFlakesCafe



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## Corona can't stop us

**I've been thinking about the time when corona didn't exist, and I can't remember much of it. I guess corona has now become our reality.**

Now is the time for the great outdoors, the weather is great, the clouds have found their way here, and the weather is a tad bit chillier than a summer in Europe.

Shaikh Mohammed Bin Rashid has launched a hashtag called **"Worlds Coolest Winter"**, and I'm always excited to see some of the places I didn't even know existed in the UAE! It's amazing how such a small country can have many different terrains, and different feels for every place. Khorfakkan is a huge spot for visits these days, I'm meaning to go soon.

But at the moment, everyone's favourite spot is somewhere in the **desert**. Flipping burgers and having some hot chocolate or *karak*, it's that time of the year. If you haven't been to the desert yet, you have to go, the good weather offer lasts until April so you don't have much time.

Have you ever tried making *Machboos* (a popular local dish) in the desert? I have, it was the best machboos I've had. here's a picture of it:



It's also always good to be in the desert, clear your mind and be present - away from the noisiness of everything. Take a second to be mindful of the life you have lived, how blessed you are, and how your mental health and inner peace is most important above all things combined.

I usually write about new year resolutions this time of year, but today I wanted to do it differently. Today I want to be an enabler in your life, for being go-getters. So here goes:

Since we are starting a new year, and it's only still February, I'd like you to do something for yourselves; and that is to put one goal you really really want to achieve, it could be anything - write it down somewhere, and let this be the goal you wake up to every morning, and make it happen before years end.

I really hope that you do it. Because you will get to the goal you have set if you put your mind to it.

So until next time, *Fajrawis!* Enjoy the weather, laugh a lot, pray more, eat better, and check out the hiking trails around Fujairah!

**Sindiya, The Sign.**



## London Taxi is set for trial launch this February



**His Excellency Mattar Mohammed Al Tayer, Director-General, Chairman of the Board of Executive Directors of the Roads and Transport Authority (RTA) announced that the Dubai Taxi Corporation (DTC) would launch the London Taxi version service using hybrid (electricity and fuel) cabs.**

The new taxi is characterised by a semi-curved shape and black colour that mimic the iconic London

Cab operating in the British capital. The DTC will start trialling the vehicle this February 2021 and the service will be available at the Dubai International Airport.

Al Tayer made this statement during a visit to the DTC where he reviewed the performance indicators of the Corporation in 2020 as well as the projects to be undertaken this year.

He was briefed on the interior features of the London Taxi, which has a unique and roomy interior that offers riders a wide space and six seats in a separate cabin. The design serves the needs of people of determination as well. The taxi is fitted with a satellite-based navigation system, voice command system, forward-collision warning system, blind-spot monitoring system and lane departure warning system in addition to a WIFI network.

Al Tayer was also briefed on the technical features of the London Taxi. It has a dual engine for better control of the vehicle under different climate conditions. It also has accelerated braking system and a battery that just needs 30 minutes to recharge using the fast charging feature, and three hours using the regular charging system.



## Fujairah to get fourth refinery



**Fujairah's fourth refinery should come online in 2021 as Brooge Energy expects its 25,000 b/d refinery producing low sulfur fuel oil to be launched in the second half of the year.**

The port's third refinery was started in April 2020, a 15,000 b/d plant owned by Ecomar Energy Solutions. Its capacity has since been expanded to 20,000 b/d, with plans to hit 60,000 b/d by 2023. "We see the future as looking pretty good," Ecomar's trading director Leigh Shaddick said in an interview. "We are able to be nimbler than the big oil companies. The UAE has done a fantastic job managing COVID-19. The Port of Fujairah has done a great job. The infrastructure is there and there have been no delays in vessels coming in or leaving the port."

The entire Middle East will be in recovery mode for most of 2021, with Fujairah's prospects brightened somewhat by incremental trade of Murban crude delivered from Fujairah with the launch of ICE Futures Abu Dhabi, according to Iman Nasser, the Middle East managing director for Facts Global Energy. "With Fujairah port throughput already recovered, there may be some more business in 2021 in terms

of port activity but not much," he said, adding that average trading of petroleum products in the Middle East will be about 7 million b/d in 2021, compared with about 6.5 million b/d in the third quarter of 2020 and well below the peak of about 7.5 million b/d in Q3 2019. It won't be until 2022 when average Middle East trading exceeds the 2019 peak, and reach about 8.5 million b/d by 2023 or 2024 as giant refineries in Saudi Arabia, Iraq, UAE and Oman start up, he said. "These 1 million plus b/d of additional products trade could potentially boost Fujairah business due to both incremental bunker demand as well as storage and trade activities," he said.

Meanwhile, stockpiles of oil products at the UAE port of Fujairah jumped 6.7% in the week to Dec. 14 to their highest level since the end of August, the latest data from the Fujairah Oil Industry Zone shows. The total stood at 24.639 million barrels, a rise of 1.550 million barrels from the previous week. They were last higher on Aug. 31, when 25.124 million barrels was stored at the port, according to the data provided exclusively to S&P Global Platts.

Heavy distillates including fuel for power generation and bunkers rose 11% to 11.327 million barrels, the data showed.

Bunker values in Fujairah were up on the week with the rise in front-month ICE Brent futures underpinning price levels, market sources told Platts. Fujairah-delivered marine fuel 0.5% bunker fuel was assessed at \$390/mt on Dec. 15, reflecting a rise of \$9/mt week on week.

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Sections Of Insurance Cover	TABLE OF COMPENSATION (Optional Limits of Cover)			
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Sec I – Contents (Inclusive of Jewelry & Valuables up to 20%)	50,000	75,000	100,000	150,000
II – Alternative Accommodation	12,500	18,750	25,000	37,500
III – Legal Liability	250,000	350,000	500,000	750,000
IV – Injury to/ Death of Tenant & Family	25,000	37,500	50,000	75,000
Total	337,500	481,250	675,000	1,012,500



## FENIX propels Fujairah forward with first e-scooter rental service



The unique collaboration will deploy Fenix's purpose-built light electric vehicles across Fujairah, starting with the Fujairah Corniche and into other communities in the coming weeks. Residents and visitors can commute across the coastal Emirate with safety and ease, as all FENIX e-scooters are equipped with integrated hand sanitization packs.



- **FENIX is the first micro-mobility operator to offer shared e-scooter services in Fujairah**
- **The Eastern Emirate marks FENIX's fifth operational city since its launch in November 2020**

FENIX, the newly-launched micromobility operator with a mission to unleash urban potential and propel communities forward, has partnered with Fujairah Holding and Fujairah Municipality to provide on demand e-scooters to residents and visitors of Fujairah.

Jaideep Dhanoa, Co-Founder and CEO of FENIX, says: "Commuters around the world are seeking affordable and convenient transportation options and we see a universal demand for micromobility in cities of all sizes. Smaller cities are often underappreciated but they are where most of the world resides. FENIX is committed to unleashing urban potential in all cities, and are thrilled to enter this partnership with Fujairah Holding and Fujairah Municipality, providing the first shared electric scooter service in the emirate, in line with our commitment to invest in all seven UAE emirates in 2021."

# EMERGING BUSINESS BASE



- Petrochemical Services
- Bunkering
- Refineries
- Heavy Engineering
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The overwhelming business opportunities in Fujairah has been instrumental in the Free Zone, emerging as the new energy base in the UAE.

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FENIX has the largest fleet of purpose built electric scooters in the MENAT region and every FENIX ride is insured with personal accident, third-party liability, product-liability insurance and customer can benefit from 24/7 dedicated customer service.

Mohammad Alothman, Group CEO of Fujairah Holding says "We are excited to partner with FENIX to bring this innovation in urban mobility to the Emirate of Fujairah. This is in line with our objective of driving the growth of Fujairah by collaborating with leading innovative global organizations."

Fujairah marks the micromobility service provider's fifth operating city in the region and fourth Emirate in the UAE, following its successful launch in Abu Dhabi, Ras Al Khaimah, Dubai and Qatar. The light vehicle operator aims to become the national operator of all seven Emirates in 2021 and pan-GCC operator in 2022.



IQ Sayed, Co-founder of Fenix says, "This partnership with Fujairah Holding and Fujairah

Municipality is a great stepping stone for what is still to come from our team. We have many endeavours in the pipeline and we are committed to achieving our goal of becoming the national operator across the United Arab Emirates and the GCC."

Residents and visitors of Fujairah can enjoy their first Fenix ride free up to AED 15 with the promo code FLYFENIX. The purpose built e-scooters cost AED 1 per minute to ride, with an AED 3 unlocking fee. Users can download the Fenix mobile application from iOS and Google Play Store, and make use of Fenix's fleet of durable vehicles 24 hours a day.

#### About FENIX

*Jaideep Dhanoa and IQ Sayed, former co-founders of Circ and colleagues at Careem, created Fenix with a vision to unleash urban potential and propel communities forward. Fenix is committed to the Middle East region – to transform the way our cities move and ignite impactful commerce.*

*With a multimillion dollar investment in talent, technology and operations excellence tailored for the Middle East, the company delivers dependable, highest-quality rides with custom-made personal light electric vehicles, to make cities easier to navigate and more enjoyable to explore.*

*Fenix retains the largest fleet of electric vehicles in the Middle East.*

For more information, please visit <http://fenix.life>





Make a **greener choice**  
for a **stronger tomorrow.**





## Trivia Quiz

1. In the human body which gland secretes the hormone insulin?
2. The state of Nebraska was sold to the USA in 1803 by which country?
3. Tala is the basic monetary unit of which country?
4. Carrageen is an edible variety of what?
5. traditional pronged spear used for catching Salmon called?
10. Jazz musician Jelly Roll Morton played which instrument?
11. The Laughing Cavalier is a work by which painter?
12. What type of rock is carbonado?



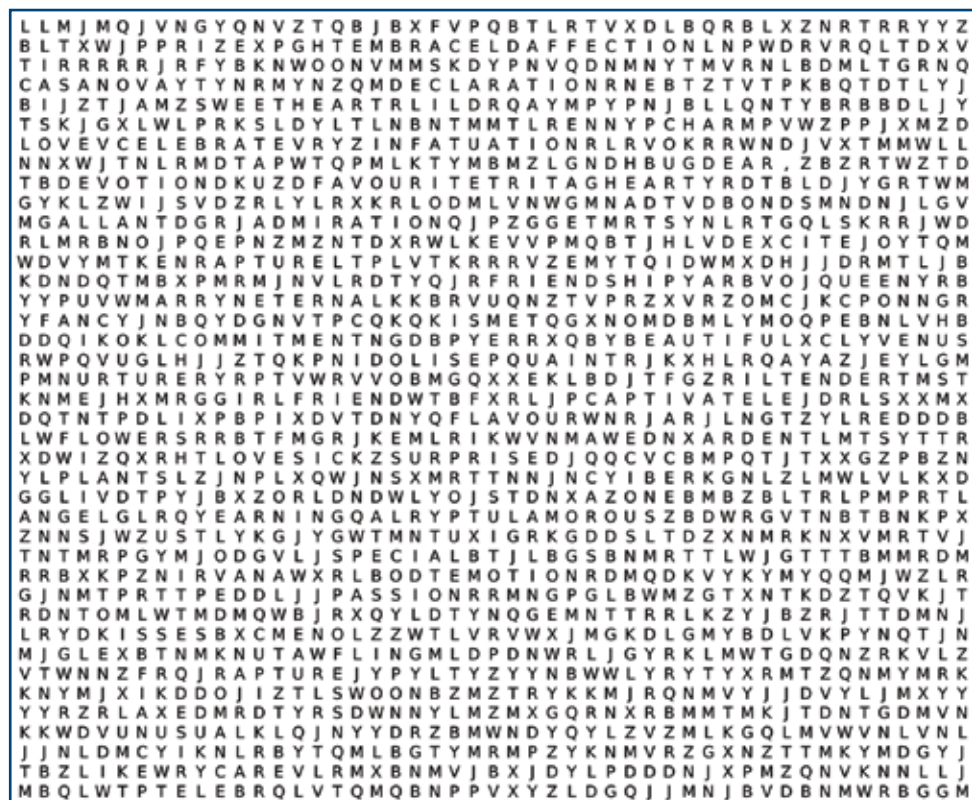
5. Who was the first woman to walk in space?
6. The Lowell Observatory is in which US state?



7. Who was the president of Chile from 1974-90?
8. What is the world's smallest republic?
9. Sounding like a placename, what is the
16. In which country was fashion designer Rifat Ozbek born?
17. What is the main ingredient of guacamole?
18. Which country has the international car registration DZ?
19. Ichthyology is a branch of zoology concerning which creatures?
20. What element is mixed with Iron to make cast iron?



## Wordsearch



Locate the word list at the side or bottom of the screen. Find all the words from the themed word list in the puzzle grid. Words may be found going forwards, backwards, up, down or diagonally.

Admiration	Charm	Eros	Heartthrob	Perfume	Swoon
Adore	Cherish	Eternal	Honey	Plants	Tantalizing
Affection	Chocolate	Excite	Hugs	Precious	Tender
Amorous	Commitment	Fancy	Idolise	Prize	Token
Angel	Courtship	Fascination	Infatuation	Profess	Truelove
Ardent	Cosy	Favourite	Jewellery	Quaint	Unique
Attractive	Cupid	Fiance	Kismet	Queen	Unusual
Awe	Darling	Fiancee	Kisses	Rapture	Us
Beautiful	Date	Flavour	Liaison	Red	Valentino
Beauty	Dear,	Fling	Lifelong	Restaurant	Venus
Beloved	Declaration	Flirt	Like	Ribbon	Verses
Bonds	Desire	Flowers	Lilies	Romance	Warmth
Boyfriend	Devotion	Friendship	Love	Romeo	Woo
Candy	Dine	Gallant	Lovesick	Seduce	Yearning
Captivate	Dreamy	Gem	Marry	Smitten	Youth
Cards	Embrace	Gifts	Nirvana	Special	
Care	Emotion	Girlfriend	Nurture	Suitor	
Casanova	Engagement	Goodness	Opulent	Surprise	
Celebrate	Enrapture	Heart	Passion	Sweetheart	

Word Square

ACROSS

- 1. Trudge
- 8. Quarrel
- 9. River of Hades
- 10. Repeat
- 11. Voracious South American fish
- 12. Clamed
- 13. Groups of nine

DOWN

- 1. Trudge
- 2. Quarrel
- 3. River of Hades
- 4. Repeat
- 5. Voracious South American fish
- 6. Clamed
- 7. Groups of nine

1	2	3	4	5	6	7
8						
9						
10						
11						
12						
13						

Ladderword

ACROSS

- 1. Meadow
- 3. Book page
- 5. Burning gas
- 6. Female swan
- 7. Glass panel
- 8. Song of praise

9. Actress, - West

- 10. Arrived
- 11. Moslem Holy City
- 12. - and outs, intricacies
- 13. Fit of rage
- 14. Waters down
- 15. Play division
- 16. Outer garment

17. Raccoonlike

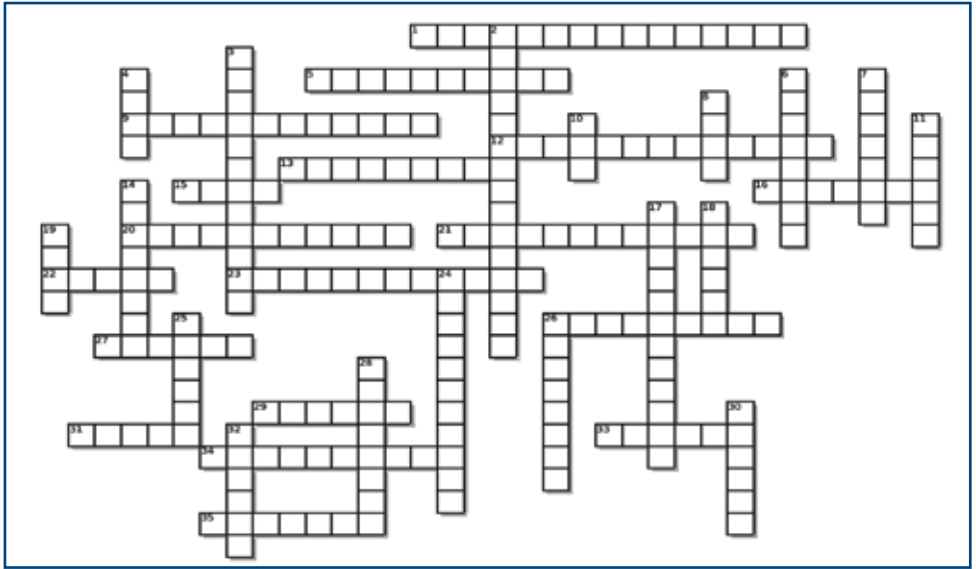
- carnivore
- 18. Female deer
- 19. Travelled on
- 20. Male bee
- 21. Speed up motor
- 22. Extremely
- 23. All

DOWN

- 2. Mill
- 4. Mechanical contrivance

1			2	3				4	5				
6				7					8				
9				10					11				
12				13					14				
15				16					17				
18				19					20				
21				22					23				

## Cross Word



## ACROSS

1 The anthemic song officially attributed to Banjo Paterson and Christina Macpherson  
 5 Somerset Maugham's novel *The Moon and Sixpence* is based on the life of which painter  
 9 Who was hanged in Edinburgh in 1829 for multiple murder in supplying doctors with corpses for dissection  
 12 Who made the famous statement, 'I think, therefore I am'  
 13 First atomic bomb explosion was carried out in which US state  
 15 Caprine relates to which animal  
 16 Which European country does Limburger cheese originate

20 Who played Woody Allen's ex-wife in the 1979 film *Manhattan*  
 21 Who discovered and opened Tutankhamun's tomb in 1922  
 22 What is the capital of Jordan  
 23 Who invented the jet engine  
 26 Who was the second president of the USA  
 27 In which European city is the Bridge of Sighs  
 29 What type of natural substance is caoutchouc (pronounced kachook)  
 31 The Pearl Pickler, Brunswick, Lancastrian are types of which vegetable  
 33 The Welland Ship Canal is in which country  
 34 What are the padded

high-waisted trousers with shoulder straps worn for skiing called  
 35 What is the collective term for a group of woodpeckers

## DOWN

2 What is a funambulist  
 3 Actor - real name is William Henry Pratt  
 4 Bird considered to have the best sense of smell  
 6 Where on a woman's body do you see a bindi  
 7 What state was Jimmy Carter governor before becoming president  
 8 The little discs of produced by a paper or card hole-punch  
 10 Pekoe is a type of which drink  
 11 What is Zurich's main river

14 Bulawayo is in which African country  
 17 Mormon church leader who died in Salt Lake City in 1877  
 18 The World Trade Organization founded in which European city  
 19 Plant traditionally cultivated in Europe for its unique blue dye  
 24 Composer of *Swan Lake*  
 25 The Cambridge University College originally for women only  
 26 What is the medical condition icterus commonly called  
 28 Marron Glacé  
 30 King of Egypt from 1936-52  
 32 Whose last work entitled *The Transfiguration* was unfinished when he died in 1520



## Crossword



## ACROSS

1. Complexion woe
5. Annoys
9. E-mail option
14. "A Girl Like I" author
15. Pirate's haul
16. Keep away from
17. Doppelganger
19. Reports
20. Time for a shower
21. Up to now
23. Lamb's cry
25. Something given away
30. Defense
33. Oral surgeon's org.
35. Blue-gray shark
36. One of the five senses

37. Power measure
39. Trim meat
42. \_\_\_\_-pei (Chinese dog breed)
43. Did something
45. Over, in Österreich
47. Bear, in Barcelona
48. Baskin-Robbins implement
52. Asheville native, say
53. Professional camera type (abbr.)
54. Wet impact sound
57. Former Sen. Bentsen
61. Rum-soaked desserts
65. Available if needed
67. "\_\_\_\_ are is dust in the wind" (Kansas line)
68. Biblical kingdom

69. Come off as
70. Post office device
71. Exertion
72. Fair to middling

## DOWN

1. Milan's Teatro \_\_\_\_ Scala
2. Henhouse
3. American-born queen
4. Inuit, formerly
5. Badly
6. Some Chartres chessmen
7. Sign language gorilla
8. Graf of tennis
9. Military backup
10. The night before
11. Amigo
12. Bad cholesterol

- letters
13. Affirmative vote
18. Startle
22. Circle section
24. Just \_\_\_\_ (very little)
26. Fraternity letters
27. Neighbor of a knight
28. Itty-bitty bits
29. January, in Juarez
30. Less lean
31. "I Like \_\_\_\_" (1950s campaign slogan)
32. Fe-Fi followers
33. Watch for
34. Bangladesh's capital, old-style
38. Kind of support
40. Six-packs, for some
41. Sleuths
44. Chest of drawers
46. Fancy car, for short
49. Short squeal of dismay
50. Fighting on the same side
51. Price qualifier
55. The King's followers?
56. Disney sci-fi classic
58. Popular Nabisco cookie
59. The "Y" in YSL
60. Software trial version
61. Good, in slang
62. Miss. neighbor
63. Diner sandwich, briefly
64. Stun
66. Ambulance VIP

## Logic Grid

Ice Cream Shop	Pink Jubilee Surprise	Rocky Nut	Alamo Fudge	Lotso Choc	1pm	2pm	3pm	4pm
Ben								
Jerry								
Reba								
Sadie								
1pm								
2pm								
3pm								
4pm								

**Logic puzzles (also known as “logic grid puzzles”) require the solver to deduce the relationships between different people, places and things based on a limited number of clues given in the puzzle. Remember: every item on the board belongs to one and only one person, no item will ever be shared. Using only the clues provided and simple deductive logic and reasoning, fill in the grid with X’s and O’s to determine the solution.**

### YE OLDE ICE CREAM SHOPPE

Loretta works at the ice cream parlour in town, yesterday afternoon four people (one was named Ben) came into her shop and each ordered a house special (including Pink Jubilee Surprise).

If no two people ordered the same special at the same time, can you determine from the clues below who ordered which sundae and at what time?

### CLUES:

Sadie didn’t come in first.

Ben came in before at least one other person, he like Reba, didn’t order Rocky Nut.

The woman who ordered Alamo Fudge came in before Jerry, (who didn’t come in before 2 pm).

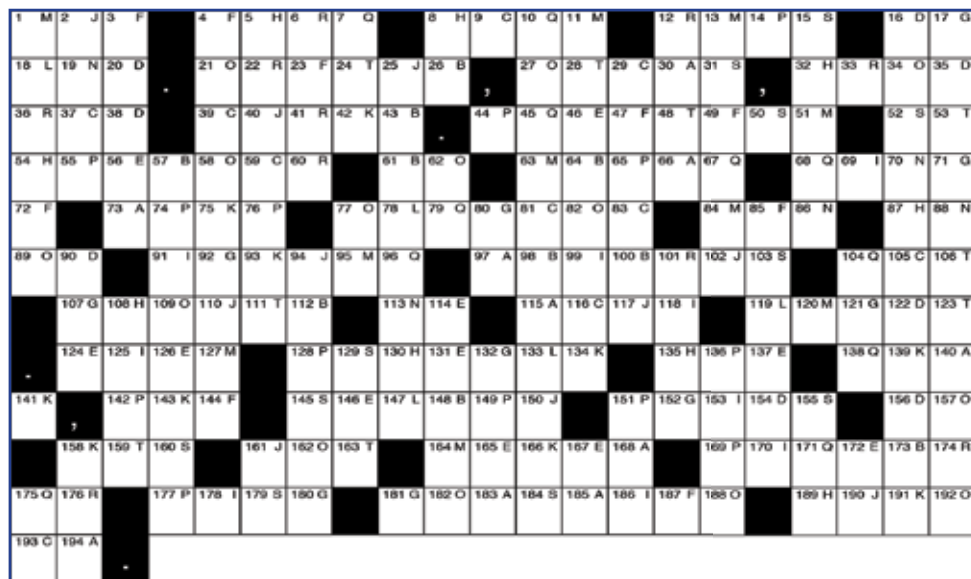
The one who ordered Lotso Choc came in at 2 pm.

The two women, in some order , entered the shop at least 3 hours apart.

Rocky Nut was ordered somewhere between 2 and 3 pm.

**ACROSTIC:** Solve the crossword clues to gradually fill in letters. Each puzzle spells out the author and/or source of the quote in the first letter of every answer. As the quote begins to emerge, it will provide you with letter clues for the words you’ve not yet found until you’ve reveal the solution! >>>

## Acrostic



**A** 168 66 140 97 115 30 183 185 73 194  
*'60s musical phenomenon (2)*

**B** 26 61 173 112 57 100 64 148 98 43  
*Homemakers*

**C** 29 116 193 59 105 81 37 39 9 83  
*Hit by The Penguins (2)*

**D** 16 90 156 20 154 122 35 38  
*Appearance of false images*

**E** 46 137 146 124 165 56 131 114 172 126 167  
*Fortified drink (2)*

**F** 3 144 47 72 187 4 49 23 85  
*2007 film with Reese Witherspoon*

**G** 17 180 80 121 107 132 181 152 71 92  
*Olympic leaper (2)*

**H** 8 135 5 32 108 54 189 87 130  
*No matter what person*

**I** 170 178 99 118 125 91 153 186 69  
*Left out \_\_\_\_ (3)*

**J** 25 190 161 2 150 110 94 117 40 102  
*Place of worship*

**K** 134 139 191 93 75 143 166 42 158 141  
*Old-fashioned storage furniture (2)*

**L** 133 78 147 119 18  
*Ingrid Bergman's last film "A Woman Called \_\_\_\_"*

**M** 63 84 127 51 13 120 164 1 11 95 Pines

**N** 88 19 70 113 86 "\_\_\_\_ is my witness..." (2)

**O** 21 188 82 182 58 89 162 62 109 27 77 34  
*192 157 Popular oft-futuristic genre (2)*

**P** 151 142 14 74 177 65 76 128 149 169 44  
*136 55 Rulers*

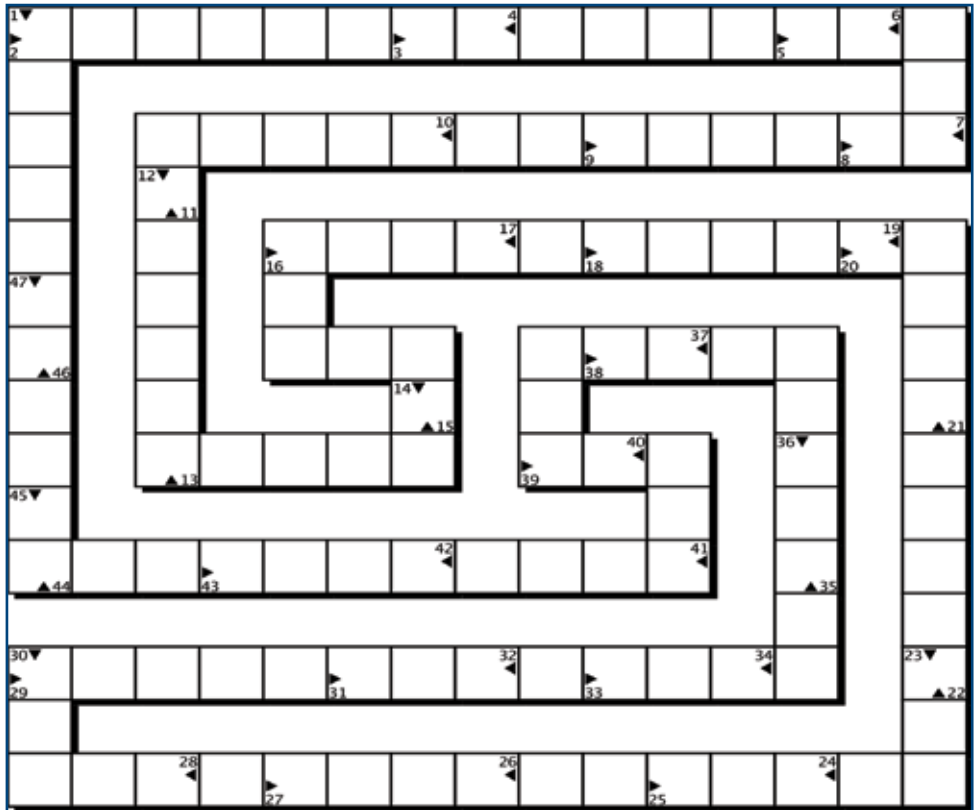
**Q** 171 45 68 175 67 7 104 10 79 96 138  
*Sweeney Todd's address (2)*

**R** 6 22 12 33 41 174 36 60 101 176  
*Stressed, in the U.K.*

**S** 160 103 52 129 184 50 179 31 15 155 145  
*Captivating woman*

**T** 123 159 53 24 48 111 28 106 163 Strangled

## Slitherlink



### CLUES

- |                                       |                                 |                              |
|---------------------------------------|---------------------------------|------------------------------|
| 1. Out of date                        | 16. Pertaining to a ramus       | 33. District in Tokyo        |
| 2. Calm                               | 17. Almond-flavored liqueur     | 34. Near                     |
| 3. Stadia                             | 18. Prefix, air                 | 35. Concoction               |
| 4. Fundamental                        | 19. Northern                    | 36. Gemstone                 |
| 5. Pleasing                           | 20. Non precious metal          | 37. Nautical call            |
| 6. Demented                           | 21. Rocky tableland             | 38. Capital of Vietnam       |
| 7. Military funerals bugle call (4.4) | 22. Winged                      | 39. Town crier's call        |
| 8. Smart -, show-off                  | 23. Greek god of war            | 40. Spoollike toy            |
| 9. Chooses                            | 24. Mountain ridge              | 41. Angered                  |
| 10. Not once                          | 25. Rubber                      | 42. Trafalgar hero           |
| 11. Obviates                          | 26. Mediterranean island        | 43. Make slender             |
| 12. Assertable                        | 27. Three lines of verse        | 44. Supplements              |
| 13. Apple drink                       | 28. Crescent-shaped figure      | 45. Lotto-like gambling game |
| 14. Dame Nellie -                     | 29. Nose bone                   | 46. Seaport in the S Ukraine |
| 15. Clump of trees                    | 30. Small vein                  | 47. Measure of medicine      |
|                                       | 31. Jostle                      |                              |
|                                       | 32. Person of supreme authority |                              |



Sudoku Challenge

		2					1	
8							9	
6			4		8			
	5		8				6	7
				4		3		9
			6	1	2	5		
		7			9		4	
	1	6	3					
4				2	7			1

Easy

If you're new to Sudoku, or looking for an easy puzzle to solve, give this one a try.



Medium

Seasoned solvers and those looking for a little more of a challenge will want to try the puzzle below, which offers a bit more in the difficulty department.



		7				1		4
					4			
		3	8	9			5	
	4	8				7		
7	3							
6			4	7	1			2
9				6				5
8		5						9
	7	1	9	2		4		



## Acrostic

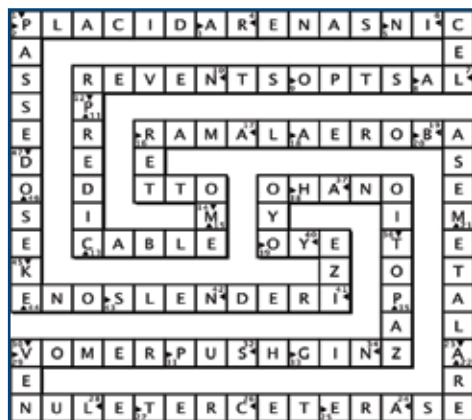
"Her toes were pure glass. Smooth, clear, shining glass. Glinting crescents of light edged each toenail and each crease between the joints of each digit. Seen through her toes, the silver spots on the bed sheet diffused into metallic vapors."

– *Ali Shaw, The Girl With Glass Feet*

## Logic Grid

Ben	Lotso Choco	2pm
Reba	Alamo Fudge	1pm
Sadie	Pink Jubilee Surprise	4pm
Jerry	Rocky Nut	3pm

## Slitherlink



## Sudoku

7	3	2	9	5	6	4	1	8
8	4	5	2	3	1	7	9	6
6	9	1	4	7	8	2	5	3
2	5	4	8	9	3	1	6	7
1	6	8	7	4	5	3	2	9
9	7	3	6	1	2	5	8	4
3	2	7	1	6	9	8	4	5
5	1	6	3	8	4	9	7	2
4	8	9	5	2	7	6	3	1

2	9	7	5	3	6	1	8	4
5	8	6	7	1	4	9	2	3
4	1	3	8	9	2	6	5	7
1	4	8	2	5	3	7	9	6
7	3	2	6	8	9	5	4	1
6	5	9	4	7	1	8	3	2
9	2	4	1	6	8	3	7	5
8	6	5	3	4	7	2	1	9
3	7	1	9	2	5	4	6	8

*Each person is an enigma. You're a puzzle not only to yourself but also to everyone else, and the great mystery of our time is how we penetrate this puzzle.*

**Theodore Zeldin**

*Oxford scholar and thinker whose books have searched for answers to three questions. Where can a person look to find more inspiring ways of spending each day and each year? What ambitions remain unexplored, beyond happiness, prosperity, faith, love, technology or therapy?*

## On Track in Fujairah!



**Enduro mountain biking in its most basic definition is a type of mountain bike racing where the downhill is timed, and the uphill is mandatory but not timed. Riders are timed in stages that are primarily downhill, with neutral 'transfer' stages in between. Enduro mountain biking is tough and certainly not for the feint hearted.**

On the 25th December 2020, more than a hundred brave souls took on the course and each other in the 3rd edition of the (now famous and epic) Fujairah Adventures Enduro MTB race.



Building on the amazing success from the previous two years and being staged for the 2nd time at the home of enduro mountain biking in the UAE on the purpose-built trails in Al Tawyeen.

The race normally has in excess of 200 riders from all over the world, but in these wretched Covid times many racers were unable to travel. We did, however have riders from the Philippines, Oman, Kuwait, USA, France, UK, South Africa amongst several others. Especially pleasing is the development of the local UAE category and this year saw its largest entrance ever.

With record prize money on offer, the competition was intense and the racing fierce. The racing line included jumps, drops and rock gardens. In enduro there is no such thing as a lucky winner. Race director Marko Gauna summed it up nicely by saying *"Anyone who completes the course is skillful, tough and determined."*

All winners were worthy and a special congratulations go to all those listed below.

### Elite Category

1st Maxime Darcel - Specialized - Fujairah Adventures Team

2nd Philip Fortaleza - Commencal - Roost

3rd Peter Jersoviczki - FRO racing





**UAE Category**  
1st Abdelrahman Aloheidli - Fujairah Adventures Team

**Expert Category**  
1st Charlie Bantuyao - Jumeirah Enduro Team

**Master Category**  
1st Philip Ramos - Fujairah Adventures Team

**Female Category**  
1st Ellie Ebdon - Ebdon Racing

**Most Improved rider**  
Clyde Fortaleza - Commencal – Roost

*Want to get into enduro mountain biking?*

Al Tawyeen Mountain bike trails are free to ride and details are available at [www.fujairhadventures.ae](http://www.fujairhadventures.ae). Enduro mountain biking is an extreme activity and not to be taken lightly and absolutely not without the correct bike and safety equipment. Wearing a helmet is mandatory.

For more information contact:  
Tel: +971 50 6286160  
**Dave Charlton**



## Short Stories from St Mary's Catholic High School, Fujairah Students

### Fallen Leaves

#### My Inspiration For Writing Stories ...

"No one ever becomes a writer without being a reader first. It was my passion for stories that translated into me being a better writer. Every story is a lesson. One that teaches you to be better as a person or even as a writer. And it has taught me both."

*"Social prejudices are strange because they don't change along with time as other things do. It is as puzzling as the solutions required to solve it. The story explores the themes of universal brotherhood and solidarity within the backdrop of racism."*

"How long?" he enquires, scrambling for breath. I could sense his broken ribs and their crooked structure. "All hope is not lost, brother," I lie with a slender enthusiasm in my voice, assisted by the jocund Autumn.

His chances were faint. Hope was elusive. But beneath his blistered eyes laid belief. One that wouldn't last long.

He didn't deserve this. But he hides it within. His apparent smile, along with his Nubian nose, just like mine, could bring nothing but compassion.

"Why? Why is it like this? Is it because I'm dark-skinned?" he asks, palpitating. The word "dark" took an odd shot at me. I felt disintegrated. Unable to vocalize. I felt my skin churning, a radical revulsion.

"No brother, just, no." The effect of his question cast an impression deep within me. I'm left startled. Lacking answers, I glance at the window beside me. The leaves fall, losing all their beauty to the wind. A trail of wind, through the broken corner of the window, brushes past my hair. I know. Apartheid seems like a thing of the past. But it truly isn't.

My brother is here, dying because human prejudice is considered superior. Superior to one's life, my brother's life.

"Brother! Promise me the future will be better. Won't it?"

I thought for a while. The future of our civilization requires not the invention of something synthetic, rather the rediscovery of something natural. Something as natural as Love. No regulation can bring about that change.

It's us.

We are the dilemma. We are the solution.

"A time will come. I promise."

"Hope – " he terminates. He sighs away to the broken window, seeking a shift of view.

I grasp his palm optimistically. The red-sweat of his palm glides through mine. His breath turns swift. "It hurts, brother, I can't – " he stops. I brush his chest with a hint of desperation.

I again look out of the window, but the leaves are missing. A cry arouses.

"Brother!" His voice trembles as he says it. His expanded lungs impel the broken ribs. His inhalation slows. Then it all stops, forever.

"Brother!" I shout in grief.

The air turns black all around me.

I fall back on the chair, senseless. The white sheets arrive. I don't take a glimpse.

A throttle of emotions overwhelms me. I slowly lose control of my surroundings. The anguish sustained by my brother for his peaceful protests has led to his demise.

I see the fallen leaf beside the window. The wind is no longer blowing, but it's cold inside. I recollect a promise.

Once upon a time in my future, my brothers and sisters will live in harmony together. One in which my brother will not perish for love but relish it.

Some debate over why a white man like me would struggle in solidarity for the oppressed and call them brothers, but there's a retort.

It's not our race that matters. It's humanity.

Time will change, so will our society.

**Alvin Poly**

Grade 10 C

St. Mary's Catholic High School



## Keep Our Earth Safe

### What Inspired Me To Write Stories. ...

During our I.T. period, we learned about the chapter on keyboard and in Special English period, we read a story about Goldilocks and the three bears. On the same evening, I remembered about I.T. and I was thinking what to practice on the keyboard. I felt like typing a story about Goldilocks and the three bears. It was fun to type. When I finished, it was so amazing to see that I did half a page, I wrote so much! It was the first story I typed all by myself in my own words. By this I was encouraged and started writing more stories. **Keep Our Earth Safe** is one of them and my own story. Here it is for you to enjoy...

Once there was a country called Finland. Finland was a happy place. One day a witch cast a spell on it. If one person did something others too will do the same. One day a man was reading a newspaper. He thought that it was rubbish, so he went outside and threw the newspaper on the road.

People saw this and soon they began to throw all the newspapers they could find. This went on and on and Finland became a very dirty place. There was waste all over, like paper, plastic materials.

People and policemen did not care.

Then, Spain started its journey to travel to Finland. And when it saw that the place was very messy, it picked the trash one by one and threw it in the dustbin.

Soon others did the same thing and Finland was the cleanest place ever. Since it was clean, the curse was lifted. Finland lived happily ever after.

The moral of the story is, we should show respect to our Mother Earth.

**Nimrit Kaur Arora**

Grade 1 A

St. Mary's Catholic High School



## Preparing for exams during COVID pandemic



**Nine months have been passed since Covid pandemic forced the schools to shut and learning process transferred from classrooms to online. Since the dawn of new year 2021, schools across the world started on campus learning and boards in various states and countries declared the exam dates for final year students. The billion-dollar question is that, how to prepare for the board and final exams? Shall we adopt new strategies to make up the loss of direct classes or rely on online classes for revision?**

However, the students appearing for boards in the year 2021 are going to be making history, for being the only batch that attends exam without attending direct classes and preparing for exams by distance mode of education. Even though, vaccination drive against covid getting momentum, still we have to maintain safety protocol and it reduces the possibility for schools to conduct full-fledged revision classes,

mock tests, remedial classes, peer learning sessions and past paper practice sessions. Therefore, students have to adopt self-study practices to face the upcoming exams.

Here are some tips for students who will be appearing for the 2021 board exams to prepare effectively by utilising available time.

**Positive approach:** The covid pandemic and uncertainty made many teenagers depressed and gloomy. Apart from this, lack of social interaction and peer support aggravates

their mental agony. Fear and stress certainly have negative impact on your preparation as well as performance in the exams. Here comes the role of parents and teachers to support children to cope up with the situation and face with courage.

**Practice past papers:** One of the most effective ways to prepare for exams is to practice past papers. This helps you get used to the format of the questions, and time management.

**Mock test for time management:** Many students fail to finish their exam in the stipulated time period. Do some past papers in a time bound manner and it certainly provides you a best rehearsal for the final exam.

**Peer teaching:** Remember, the best way to learn something thoroughly is to teach. Be ready to teach what you've learned. If you can teach it to someone else, you have a solid grasp on the material. Even though, covid conditions do not permit to group study sessions and peer teaching, students can still engage in peer teaching and combined study sessions through online platforms.



**Brief study notes and flash cards:** While you study, write the main points in a flash card or in a sticky note. Make such study notes for all the topics you have learned. Getting your ideas jotting down in this brief format can then help you to revise quickly before the exam.

**Keep away from social media:** During covid lock down, when classes were conducted hundred percent online, many students spend almost 5 to 8 hours for online classes and assignments. Apart from this, many students are found chatting with friends for hours or playing games. They have a strong tendency to continue this habit even during exam days. There is no doubt that spending too much time can negatively affect their grades. Parents should effectively intervene to minimise or completely avoid use of social media during pre-exam days.

**Special study time table for exams:** Preparing a special time table for exam is helpful to revise different subjects according to difficult level. Tough subjects and the ones in which a student is weak should be given more hours, and easier ones should be given less hours with sufficient intervals between each subject.

**Time to study:** Time is possibly the most important factor. According to a research conducted, human brain is in its most active state between 5 am to 8 am in the morning and in the evening between 7 pm to 11 pm. Therefore, students who study during these timings have the maximum retention power in comparison with others.

**Take a break:** Don't study for long hours at a stretch instead take a break after every 30 minutes.

**Read Effectively.** Online classes and distance mode of learning made many students averse to reading their text books, notes and other study materials. They spent hours before the gadgets. Many students complain about lack of concentration while reading. Use the SQ3R Method—survey, question, read, recite, review to actively retain information. Just reading it is not enough. First of all, have a bird's eye view of the topic i.e. overall review of the portion. Then form some questions about the topic and read the portions to find out answer for the questions.

**Eat right:** Students should avoid junk food, and instead include plenty of vegetables and fruits and energy giving food items such as fish, nuts, seeds and yogurt. Need to drink fresh water and try to avoid fizzy drinks.

**Sleep well:** Children in middle and senior school require on average 8 hours of sleep for best performance. The biggest mistake students commit during exam time is that they don't sleep well. Get plenty of rest the night before the exam.

**Don't cram:** Many students try to swallow maximum just before the exam. Cramming is not a good method of studying. Cramming bulk load of lessons can result in forgetting everything.

**Exercise:** Due to covid pandemic, children are now confined to home and they miss games, tournaments and coaching sessions. Engaging in some form of exercise is a good way for relieving stress and refreshing the mind. No need to stop your habitual games or physical activity during exam days.

**Trust God and yourself:** Sometimes the pressure of a looming exam can be overwhelming. Trust in the divine blessings would help to ease tension. Students should pray well before the exam as it helps in relaxing their mind and also provides immense energy and peace of mind.



**Douglas Joseph**

*The author has been teaching in colleges and schools for the last 18 years in India, Maldives and U.A.E. Currently teaching in Our Own English School Fujairah. A*

*prolific writer on teenage and education issues in various newspapers, magazines and online portals. He conducts seminar for teenagers and parents on education, soft skill development, career planning and parenting*



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## 11 skills kids achieve before developing speech

If your child is a late talker and is not yet using any words, there is a possibility that he or she is missing out on the pre-linguistic skills they usually acquire before they start talking. Pre-linguistic skills/pre-language skills are how we communicate without using words and include facial expressions, imitation, gestures, joint attention, and eye-contact. Typically, these skills are achieved by 12-18 months. But if we strengthen these basic skills chances are there that, they will develop verbal communication even if they have crossed this age period. The following are the 11 pre-linguistic skills and strategies (by Laura Mize) parents must pay attention to, especially if your child is not talking yet.

### Skill 1. Reacts to events in the environment

As a parent, help your child learn to use their senses to explore things in his/her world. Provide new experiences and awaken their senses. Use toys the child can look at, listen to, hold, touch, feel, and explore meaningfully. E.g. Toddlers react to sounds by turning their head, widening their eyes, or simply react with a startle response.

### Skill 2. Responds to people when they talk to or play with him or her

Don't let your child be alone for long periods. Give opportunities to interact and make sure he maintains eye contact with you and is responding appropriately. Even a smile from the child is a response. This is important because communication always involves at least two people.

### Skill 3. Takes turns with you during interactions

We take turns in a conversation as we exchange ideas with each other. A child should learn to participate in extended back and forth exchanges

with others. To develop this skill, you can join in with your child and encourage him to take turns with you while playing with the toys. E.g. Use a pegboard game and take turns to fix each peg.

### Skill 4. Develops a longer attention span

If your child has reduced attention, involve them in activities where he/she is required to pay attention for an extended period. Movement activities are a great way to get your toddler's attention. Start with interesting activities which include dancing, creeping, crawling, rolling, running, jumping. Limiting screen time helps many toddlers attend longer. Try the "One More" rule to extend attention.



### Skill 5. Shifts and shares joint attention with others

The child should shift his attention between an object and you while you're sharing the same focus. Place yourself within the child's line of vision. Teach a child to hold, show, and give you objects during daily routines. Play games to teach him to look for you and look at what you're talking about. Point often, to direct his attention.

### Skill 6. Plays with a variety of toys appropriately

Children learn almost everything through playing. When they don't, they miss opportunities for language. Using meaningful and age-appropriate toys are important. Plan to "play" and "stay" with a child to show him what to do with a toy and guide him as he learns. Get face-to-face on the floor.



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### **Skill 7. Understands early words and follows simple directions**

A child must understand words before he/she can use those words to talk and communicate. Keep your language simple and narrate daily events in simple sentences. Provide different commands and make sure he is following them consistently. It is important to teach your child to “do his part” during daily routines.

### **Skill 8. Vocalizes or makes sounds purposefully**

The child should get your attention by using his or her voice. Children learn to produce sounds intentionally before they learn to talk. Model lots of play sound like animal sounds, vehicle sounds, etc. Imitate any sounds he/she makes. Change your materials or space to get new results.

### **Skill 9. Imitates actions, gestures, sounds, and words**

Toddlers learn to talk by repeating what other people say. Instead of starting with words, begin with actions, gestures, and easier sounds before expecting a child to imitate words. It will be easier for the child to imitate words later.



### **Skill 10. Uses early gestures like waving and pointing**

In typical development, gestures emerge just before words. Use lots of gestures as you talk. Teach a child to imitate easy whole-body movements like jumping and dancing, and early gestures like “Give Me 5,” waving, and shaking his head “no”.



### **Skill 11. Initiates interaction with others to get needs met or to play**

We can't always depend on other people to approach us or know what we want. Instead of providing everything to the child, we should encourage them to initiate the interaction. Set up opportunities for a child to request his/her needs.

#### **Deepthi Damodar**

Speech-Language Pathologist  
Rising Sun Centre For Special Needs  
Fujairah





## Mental Strategy To Stay Healthy Strong In Testing Times

©Alva Carpenter

**This last year has been a testing time for all of us. The health crisis has transformed our experience of life and we have been moved out of our nice safe comfort zones. We have had to learn to be a more adaptable people.**

We have not been able to have lovely family gatherings, so we have had to learn Zoom and other social media skills in order to stay in contact. We have not been able to travel and have exciting holidays, but we have learned to live and be happy with the present.

Together we have lived through an experience of a pandemic not seen in any of our lifetimes. Not something that we felt prepared for or what we expected. We have had to adapt and change our expectations of what makes life good. But this experience will make us stronger and I am sure kinder and more inclusive.

Health has always been a serious issue, but we always felt we had time to become the best healthy version of ourselves. Now COVID-19 has made it perfectly apparent that it is our number one priority. For people with underlying health issues, it has been an especially worrying time.

To be the best healthy version of ourselves we need to be prepared to change. To evolve, let go of the old unhealthy habits of a lifetime and learn new habits and skills.

We have also seen the rights and freedom of the individual change: they had to because we all need to work together as a community to protect the lives of the vulnerable and protect out hospitals from becoming over-stretched with patient numbers.

I think we have also learnt a greater appreciation for doctors, scientists and pharmacists; teachers, shop workers and of course the good old delivery services.

Most of us have been concerned about supporting our families and many have had their hours cut or



have lost jobs altogether. We have had to cut down on spending or look for new sources of income and security.

The good lessons are how quickly we can all adapt to living our lives differently. How we work. How we educate our children. How we spend our time to make life still pleasurable. To wear face masks.

For myself, I think I have learnt to appreciate small things accepting living in the present being grateful for the things I have and not always looking forward to travelling or social events, enjoying hobbies such as playing the piano bring me peace.

### From struggle we grow

Yes, we have all been challenged but it is in these difficult times that you develop new skills and grow and become stronger and more adaptable

Everyone has their own way of coping, but we all need some treats during lock down. Hopefully, healthy ones.

Finally, following the brilliant work of scientists working together we have a vaccine, and we can start to look forward to the future.



### A new future a new start

We will all need to make changes to our health, how we view our ambitions and how we view our life, what will be our new purpose.

It is important that we take time to understand ourselves and by so doing we will inspire others by our positive energy.

We need to evolve to be the best healthy version of ourselves.

Start by taking small steps, one step at a time and just keep on going.

You can always do way more than you think, we have the internet where you can learn any new skill you need.

If you do things out of your comfort zone you are going to fail sometimes. But do it anyway. All successful people fail sometimes but they keep going until they find success. As my father used to tell me, we learn more from failure than success and it is Okay to fail and be wrong, but we can then do better next time.

So, stop making excuses; do something that is hard. Once you start making progress, doors start opening and your journey starts

If exercise is a struggle, the more you do it the better and fitter you become. Start with gradual steps; start with walking and create a habit of walking every day and getting beautiful fresh winter air.

### Products I Recommend

Actrim2 a natural weight-loss supplement. It is a great kick-start to weight loss, is natural and made from 4 fruits. Helps speed up weight loss. And provides motivation to make the changes listed above.

I also recommend Permea Plus HSN as a vitally important insurance policy. Permea Plus is certified to contain effective levels of vitamins minerals and antioxidants all available at Medicina pharmacies.

Checkout my must-watch video, *"How To Lose Weight Fast, Naturally and Permanently"* on [YouTube](#) (Arden Health)

### You Ask

I have just given up smoking after taking it up during the stress of work worries in lockdown. What supplements should I take to improve my health.

**Abdul Qader**

Well done.

I would advise that you first to look at your eating habits and increasing your fruit and vegetables intake is one of the best ways to improve your health. Many people find eating frozen grapes keeps their hands busy and grapes are also great sources of vitamin C. I would highly recommend the value of taking walks and getting clean fresh air into your lungs. Go to the beach or the mountains and breath unpolluted air.

Make sure you eat five portions of brightly coloured fruit and vegetables every day. I would also strongly recommend taking Permea Plus as a good daily multivitamin and health insurance policy.

**Alva**

## Weird and Wonderful World



### UAE chefs bake world's longest line of pies for Guinness record

A team of United Arab Emirates chefs came together to break a Guinness World Record by baking 2,209 pies and arranging them into a line.

The record attempt, organized by the Emirates Culinary Guild and USA Pears, featured the chefs baking pear pies at the Madinat Jumeirah resort in Dubai and arranging them into a single line.

The attempt included chefs from Jumeirah Creekside, Radisson Blu Hotel DDC, Madinat Jumeirah, Le Meridien Airport, JW Marriott Marquis Hotel Dubai, Crown Plaza Shaikh Zayed Road, Waldorf Astoria DIFC, DoubleTree by Hilton JBR, Bakemart, Emirates Flight Catering, Caesars Bluewaters Dubai, Sarood Hospitality and students from International Center for Culinary Arts Dubai.

The pies were donated to food access charity Sahem for Hope.

### Thai baby elephant hit by motorcycle survives after receiving CPR

Thailand's Mana Srivate has performed dozens of resuscitation attempts in his 26 years as a rescue worker, but never before on an elephant.

Mana was called into action while off duty on a road trip late one Sunday, successfully reviving a baby elephant struck by a motorcycle while crossing a road with a group of wild pachyderms in Chanthaburi Province.

In a video that went viral on social media in Thailand on Monday, Mana is seen giving two-handed compressions to a small elephant lying on its side



as colleagues a few meters away treat a dazed and injured motorcycle rider on the floor.

Both the rider and elephant were recovering and neither had serious injuries.

"I assumed where an elephant heart would be located based on human theory and a video clip I saw online," Mana said



### 120-year-old chocolate found in Australian poet's papers

Staff members at the National Library of Australia said they were stunned when they found a 120-year-old box of chocolate hidden in papers of the late poet and journalist A.B. "Banjo" Paterson.

They were was going through the recently acquired papers of the Australian poet when they stumbled on

the souvenir tin filled with chocolate. The chocolate still was in its straw packaging and silver foil wrapping.

Staffers were unpacking the contents of a box with Paterson's papers so they could be digitized. The tins were commissioned by Britain's Queen Victoria and sent to soldiers in South Africa during the Boer War around 1900 as a gift to the troops.

It is believed Paterson most likely bought the chocolate from one of the soldiers while working as a war correspondent for the Sydney Morning Herald and The Age.

"There was quite an interesting smell when they were unwrapped," National Library of Australia conservator Jennifer Todd said. "[It was] an old tin of chocolates, belonging to Banjo, with the chocolates still wrapped in the box."



### **The Irish Redhead Convention takes place in County Cork**

The Irish Redhead Convention takes place in County Cork. People with red hair have gathered in southern Ireland for the Irish Redhead Convention.

Held over three days the celebrations include crowning the ginger King and Queen, competitions for the best red eyebrows and most freckles per square inch.

Red hair is the rarest of hair colours, and accounts for only 2% of the world's population. Scotland has the highest percentage of natural redheads in the world, with 13%. Ireland comes in second at 10%. The festival was the brainchild of redhead brother and sister Joleen and Denis Cronin.



### **Man spends nearly Dhs1500/- to find out limping dog was imitating owner**

A British man said he spent about Dhs.1500/- to have a veterinarian examine his dog's limp, but it turned out the canine was just imitating his owner, who had a broken ankle.

Russell Jones of London said he noticed after his ankle was broken that his dog, Billy, was keeping one of his front paws raised while walking.

Jones posted a video to Facebook showing the dog hopping next to him as he walks with the use of crutches.

Jones said he spent about Dhs.1500/- to have a veterinarian examine Billy and take X-rays of his apparently injured leg, but the medical professional was unable to find anything wrong.

The veterinarian told Jones his dog was imitating the way he walks with his broken ankle. Jones said Billy had been limping since the day after his ankle injury.





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## 300+ turn up for Dubai Sports Council's newest event for ladies

**Becky Hayward of the UK and Norway's Ingrid Feliza Fuglestad topped the overall charts in the 10K and 5K Run, while Shamsa Salim of the UAE was fastest in the 2.5K Run of the opening stage of the four-stop Dubai Women's Running Challenge, which attracted more than 300 enthusiasts to Dubai Safari Park on a foggy Saturday morning.**

In the 2.5km Run, Emirati Shamsa Salim blitzed through the course with a time of nine minutes and 15 seconds, finishing three minutes and 22 seconds ahead of Oman's Khlood Al Saadi (12:37) in the overall rankings, while Anayn Fuglestad (13:18) of Norway was third, a further 41 seconds behind.

Becky Hayward, meanwhile, took the overall honours in the 10km run with a time of 47:28, finishing a minute and 37 seconds ahead of Helen Boland of Ireland (49:05), while Kahli Johnson of the UK was third overall with a time of 49:10.

In the 5km Run, Ingrid Feliza Fuglestad was fastest with a time of 22:38, finishing 17 seconds ahead of Egypt's Joud Dabous (22:55), while Louise MacGregor (24:37) of the UK came in third.

Organised in collaboration with Dubai Municipality



under the slogan "It is good to compete in the World's Coolest Winter", Stage 1 one of the Challenge provided the participants with an unforgettable experience as they ran past lions, giraffes and many other exotic animals on a chilly morning.

"We are so excited to have run this race in the Dubai Safari Park," said Elizabeth Manrique, who took part with her daughter Lucia Ferris Manrique. "I have just done the 5km and Lucia has done the 2.5km. The race is absolutely fantastic. We saw lions, we saw elephants, and we saw hyenas. We absolutely loved it."

"I have just completed the 5km today at Dubai Safari Park," said Vicki Matheson of Scotland, who also took part in the 5K. "It's the first race in four. I saw the lions – I ran past them. It was cold at the start. We had to go up the hill, but we all finished. It was an amazing morning."

The next stage of the Challenge will take place on January 23 at another unique location, the Palm Jumeirah, while Stage 3, which will be a night race starting at 9pm, will take the ladies to Dubai Garden Glow on January 28. The Challenge will then wind up on February 6 at Al Seef, allowing participants to soak in the atmosphere in what is the cultural and historic district of Dubai.

Registration for the remaining three stages of the Dubai Women's Running Challenge is open on the Hopasports website (<https://www.hopasports.com/en/event/dubai-women-running-challenge-series-2-of-4-palm-jumeirah>).

### *Unique Medal*

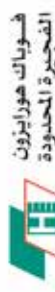
To encourage and honour participants, Dubai Sports Council has designed a unique set of medals for the Dubai Women's Running Challenge. The medal for each stage has been designed to represent the landscape of that particular stage and, when put together, the four medals will spell "Dubai".

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The Dubai Women's Running Challenge joins a growing list of initiatives and events launched by Dubai Sports Council to promote sports and a physically active lifestyle among all segments of the community, especially among women and children. The Challenge will be a boost for women of different age and nationalities, who are looking for such events to satiate their competitive urges.

The Challenge also comes as part of Dubai Sports Council's strategic objective of empowering women, and promoting sports and physical activity among women through such competitions, which encourage women of all age and abilities to take part and also enjoy a wonderful new experience.

Women's events and tournaments organized by Dubai Sports Council are becoming increasingly popular with women of different nationalities and age, allowing them to compete in an atmosphere of privacy and in confirmation with the customs and traditions of the region.

## Results

### 10km RUN

Age 18-39: 1-Becky Hayward (UK) 47:28; 2-Helen Boland (Ireland) 49:05; 3-Natalia Kovshova (Ukraine) 51:50; 4-Josephine Kiernan (UK) 52:03; Raghdal Helal (Egypt) 52:29.

Age 40-49: 1-Kahli Johnson (UK) 49:10; 2-Olena Romanova (Ukraine) 49:46; 3-Lisa Garrett (UK) 50:04; 4-Tatiana Savelyeva (Russia) 50:23; 5-Nevine Nour (Egypt) 53:06.

Age 50-59: 1-Sioned Taylor (UK) 51:33; 2-Alia Greaney (UAE) 56:40; 3-Zeenah Shubar (Iraq) 01:02:19; 4-Rebecca Green (UK) 01:06:24; 5-Martine Iarroque (France) 01:19:49.

Age 60-99: 1-Jane Clark (UK) 01:00:21; 2-Jane Matheson (UK) 01:13:59.



### 5km RUN

1-Ingrid Feliza Fuglestad (Norway) 22:38; 2-Joud Dabous (Egypt) 22:55; 3-Louise MacGregor (UK) 24:37; 4-Nadine Kahaleh (Lebanon) 26:03; 5-Sanaa Shawabkeh (Jordan) 26:46.

### 2.5km RUN

Age 18-99: 1-Shamsa Salim (UAE) 09:15; 2-Khlood Al Saadi (Oman) 12:37; 3-Analyn Fuglestad (Norway) 13:18; 4-Noor Kuhail (UAE) 14:08; 5-Lyndsey Steven (South Africa) 14:19.

Age 15-17: 1-Tia Watson (UK) 16:18; 2-Sadaf Abdullah Abdul Qadir (India) 34:02.

Age 10-14: 1-Nouf Al Balooshi (USA) 14:45; 2-Emaan Muhammad (Pakistan) 18:28; 3-Salama Aldarmaki (UAE) 21:00.

Age 5-9: 1-Cillian York (South Africa) 14:17; 2-Maggie Parkin (UK) 14:19; 3-Lucia Ferris Manrique (UK) 16:26.



## Praise for W25 Fujairah International Women's Tennis Open

Under the patronage of Dr. Sheikh Rashid Bin Hamad Al Sharqi, President of the Fujairah Culture and Media Authority and the Tennis & Country Club, the W25 Fujairah International Women's Tennis Open reached a gripping climax on Saturday 23rd January.

Following a week of first-class action featuring 64 players from across the world, clinched the singles title following her Clara Tauson win over Viktorija Golubic in the final.

The doubles title went to Viktorija Golubic and Cagla Buyukakacay who beat En Shuo Liang and Xiaodi You, in the final.

After organizing the event in a short space of time due to COVID-19, His Excellency Abdul Ghafour Behroozian, President of the Organizing Committee and Chairman of the Fujairah Club Board, expressed his happiness that the tournament had concluded without a glitch despite the extra organizational challenges posed by the pandemic.

He also praised the solid support that the organizing committee had received from Dr. Sheikh Rashid.

"We are delighted with the exceptional organization that has ensured this tournament is an overwhelming success," he said. "It has laid the foundations from which we can optimistically look forward to hosting



W25 Women's Singles Final

Clara Tauson (Denmark) beat Viktorija Golubic (Switzerland)  
6-0, 4-6, 6-3

more events in a safe and secure environment for all involved."

Tournament Manager, Khaled Al Ali, said the initial feedback from players, coaches and officials pointed to it being a "massive success" and said the organizing committee had strictly adhered to





**W25 Women's Doubles Final**

**Winners Viktorija Golubic (Switzerland) and Cagla Buyukakacay (Turkey) beat En Shuo Liang (Taiwan) and Xiaodi You (China) 5-7, 6-4, 10-4**

the international protocols set by the international Tennis Federation (ITF) and the recommendations from the Supreme Council for National Security in the UAE.

"This week has been a success story for not only Fujairah, but for the entire UAE," he said. "We were able to demonstrate that our experienced team could meet the increased challenge of hosting a safe tournament during these tough times and we look forward with great enthusiasm to hosting more world-class events in the future."

Fujairah Club General Manager, Salah Al-Hamad, said that the emirate is "always ready to host such prestigious sporting events" which are helping to put Fujairah on the map as a leading sports and leisure destination.

The W25 Fujairah International Women's Tennis

Open is sponsored by the Fujairah Government, Ministry of Health and Prevention, Fujairah Free Duty, Fujairah National Insurance Company, Mai Dubai, Al Habtoor, Hubb Tennis, UAE Tennis Federation, World Tennis Tour, Free D, General Authority of Sports, FMAC and Fujairah Cements Industries.







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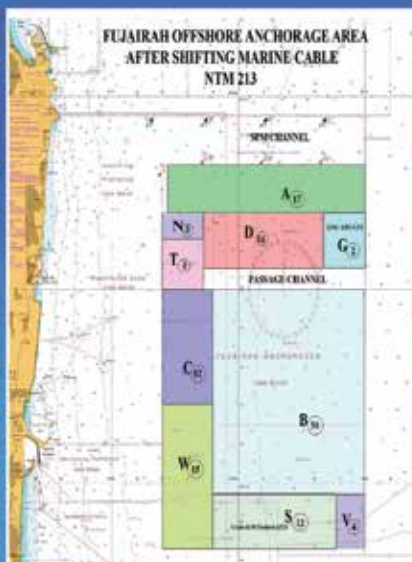
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CRUISE VESSEL CALLS

## Fujairah Electronic Football Championship “FIFA 21”



**The first edition of the Fujairah Electronic Football Championship “FIFA 21”, organized by the Fujairah Social and Cultural Association, was concluded at its headquarters in Fujairah, under the patronage of His Highness Sheikh Mohammed bin Hamad bin Mohammed Al Sharqi, Crown Prince of Fujairah.**

The championship competitions were attended by Sheikh Saeed bin Suroor Al Sharqi, Chairman of the Fujairah Chamber of Commerce and Industry, HE Khalid Al Dhanhani, Chairman of the Society and Chairman of the Organizing Committee, Mohammed Khalifa Al Zeyoudi, Director of the Department of Human Resources in the Government of Fujairah, Saeed Al Kayani, General Supervisor of the championship, and Captain Ali Al Balushi, Director of the Tournament.

Sheikh Saeed bin Suroor Al Sharqi, accompanied by His Excellency Khaled Al Dhanhani, crowned the first place winners in the tournament, where Muhannad Al Mismari won the first place, Hamdan Al Morshedy won the second place and Mojtaba Abdel Wahab won the third place.

Sheikh Saeed Al Sharqi thanked the members of the association and the tournament organizers who were keen on holding this tournament in light of the

precautionary measures taken by the state against the “Coronavirus” pandemic, praising the high level of the participating players and the need to encourage young talents in this game.

Khaled Al-Dhanhani, Chairman of the Association, said: The tournament contributed to creating a new and breathing atmosphere for the participants who were able to practice their hobbies in electronic football and express their talents, as they interacted very distinctly, leading to the closing day, which witnessed great follow-up and great excitement among all the players.

In turn, Saeed Al-Kayani, the general supervisor of the championship, confirmed that the Supreme Organizing Committee has made great efforts to produce the competitions in a professional framework and in a way that expresses the ability of the Emirate of Fujairah to organize and manage this type of tournament well.

The tournament director, Captain Ali Al Balushi, explained that the tournament's first edition, in which players of the age groups from 9 to 21 years participated, met with great turnout.

At the end of the closing ceremony, His Excellency Khaled Al-Dhanhani, Chairman of the Tournament's Organizing Committee presented a souvenir to Sheikh Saeed bin Suroor Al Sharqi, in appreciation of his presence at the end of the tournament. The technical committee, media professionals and official sponsors of the championship were also honoured.





# صناعات اسمنت الفجيرة FUJAIRAH CEMENT INDUSTRIES



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## A place to share your poetry...

### New Year Poem

One more year is going ,  
Where we remember all the happy moments,  
And forget all the bad times,  
Which made us cry.

A new year is approaching .  
Its time for us,  
To make this year,  
An unforgettable one.

Let's join together,  
This year to make our world,  
More stronger from,  
Any kind of disaster.

WE all believe,  
That the new year would be,  
beautiful and colourful,  
Like the fireworks in the sky.

Let's start a new life,  
With all our hearts,  
Filled with joy,  
Happiness and laughter

HAPPY NEW YEAR!

### Avantika Narayanaswamy

Class 7A

St. Mary's Catholic High School Fujairah



### My Country

This place is where we can live freely and happily,  
Our rights make this place somewhere to be.  
This place is where we are equal before law,  
And our caste or creed is not a flaw.  
This place is where when we are discriminated,  
The law will have the culprit incarcerated.  
This place is where we can get a decent job,  
Where our color doesn't give us floors to mop.  
This place is where I am treated like a human being,  
My economic status doesn't mark me as unclean.  
This place is where heritage doesn't make someone  
supreme,  
But hard work and service does, following their  
dream.  
Folks the 'place' I talk about is not imagination,  
These rights are incorporated in our very nation!  
These rights are what make us all the same,  
So no one can bring mud to your name.  
Know each and every right,  
And you will never, never, NEVER live in fright!

### Arnav Poddar

Grade 9

Our Own English High School, Fujairah.



Arnav Poddar

If you write poems you have the opportunity to submit your poems to our Poet's Corner. They must be original, not copyrighted and all your own work. So get writing or send in one you have already written. We cannot guarantee when or if your poetry will be published. Email your poems to: [fujobs@eim.ae](mailto:fujobs@eim.ae)

# مزرعة الفجيرة



## Fujairah Farm



هاتف: ٢٤٤٥٢٦٠ (٠٩) فاكس: ٢٤٤٥٠٨١ (٠٩) ص.ب: ١١٦٣٦، دبا، الفجيرة-إ.ع.م.

Tel: 09-2445260, Fax: 09--2445081, P.O. Box 11636, Dibba, Fujairah-U.A.E.

### Just one of the thousand rest

Life is not true with happiness just,  
True happiness arise in a melancholy dawn.  
It just a twig of a great vast nest,  
Just one of the thousand rest.

Every saddened tears we shed,  
Have a future fruit on our long way.  
Every word that we said,  
Is a heavy burden to be led!

All lifely aspect have a bud at the end,  
N' carry a question to be reasoned.  
Which mend the pathly bend,  
That we have summoned.

There is no day without night,  
N' no night without day.  
There will be stars to make it bright,  
Filling the dark with hopeful light.

**Sinan Sarfudeen**

Grade 9, Our Own English High School, Fujairah



Sinan Sarfudeen

### Travel

I love to travel in a car,  
so far.  
I would like,  
to travel in a bike,  
and go for a hike.

I would like to go on a train,  
on the day when it rains,  
or on a day when its sunny,  
to make the day funny.

I would like to travel on air,  
and go to a fair,  
or go to a park,  
so I could climb up the bark.

Whatever kind of vehicle,  
I love to travel,  
and no one can stop,  
me from travelling.

**Rashmika Nataraj**

10 B, St. Mary's Catholic High School, Fujairah



Rashmika Nataraj

## ACCOMMODATION

1 big bed room with attached wash room, common big hall, separate kitchen available at Sakamkam, behind old Arabic Boys School. Please contact 050-5484415

Room available on rent for couples/Executive bachelor. Location - Behind ADCB bank. One room with kitchen facility. Contact 0503788068

## CARS

I want to buy used car Toyota-Yaris or Toyota-Corrola, model - not less than 2014-2015 my contact number is 0507286922, name Mumtaz Khan

## FITNESS

*Athletic Sports Academy in Fujairah.* Sports events, football, basketball, swimming and fitness. All ages, all welcome 0529902200  
ismail@athletic-academy.com  
www.athletic-academy.com

*Learn Karate, Body Fitness & Meditation* classes at Planet Karate Centre - Fujairah. Sensei Jogy Thomas (Japan certified instructor) mobile 050 2037530, Tel 09 2233892

*Learn to swim For kids and adults.* Beginners, Intermediate and Advanced. Certified Swimming Coach (ASCA) Ahmed 0569785511

*Young Look Pilates Fitness Centre for Women*  
Office 706 Nama Organization for Development Building  
Near FNG Building Sea port  
Contact: 055 9811833 Email: younglookpilates@gmail.com

Trinity Yoga  
Yoga and pranic healing classes in Fujairah. We offer yoga for

1-weight loss, 2-for thyroid, 3-for diabetes, 4-back pain and many more. Executive ladies classes available.

Pranic healing- your hands can heal! 092226640, 0547045510  
www.trinityinfoventure.com

## REAL ESTATE

*Kings Real Estate*  
Contact no: 0553705003, 092237773. Location: Hamad Bin Abdulla Road

*Fujairah Real Estate Agency*  
16 Buildings  
Hamed Bin Abdulla Road  
Fujairah  
09 222 5558  
tajalli@emirates.net.ae

*Fujairah National Properties*  
Unit 03, Level M,  
Al Yasmeen Building,  
Hamad bin Abdulla Rd Fujairah  
Phone: 09 2244544

*Kings Real Estate*  
Office #104, M Floor,  
Bin Ghanim Building,  
Hamad bin Abdullah Rd  
Merashid Area - Fujairah  
Phone: 09 223 7773

## SERVICES

*Animal Friends Veterinary Clinic*  
located near Century Mall,  
Fujairah. Mobile: 055 142 1938  
Sat-Thursday 10-10pm  
Friday 5-9pm

*Pets'n us Veterinary Clinic*  
Mobile: 0502110037  
Opening times: from Saturday to Thursday 9am-1pm and 5pm-9pm; Friday closed  
Villa 73, King Faisal Road, Al Faseel, Fujairah

*NB Flowers:* Free delivery Fujairah city, Al Fahem street, behind Abu Dhabi Islamic Bank  
Tel 09-2222004, Whatsapp 050-6808058

\*e connect\* Ground Floor, Lulu Mall, Fujairah. Tel: 055 8440093, 0505062649

email: [econnectfuj@gmail.com](mailto:econnectfuj@gmail.com)  
\*Mobiles, Mobile Accessories, IT Accessories, Smart watches etc. Servicing & Repairing of Mobile, Tablets Laptops\*

*Barney & Friends' Kiddie Salon*  
near Preventive Medicine Clinic, Faseel, Fujairah open 10:00am-11:00pm. Contact Jayson 056-6518438 or MaAnn 056-4890912

*Urgent Passport size photos*  
*Photography & Videography*  
Wedding Gents/Ladies, T shirt, Mug Printing, Video editing, VHS-DVD. Studio Al Mas 09-2232937 Mob: 055 8331578

*For your events planning and birthday parties.* Contact: 0557627993 / 0529604938  
Email: [marcoents@gmail.com](mailto:marcoents@gmail.com)

*Female photographer in Fujairah*  
available to capture all occasions.  
[www.erephotography.com](http://www.erephotography.com)  
or contact 0503994678 / 0569358629 Email [info@erephotography.com](mailto:info@erephotography.com)

*Car Desire Car Care*  
Car wash, detailing, car accessories. Contact: 0527911211 in Madhab

*New Manila Ladies Beauty Salon*  
located near Al Sharq Hospital, Faseel, Fujairah. Complete range of hair services including haircuts and styling, coloring, eyebrow and eyelash tinting, perming, hair straightening. Henna, Massage, Home Service. Contact 056 8676407

*The Kings Building Materials and Building Maintenance.*  
Building materials, Building maintenance. Located Al Hayl  
Contact: 0552225012.



**Value Plus i-Services Fujairah**

We are a local, hard working and dedicated team of web developers & designers who focus on business websites, e-commerce websites, digital & social media marketing, web & graphic design and much more. For more info- email: [info@valueplusis.com](mailto:info@valueplusis.com) Tel: 052 5858490 [www.valueplusis.com](http://www.valueplusis.com)

**TJ Catering and/or Events Organising; Photo and Video Coverage.** Affordable food catering, specialising in Filipino delicacies; professional photo and video coverage. Contact: 09 2249081 / 050 9518370

**Flowers and Gifts Delivery Services within the UAE and Philippines.** For any occasion and according to your budget. 09-2249081 / 050-9518370.

**Al Yasath Automatic Laundry,** PO Box 206, 09 - 2223704, 050-4951823, Bin Ghanem Centre, Shop No 04, Opp. Gulf Flower Bakery. Est-2005.

**All Translation Works English/ Arabic - Arabic/English incl. Legal - Official Documents** Online translation available. Contact 050-4313329 or [abuhumayoon@yahoo.com](mailto:abuhumayoon@yahoo.com)

**AR Shipping is a leading Int'l Freight Forwarding Co. (NAFL & FIATA Agent in Fuj)** offering total solutions in Air, Sea & Land Logistics. Timings 08.30hrs - 18.30hrs Saturday to Thursday. Enquiries: [logistics@arshipping.com](mailto:logistics@arshipping.com)

**Al Saeed Laundry, Fujairah** in town since 1978. Laundry service in vast fields. Contacts -GSM: 050 6294657 or email: [alsaeedlaundry@hotmail.com](mailto:alsaeedlaundry@hotmail.com)

**Tailoring services by lady tailor.** Expert- ladies, gents, childwear,

clothes, bedding items for new babies, etc. Contact 092283215, 0503786996

**A2y electro mechanical and construction** is more than 10 years experienced in the field of civil , electro mechanical and fabrication works. For all your civil requirements, 09 2282930 or at [a2ygroup@gmail.com](mailto:a2ygroup@gmail.com)

**Transport available in Fujairah and beyond.** Car with Driver on call for all locations. Please contact Ahmed 050982938

**Transport available from Fujairah to all UAE states 24/7.** Can be reached by Cellular 0503137709 or WhatsApp 0563487709

TUITION
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**In urgent need of a sound lesson teacher in Fujairah** on these subjects, Computer Science, Chemistry, Mathematics, Biology, call Joel. Tel:+971556171824. Also teach junior high school and primary pupils.

**Winter Vacation Online classes** for English Grammar for school children. Contact details: 0505036046 Location\_Sakamkam

**Highly experienced private tutor available** for the following subjects at affordable fee: Mathematics grades, Physics and Chemistry for all grades. Contact Austin @ +971585769027

**Tuition Solution - Qualified Teachers available (male or female)**

For KG, Primary, Middle Secondary, O'level, B.A, B.Ed. M.Ed. classes.

(Art & Craft, Computer and English Language classes also available) Tel: # 056-7232108

**Experienced private tutor** available for all subjects from

KG - grade 8 British/American, Indian/Pakistani curriculum. Arabic curriculum only experienced in English subjects. Own transport - can teach in your home. Contact: 0503137709

**Home Tuitions available** till grade 4, and English skills development. Location: New Sakamkam, contact no: 050 5681480

**Private tuition available for preschool to grade 3 kids** please contact 0563897802 Location Fujairah

**Home tuitions for French to all classes CBSE,GCSE** for more info call 0504690262 [joshuadaniel2014@gmail.com](mailto:joshuadaniel2014@gmail.com)

**Private tuition available for Grade 7 to 12 mathematics, including first-year calculus.**

Western born and educated for over 20 years. Experienced in CBSE, CC, GCC, IGCSE and IB. Medium: English. Contact: 0562020747 WhatsApp: +971 509132894 Location: Fujairah.

**Private tuition available for both Indian and British Syllabus CBSE / GCC Syllabus (GRADE 1 - 7 ).** For information please contact 0554383708

**British Language Centre**

Now in Fujairah- A dedicated British owned and run language centre specialising in Corporate English Skills. Tailor made courses plus large groups and individual lessons catered for. Contact: 0501055782, [info@blc-uae.com](mailto:info@blc-uae.com), [www.blc-uae.com](http://www.blc-uae.com)

**Home Tuition** for English-speaking, listening, reading and writing. Special focus on English grammar. Location Sakamkam Please contact- 0505036046



## Finding Fujairah

*With our directory we hope to serve both residents and tourists. If you have any categories you would like to include, please let us know.*

*You can simply send us an email to: [fujobs@eim.ae](mailto:fujobs@eim.ae).*

### BEAUTY SALONS

ABC Al Almaniya Beauty Centre  
German Products with German  
Treatments  
Fujairah Trade Centre,  
Ground floor, Fujairah  
09-2234666  
Mob 050-1729980

Al Dana Beauty Salon  
Fujairah  
09-2231643

Ayush Ayurveda Massage Centre  
M-09, Bushera Centre,  
Opp Fish Market  
Gurfa, Fujairah  
09 2248113  
Mob 056-1395629

Beta Ladies Saloon  
10th floor, Coral Suites Hotel  
Hamad Bin Abdullah Rd,  
Fujairah  
09-2244788

Butterfliez  
Ground floor, Fujairah Tower  
09-2244464

City Tower Hotel Wellness Spa  
& Salon  
Hamad Bin Abdullah Rd,  
Fujairah  
092236888

Concorde Salon  
Latest styles and treatments  
Concorde Hotel  
09-2249000

Dar Lama Fashion/Beauty Salon  
2nd floor Burj Al Wadi,  
Hamad Bin Abdullah Rd,  
Fujairah  
09-2226502

Farfalla  
Near Preventive Medicine Dept  
Al Faseel Area  
09-2227462

Glamorous Beauty Spa  
304 FEWA Building, Fujairah  
092224545  
0567078646 or 0528584940

Ilham Beauty Centre  
Near Emarat Centre  
09-2222338

Kerala Ayurvedic Massage Centre  
10th floor, Coral Suites Hotel  
Hamad Bin Abdullah Rd,  
Fujairah  
09-2244788

Ladies Salon 2002  
16 Buildings Complex  
Hamad Bin Abdullah Rd,  
Fujairah  
09-2229888

Marimar Ladies Salon  
Fujairah  
09-2223001

Mega Ladies Salon  
1st Floor Al Manama Hypermkt  
Car Showroom Road  
09-2220345

Murjanah Ladies Saloon  
Near Century Mall Fujairah  
09 2237476

New Manila Ladies Salon  
Opp Fujairah School Basic  
Education for Girls C2  
Near Own English High School  
09-2220012  
054-5160587

Princess Beauty Salon  
Opp. Choitram Supermarket  
09-2226211

Queens Ladies Salon  
Beside Safeer Market  
09-2226266

Riviera Beauty Centre  
Near Fujairah Medical Centre  
Faseel Rd,  
Fujairah  
09-2229066

Sarah Beauty Salon  
Al Basra Road  
Near White Village,  
Fujairah  
09-2233231

Shatha Beauty & Spa  
Novotel Hotel Fujairah  
Mezzanine Floor  
Hamad Bin Abdulla Road  
Fujairah  
09-2034966  
050-7906083

Synergy Healing Centre  
Opp Century Mall  
Fujairah  
09-2222778

The Beauty Salon  
1st floor, Radisson Blu Resort  
Fujairah  
Dibba – Fujairah  
09 2449700

Willow Stream Spa  
Health & Wellness Spa  
B1 Level, Fairmont Fujairah  
Beach Resort  
Mina Al Fajer, Dibba – Fujairah  
09-2041035

## HOTELS

Adagio Fujairah Aparthotel  
Studios and apartments  
Hamad Bin Abdullah Road  
09-223 9888

Al Bahar Hotel & Resort  
Luxury Hotel & Apartments  
Al Ghurfa, Corniche Road  
Fujairah  
09 2027000

Al Diyar Residence  
Hamad Bin Abdullah Rd,  
Fujairah  
09-2244660

California Suites Hotel  
Fujairah  
09-2222138

City Plaza Hotel  
Hamad Bin Abdullah Rd,  
Fujairah  
09-2222202

City Tower Hotel  
Four star deluxe premium hotel  
Hamad Bin Abdulla Rd Fujairah  
09 2236888

Clifton International Hotel  
4 Stars Deluxe Hotel Apts  
Hamad Bin Abdullah Rd,  
Fujairah  
09-2222021

Concorde Hotel Fujairah  
Hamad Bin Abdullah Rd,  
Fujairah  
09-2249000

Emirates Springs Hotel  
Apartments  
Hamad Bin Abdullah Rd,  
Fujairah  
09-2232922

Fairmont Fujairah Beach Resort  
Luxury Art-Inspired Resort, Mina  
Al Fajer, Dibba, Fujairah  
09-2041111

Fortune Residence Hotel Apts  
Al Fahim Street, Opp Ladies Park  
- Fujairah  
09-2244991

Fortune Royal Hotel  
Al Gurfa Road  
Fujairah  
09-2238886

Fujairah Beach Motel  
Faseel Rd (Coast Rd)  
09-2228111

Fujairah Rotana Resort & Spa  
Five star beach resort  
Al Aqah, Fujairah  
09-2449888

Holiday Beach Motel  
Al Faqet, Fujairah  
09-2445540

Ibis Fujairah Hotel  
International budget hotel  
Hamad Bin Abdullah Road  
09-223 9997

InterContinental Fujairah Resort  
Hotel  
Al Aqah  
Dibba Road - Fujairah  
09-2099999

Le Meridien Al Aqah  
Five star beach resort  
Al Aqah, Fujairah  
09-2449000

Miramar Al Aqah Beach Resort  
Five star beach resort Al Aqah,  
Fujairah  
09-2449994

Nour Arjaan Hotel apartments  
Hamad Bin Abdullah Rd,  
Fujairah  
09-2025555

Novotel Fujairah  
Four star hotel  
Hamad Bin Abdullah Road  
09-223 9999

Oasis Residential Suites  
Fujairah  
09-2232823

Oceanic Hotel  
Khorfakkan Corniche,  
Sharjah  
09-2385111

Radisson Blu Resort, Fujairah  
Five star beach resort  
Dibba - Fujairah  
09 2449700

Raynor Hotel Apartments  
Murbah  
09-2361116

Royal Beach Hotel & Resort  
Al Faqet, Fujairah  
09-2449994

Royal M Hotel Fujairah  
Hamad Bin Abdullah Rd,  
Haleefat Area, West Fujairah  
09-2012000

Sama Deba Hotel Apartments  
Dibba  
09-2440221

Sandy Beach Hotel  
Al Aqah, Fujairah  
09-2445555

Sea Side Furnished Flats  
Dibba  
09-2447553

Siji Hotel Apartments  
Luxury hotel apartments  
Al Nakheel Rd, Fujairah  
09-2232222

Uptown Hotel Apartment  
Kuwait Road  
Sikamkam, Fujairah  
09 2223580 / 2012000

## PHARMACIES

Bin Moosa Pharmacy  
9am - 2am  
Opp. Safeer Mall,  
Fujairah  
09-2227575

Family Pharmacy  
9am - 1am & 5pm - 10pm  
Nr Family Medical Hospital  
09-2222444

Fujairah Drug Store  
8:30am - 5:00pm  
Al Hayl Area,  
Fujairah  
09-2226669

## PHARMACIES

Fujairah Pharmacy (24 hours)  
Opp. Fish Mkt. Gurfah, Fujairah  
09-2229295

Fujairah Tower Pharmacy  
9am -1pm and 5pm -10pm  
G/F Fujairah Trade Centre  
09-2223979

Healthfirst Pharmacy  
Open 24 hours  
Fujairah  
09 222-9295

Hikma Pharmacy  
9am -1pm - 5pm -10pm  
Fuj Medical, Al Faseel Fujairah  
09-2231442

Ibn Sina Pharmacy  
9am -1pm & 5pm -11pm  
Beside Plaza Cinema  
or Arab Bank, Fujairah  
09-2220044

Lulu Pharmacy  
9am -12 midnight  
Lulu Hypermarket  
09-2233112

Mozoon Pharmacy  
Timing : 8.30 am to 1am  
Opp ADCB Sh. Hamdan Road  
Fujairah  
09-2244699

Nat'l Medical Centre Pharmacy,  
Gurfah  
9am -1pm & 5pm -9:30pm  
09-2222850

New Fujairah Pharmacy  
8:30am -1pm & 4:30 -10pm  
Nr Madina Supermarket,  
Al Gurfah  
09-2224820

Reem Pharmacy Opp. HSBC  
9am -1pm & 5pm -10pm  
Hamad Bin Abdulla Rd  
Fujairah  
09-2241124

Siji Pharmacy  
9am -1:30pm & 5-10:30pm  
Opp. Al Rostami Exchange  
Sh Zayed Rd, Fujairah  
09-2231540

Thumbay Pharmacy  
Open 24 hours  
Fujairah  
09-2244233 Extn 212

## RESTAURANTS

Abu Khalid Restaurant  
Indian/ Arabic  
Park Road, Fujairah  
09-2224592  
050-5409708

Al Afrah Cook  
Indian/ Arabic  
Fujairah  
09-2224238  
Al Amwaj Restaurant Takeaways/  
Delivery Indian  
Qidfa, Fujairah  
09-2380191

Al Aseel Restaurant & Cafeteria  
Indian Delicacies  
Near Safeer Rbt, Fujairah  
09-2227244

Al Baghdadi Rest. & Cafeteria  
Sandwich/Arabic/Indian  
Hamad Bin Abdullah Rd,  
Fujairah  
09-2229105

Al Bake Restaurant & Cafeteria  
Takeaways/ Delivery Service  
Al Ghorfa Road, Fujairah  
09-22373779  
050-4343279 or 055-7530035

Al Diwan Restaurant  
International cuisine  
Al Diar Siji Hotel, Fujairah  
09-2232000

Al Khaleej Coffee Shop  
Park Road, Fujairah  
09-2224353

Almahbash Alshaabi Restaurant  
Fahim Street, Fujairah  
09-2225445

Al Mabrook Restaurant  
Filipino Food  
Fahim Street, Fujairah  
09-2231372/2243686

Al Majalis Restaurant  
Shisha/Arabic/Moroccan  
City Tower Hotel  
Hamad Bin Abdullah Rd  
09-2236888

Al Majilis  
International Buffet/ A la Carte  
Miramar Hotel, Al Aqah, Fujairah  
09-2449994

Al Malaki Coffee Shop  
Wireless Playstation  
Fahim Road, Fujairah  
09-2249009

Al Melaka Al Kabira restaurant  
Filipino Food  
Al Matar Road (Airport Road)  
Fujairah  
09-2221617  
050-9065694

Al Meshwar Restaurant  
Lebanese cuisine  
16 Buildings Complex  
Hamad Bin Abdullah Rd,  
Fujairah  
09-2231113

Al Nafoora Restaurant  
Continental/Oriental/ Italian  
Coral Suites Hotel  
Hamad Bin Abdullah Rd, Fujairah  
09-2244788

Al Nafoora Spring Restaurant  
King Faisal Road  
Al Faseel, Fujairah  
09-2224842/41

Al Narjan  
Cafeteria/Restaurant  
Al Fahim Street,  
Fujairah  
09-2223301

Al Nokhada Restaurant  
Arabic Seafood cuisine  
2nd floor, Radisson Blu Resort  
Dibba – Fujairah  
09-2449700

Al Rais Cafeteria  
Park Road, Fujairah  
09-2233188/2227400  
050-3525799

Al Rihla Restaurant  
All day dinning Millennium Hotel  
Haleefat Area, West Fujairah  
09-2012000

Al Roof Restaurant Int'l  
Emirate Springs Hotel  
Hamad Bin Abdullah Rd,  
Fujairah  
09-2232922

Al Sawaqi Cafeteria  
Nadah Road, Fujairah  
09-2241881

Al Shamaa Cafeteria & Rest  
Al Fahim Street, Fujairah  
055-4580851

Al Shami Cafeteria & Rest  
Fujairah  
09-2243404

Al Tarboush Restaurant  
Arabic Takeaways/ Delivery  
Hamad Bin Abdullah Rd,  
Fujairah  
09-2243399

Al Qasar Al Afghani Bukhari Rice  
Opposite Ladies Park, Al  
Muntazah Street, Fahim Street,  
Fujairah  
09-2222410

Al Wahda Rest & Cafeteria  
Indian Cuisine  
Near Safeer Shopping Mall  
Off Fahim Street  
Fujairah  
09-2231786

Al Zaman Restaurant  
Sandwich/ Coffee/ Juice  
Park Road, Fujairah  
09-2242297

Aquarius Pool Café  
Nour Arjaan by Rotana  
Hamad Bin Abdullah Rd,  
Fujairah  
09-2025555

Arous Al Bahar  
Lebanese/Takeaways  
Dallah Roundabout, Fujairah  
09-2227866 or 09-2224580

Arteasan  
Tea Room  
Lobby Level, Fairmont Fujairah  
Beach Resort, Mina Al Fajer,  
Dibba, Fujairah  
09-2041111

Babylon Cafeteria  
Sandwich/ Breads/ Arabic  
Fujairah Trade Centre  
Hamad Bin Abdullah Rd  
Fujairah  
09-2222969

Baniyas Cafeteria  
Merashid Road, Fujairah  
09-2225562  
055-9110507

Belle View  
Concorde Hotel Fujairah  
Hamad Bin Abdullah Rd,  
Fujairah  
09-2249000

Bin Hafeer Cafeteria  
Sharwamas/sandwiches/juices  
Fujairah  
09-2236133  
050-5905100

Bon Appetit  
Continental/Indian/Italian/Arabic  
Mohammed Bin Mattar Road  
Fujairah  
09-2230066

Burger Lab  
Takeaway/Delivery  
Fujairah Trade Centre  
Fujairah  
09-2222700

Breeze Restaurant  
All day dining buffet  
1st floor, Radisson Blu Resort  
Dibba – Fujairah  
09-2449700

Caesars Restaurants & Confect  
Rostamani Building,  
Hamad Bin Abdullah Rd  
Nr Nissan Showroom, Fujairah  
09-2249900

Café Pronto  
European Bistro  
B3 Level, Fairmont Fujairah  
Beach Resort, Mina Al Fajer,  
Dibba, Fujairah  
09-2041111

Canvas  
International, All-Day-Dining  
B1 Level, Fairmont Fujairah  
Beach Resort  
Mina Al Fajer, Dibba, Fujairah  
09-2041111

Chowking  
Chinese -Takeaways/ Delivery  
Fujairah City Centre  
09-2235737

Copper Lobster  
Seafood & Gastro Bar  
Fairmont Fujairah Beach Resort,  
Mina Al Fajer, Dibba,  
09-2041111

Cream & Honey Cafe,  
Desserts  
Fujairah Trade Centre  
Hamad Bin Abdullah Rd,  
Fujairah  
09-2235500

Curry House  
Takeaways/ Delivery Service/  
Indian Delicacies  
Opp road to HSBC, Fujairah  
09-2244228

Dibba Rock Restaurant  
Continental  
Royal Beach Hotel & Resort  
Al Faqheet, Fujairah  
09-2449444

Dolci Paris  
International Cuisine  
Nr Lulu Hypermarket,  
Fujairah  
09-2237008

Dosa Hut Restaurant  
Indian/Free Home delivery  
Al Manama Hyper Market,  
Fujairah  
052-4377155

## RESTAURANTS

Drift Beach Bar & Grill  
InterContinental Hotel  
Al Aqah, Fujairah

09 2099999  
0561610874

Eeva Cafeteria  
Park Road, Fujairah

09-2226390

Emirates Sea Restaurant  
Multi-cuisine  
Corniche Road, Fujairah

09 222 2785

Family Restaurant  
Chinese, Arabic, Indian  
Mina Road, Fujairah

050-6290292

Fatafeat Cafeteria  
Off Jamiya Road, Fujairah

09-2238382

Felfela Cafeteria  
Park Road, Fujairah

09-2239559

Mob 055-2877622

Fortune Restaurant  
Indian/ Chinese  
Fortune Residence Apartment  
Hotel, Fujairah

09-2244991

Fresh Express Restaurant &  
Catering  
Merashid/Rughalt Road  
Fujairah

09-2237440

055-9940500

Fujairah Star Restaurant  
Indian/Arabic  
Fujairah

09-2225337

Garden Valley Restaurant  
Merashid/Rughalt Road  
Fujairah

09-2221526

Golden Fork Restaurant  
Takeaways/ Delivery Service  
Khorfakkan Corniche

09-2387085/2387092

Gonu Bar & Grill  
Fish/ Seafood/ Meat grill  
Beach front  
Le Meridien Al Aqah, Fujairah

09-2449000

Grand Bleu Restaurant  
Beachside, Ground floor,  
Radisson Blu Resort,  
Dibba - Fujairah

09-2449700

Green Belt Restaurant  
Indian and Pakistani  
Cinema Road, Khorfakkan

09-2383759

052-2260941

Green Valley Restaurant  
Indian/Chinese  
Takeaways/ Delivery  
Hamad Bin Abdullah Rd, Fujairah

09-2224929

Hadramout Mandi  
Yemenite Restaurant  
Gurfa Road, Fujairah

09-2222988

Hanin Restaurant  
Filipino  
Fujairah

09-2249394

Hardees Fast Food  
Hamad Bin Abdullah Rd,  
Fujairah

600 569000

Hatam  
Iranian Restaurant/Takeaway  
Fujairah City Centre Mall

055-9567204

09-2440540

Heatwave  
Pub/DJ  
Radisson Blu Resort Fujairah  
Dibba - Fujairah

09-2449700

Horizon  
Lobby lounge & bar  
InterContinental Hotel  
Al Aqah, Fujairah

09 2099999

IAMMAI  
Pool bar light bites - shisha

B1 Level, Fairmont Fujairah  
Beach Resort, Mina Al Fajer,  
Dibba, Fujairah

09-2041111

Iqbal Restaurant  
Takeaways/ Delivery Service  
Arabic/ Indian  
Salam Street

09-2224969

Iran Restaurant & Bakery  
Takeaways/ Delivery Service  
Sheikh Zayed Rd,  
Fujairah

09-2223370

Irish Sports Corner  
Bar, Club, Finger Food  
Clifton Hotel,  
Hamad Bin Abdullah Rd, Fujairah

09-2244788

0559548335

Jabal Safad Cafeteria & Rest  
Takeaways/ Delivery Service,  
Arabic Food  
Ghorfa Fish Market

09-2242088/2242055

055-8289019

Jiddah Palace Restaurant  
Takeaways/ Delivery Service  
Opp road to HSBC,  
Fujairah

09-2233526

Joe's Sports Bar  
Royal M Hotel Fujairah  
Haleefat Area,  
West Fujairah

09-2012000

Karachi Darbar Restaurant  
Takeaways/ Delivery Service  
Opp. Cinema Plaza

050-6498883

Kentucky Fried Chicken (KFC)  
Takeaways/Delivery Service/  
Hamad Bin Abdullah Rd, Fujairah

600522252

Kairali Indian Restaurant  
City Tower Hotel  
Hamad Bin Abdullah Rd

09-2236888

Lari Adda Restaurant.  
Pakistani & Indian Cuisine  
Next to HSBC Bank,



Khalifa Khamees Matar Bldg,  
Hamad Bin Abdullah Road,  
Fujairah 09-2364411

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Lava Dining  
Casual Dining, Bar  
Fairmont Fujairah Beach Club,  
Mina Al Fajer, Dibba,  
Fujairah 09-2041111

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Lava Lounge  
American, Mexican, Japanese  
Building 3, 16 Buildings  
Hamad Bin Abdullah Rd  
Fujairah 09-2364463

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Layali Al Sham Restaurant  
Off Hamad Bin Abdullah Rd,  
Fujairah 09-2237575  
050-1901700

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Little White Restaurant  
Takeaways/ Delivery Service  
Emirates Trade Centre  
Sh Zayed Rd, Fujairah 050-3936132

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Lulu Restaurant & Cafeteria  
Fahim Street, Fujairah 09-2221969/49

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Mabuhay Restaurant  
Filipino Food  
Sh Zayed Rd,  
Fujairah 09-2231372/ 2243686

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Maharath Al Bahar Cafeteria  
Hamad bin Abdullah Rd  
Fujairah 09-2226963  
050-7108083

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Malabar Palace Restaurant  
Takeaways/ Delivery Service  
Fujairah 050-2706897

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Malik Indian Restaurant  
South & North Indian/Chinese  
Sheikh Zayed Bin Sultan Street,  
Fujairah 09 2222783  
050 8852678

Mammone  
Italian food  
Iberotel Miramar Beach resort  
Al Aqah,  
Fujairah 09-2449994

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Manila Beats  
Filipino Club & Restaurant  
City Tower Hotel  
Hamad Bin Abdullah Rd  
09-2236888

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Mashriq Mukalla Mandi  
Restaurant  
Indian/Arabic, South Indian Food  
Airport Road  
Fujairah 09 2227074/2227075  
056 6262729

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Maxims Multicuisine Restaurant  
A la carte / International Buffet  
City Tower Hotel  
Hamad Bin Abdullah Rd  
09-2236888

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McDonalds  
Takeaways / Eat in / Fast Food  
EPPCO Petrol Station  
Al Faseel Road (Beach Rd)  
Fujairah 09-2281863

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McGettigans Irish Bar  
Tennis & Country Club,  
Back side of Colleges  
Nr Fujairah City Centre  
09-2244880

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Mistral Restaurant  
Middle Eastern & Mediterranean  
Fujairah Mall  
Millennium Hotel  
Fujairah 09-2012000

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Mozaique Restaurant  
International Buffet  
Fujairah Rotana Resort & Spa  
Al Aqah, Fujairah 09-2449888

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Modern Restaurant  
Arabic, Indian and Chinese  
Dhadna, Fujairah 09 2445733/2445227  
058-9007071

Murjan Café & Restaurant  
Nour Arjaan by Rotana  
International cuisine  
Hamad Bin Abdullah Rd,  
Fujairah 09-2025555

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Nalukettu  
Indian/ Chinese  
City Plaza Hotel.  
Hamad Bin Abdullah Rd,  
Fujairah 09-2223070

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Nama Global Dining  
InterContinental Hotel  
Al Aqah, Fujairah 09 2099999

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New Damascus Restaurant  
Takeaways / Delivery Service,  
Arabic food  
Gurfah Rd, Fujairah 09-2222281

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Namaste  
Nepalese Cuisine (Delivery)  
Off Hamad Bin Abdullah Rd,  
Fujairah 09-2225227

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Dosas House  
Takeaways/ Delivery Service  
Seafood/Fish/Chicken  
Back Dubai Islamic Bank  
Off Hamad Bin Abdullah Rd,  
Fujairah 09-2232997  
050-7464164

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O'Learys Sports Restaurant  
American Style  
Fujairah Mall  
Sheikh Khalifa Bin Zayed Road  
Fujairah 09-2235356

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Opera Cafe  
International cuisine  
Fujairah Trade Centre  
Hamad Bin Abdullah Rd,  
Fujairah 09-2222739

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Oriental Restaurant  
Malaysian/Asian food  
Close to old Etisalat,  
Fujairah 09-2221877

## RESTAURANTS

Pablo Cafe  
Fujairah Trade Center  
Fujairah 09-2244900

Panero Lobby Café  
Royal M Hotel  
Hamad Bin Abdullah Rd,  
Fujairah, Haleefat Area,  
09-2012000

Panino  
Lebanese  
Fahim Street, Fujairah  
09-2237772

Papa Johns  
Pizzas/Takeaway  
ENOC Gas Station, Fujairah  
Mob 050 9805046

Photo Cafe & Restaurant  
Al Hilal City  
Fujairah 09-2225591

Pizza Express  
Pizza and Italian food  
Fujairah City Centre  
09-2236467

Pizza Hut  
Pizza/Italian food  
16 Buildings Complex  
Hamad Bin Abdullah Rd,  
Fujairah  
09-2243434

Pizza Inn  
Takeaways/ Delivery Service  
Fujairah Trade Centre  
09-2222557

Port Saeed Restaurant  
Takeaways/ Delivery Service  
Fujairah 09-2241311  
RC Pub  
Pub Grub/Chinese/Continental  
City Tower Hotel  
Hamad Bin Abdullah Rd  
09-2236888

Regal Restaurant  
Takeaways/ Delivery Service  
Sheikh Zayed Road,  
Fujairah  
09-2222756

Royal Rest. & Cafeteria  
Sandwich/Arabic  
Rugalat, Kalba Rd  
09-2226688

Ruqaq Alkhaleej Restaurant  
Meraschid/Rughalt Road  
Fujairah  
09-2232773  
055-5916388

Sadaf Restaurant  
Persian - Takeaways/ Delivery  
Beside Hilton, Corniche  
09-2233400

Safari Restaurant  
Continental  
Fujairah Beach Motel  
On Rdbt, Faseel Rd,  
Fujairah  
09-2228111

Sagar Restaurant  
Takeaways/ Delivery Service  
Park Rd, Fujairah  
09-2231411

Sajidha Cafeteria & Restaurant  
Indian and Chinese  
Quidfa, Fujairah  
09-2380046  
050-3900801

Salu Salo  
Takeaways/Delivery -Filipino  
Hamad Bin Abdullah Rd,  
Fujairah  
09-2233400

Samakino Seafood  
Concorde Hotel  
Hamad Bin Abdullah Rd,  
Fujairah  
09-2249000

Sana Chicken Restaurant  
Fried chicken/sandwiches  
Meraschid/Rughalt Road  
Fujairah  
09-2233519/2233517

Sapore  
Italian food  
Le Meridien Al Aqah,  
Fujairah  
09-2449000

Sausiri Restaurant  
Sri Lankan  
Behind Al Rostamani Exchange  
Off Jamiya Road,  
09-2224060  
050-5192492

Sensasia  
Asian Fusion  
Miramar Hotel Al Aqah, Fujairah  
09-2449994

Shahrazad Palace  
Iranian/Delivery Service  
Hamad Bin Abdullah Rd, Fujairah  
09-2233877

Silver Spoon Rest & Cafeteria  
Ghorfa, Fujairah  
09-233484  
050-3241421

Special Tikka Restaurant  
Meraschid Road, Rughalt,  
Fujairah  
09-2220206

Shakespeare and Co  
Café Restaurant  
1st Floor, Century Mall Fujairah  
09-2234891

Swaad  
Indian food  
Le Meridien Al Aqah  
Al Aqah, Fujairah  
09-2449000

Subway  
Fresh Subs & Salads/Delivery  
EPPCO Petrol Station,  
Mina Rd  
055-6858250  
Fujairah City Centre  
09-2236657

Taste  
Thai/ Asian Fusion  
Le Meridien Al Aqah  
Al Aqah, Fujairah  
09-2449000

The Bookstore  
Ground Floor Novotel Hotel  
Hamad Bin Abdullah Rd,  
Fujairah  
09-2034941

The Orangery  
Ground Floor  
Fujairah Tower  
Hamad Bin Abdullah Rd,  
Fujairah

09-2222787

Thai Express  
EPPCO Gas Station  
Al Faseel Road, Fujairah

09-2238129

Thalassery Restaurant  
Off Hamad Bin Abdullah Rd,  
Fujairah

09-225223/2229224

Thamburu  
Indian/Continental  
California Suites Hotel,  
Back of Union Nat'l Bank  
Fujairah

09-2222138

Tharavad Indian Restaurant  
Fortune Hotel Apartment,  
Fahim Street,  
Fujairah

09-2244934/991

The Sailors Restaurant & Cafe  
Fujairah Int'l Marine Club,  
Fujairah Corniche

09-2221600

The Salad Bar  
Fujairah Trade Centre  
Hamad Bin Abdullah Rd,  
Fujairah

09-2244244

The Salad Bar  
Sakamkam  
Fujairah General Trading Bldg

09-2244244

The Terrace Restaurant  
Tiffin & Bites,  
Thumbay Hospital  
Sheikh Khalifa Bin Zayed Road,  
Fujairah

09-2053855

United Cafeteria Restaurant  
Takeaways/ Delivery Service  
Old Etisalat,  
Fujairah

09-2225977

View Pool Bar  
Royal M Hotel  
Hamad Bin Abdullah Rd,  
Fujairah, Haleefat Area,  
09-2012000

Views  
International Buffet  
Le Meridien Al Aqah, Fujairah  
09-2449000

Waves Restaurant  
Fish/ Seafood/ Meat grill  
Fujairah Rotana Resort & Spa  
Al Aqah, Fujairah  
09-2449888

Zamarod Al Afghani Rice Bukhari  
Restaurant  
Off Hamad Bin Abdullah Rd,  
09-2233260  
050-6889367 / 055-3488511

ZO Restaurant  
Fine Dining  
Al Nakheel Rd - Fujairah  
09-2222979

## EMERGENCY SERVICES

Ambulance	998/999
Fire Station	997
Police Station	999
Directory Enq	181

## OTHER SERVICES

Fujairah Hospital	09 2242999
Al Sharq Hospital	09 2249999
Thumbay Hospital	09 2244233
Airport Enquiries	09 2226222
Post Office	09 2222235
Cinema	09 2243100

**CLIMATE:** The sun shines year round but Oct. to March, the days are pleasant (26°C, nights 15°C) Summer is April to Sept. and temperatures peak around 50°C with high humidity. The sun can be fierce so heatstroke, heat exhaustion are always a risk. Sunglasses, hats, and high factor sun creams are essential, especially for children.

**DRESS:** As in many Arab/Muslim countries dress should be modest. Wearing revealing tops or shorts in public places is not advisable.

**CURRENCY:** The dirham (pronounced dir-ham) is the UAE official currency. Dirham notes are in 5, 10, 20, 50, 100, 200, 500, and 1000 denominations. The dirham is divided into 100 fils. Coins are 1 dirham, 50, 25, 10 and 5 fils.

**Credit cards:** Major credit cards are widely accepted by car rental companies, the bigger stores, hotels and some restaurants, however you should carry some cash for general shopping and eating out at smaller establishments.

**Exchange:** There are no currency regulations and foreign currency of almost any denomination is readily exchanged in the UAE The dirham is index linked to the US dollar. 1\$ = Dhs 3.68. The exchange centres are found throughout the UAE such as the UAE Exchange Centre, opening hours are from 8:30am right through to 9:30pm, 365 days a year. Banks: Most Banks open at 8:00 am and close at 1:00 except Mashreq Bank who open until 4:15pm. They are closed all day Friday and public holidays.

**SHOPPING/TIPPING:** Bargaining is expected, especially in souqs, where prices can drop dramatically. Tipping is common for most services but it is not obligatory.

## PUBLIC HOLIDAYS

Religious holidays are tied to the Islamic calendar and therefore dates vary. Friday is the Muslim holy day. Islamic Public Holidays are often not announced until a day or two before they occur:

(During the Holy Month restaurants and shops close during the day, and office hours during Ramadan are often reduced by two hours daily. The end of Ramadan is marked by Eid Al Fitr.)

## 2020

1 January	New Year's Day
24 April	Beginning of Ramadan
23/24 May	Eid al-Fitr
30 July	Arafat Day
31 July	Eid al-Adha
19/20 August	Islamic New Year
28/29 October	Prophet's Birthday
30 November	Commemoration Day
2/3 December	National Day*

\*(UAE National Day is celebrated with streets and buildings lit up and decorated across the Emirates and there are many special events and programmes over several days.)

## Fixed Holidays

Death of a minister or member of the royal family is usually marked by 3 days official mourning.

## WARDENS

Britons  
Virginia Valentine 050 4843470 – Warden  
Egyptians  
Dr. R Housan 050 4909701  
Egyptian Club 09-2223724  
Sweden  
Capt. Ingemar Porathe 050 6457673  
Philippines  
Mrs. Maria Theresa Bautista 050-5106170  
Sri Lankans  
Mr. Tony De Costa 050 4551546  
Mr. Rohan Ajith 050 6496133  
Mr. Ajantha Ratnayaka 050 6707776  
Mr. Mayawan Sivaselvam 050-4708816  
Indians  
Dr. P. Abdulrahman 09 2243000  
Mr. Hashim 050 4842942 / 09 2221155  
Mr. Manaf 050-4891782  
Email: [isfuj@emirates.net.ae](mailto:isfuj@emirates.net.ae)

## Map & Motoring Distances between main cities in the UAE



### Fujairah to Abu Dhabi corniche

256 kilometres via Sheikh Khalifa Bin Zayed Rd, Maleha Road aka Sharjah /Kalba Road, E611 and Yas Island, approx 2 hour 28 minutes.

### Fujairah to Ajman

117 kilometres via Sheikh Khalifa Bin Zayed Rd, Maleha Road aka Sharjah /Kalba Road, turn direction eastwards onto E611 and take the ramp onto E88 approx 1 hour 14 minutes

### Fujairah to Al Ain

228 kilometres via Sheikh Khalifa Bin Zayed Rd, through Maleha village, Madam roundabout and E55, approx 1 hour 58 minutes

### Fujairah to Dibba and Musandam

68 kilometres via Khorfakkan/Al Aqah coast road, E99, approx 1 hour 13 minutes

### Fujairah to Dubai (Burj Khalifa/Dubai Mall)

124 kilometres via Sheikh Khalifa Bin Zayed Rd, Maleha Road aka Sharjah /Kalba Road, turn direction westwards E611, approx 1 hour 19 minutes

### Fujairah to Hatta

65 Kilometres through Kalba, through Kalba Tunnel and onto E102, approx 1 hour 11 minutes

### Fujairah to Oman border (Kalba)

18 Kilometres through Kalba on E99 till Oman border crossing approx 22 minutes. On entering Oman it is a straight road to Muscat - 3 hours 16 minutes.

### Fujairah to Ras Al Khaimah

111 kilometres via Masafi, turn onto E88 then left onto E18, approx 1 hour 40 minutes

### Fujairah to Sharjah (King Faisal St)

115 kilometres via Sheikh Khalifa Bin Zayed Rd, Maleha Road aka Sharjah /Kalba Road approx. 1 hour 23 minutes.

### Fujairah to Umm Al Quwain

114 kilometres via Masafi, turn onto E88 then left onto E55 approx. 1 hour 35 minutes.

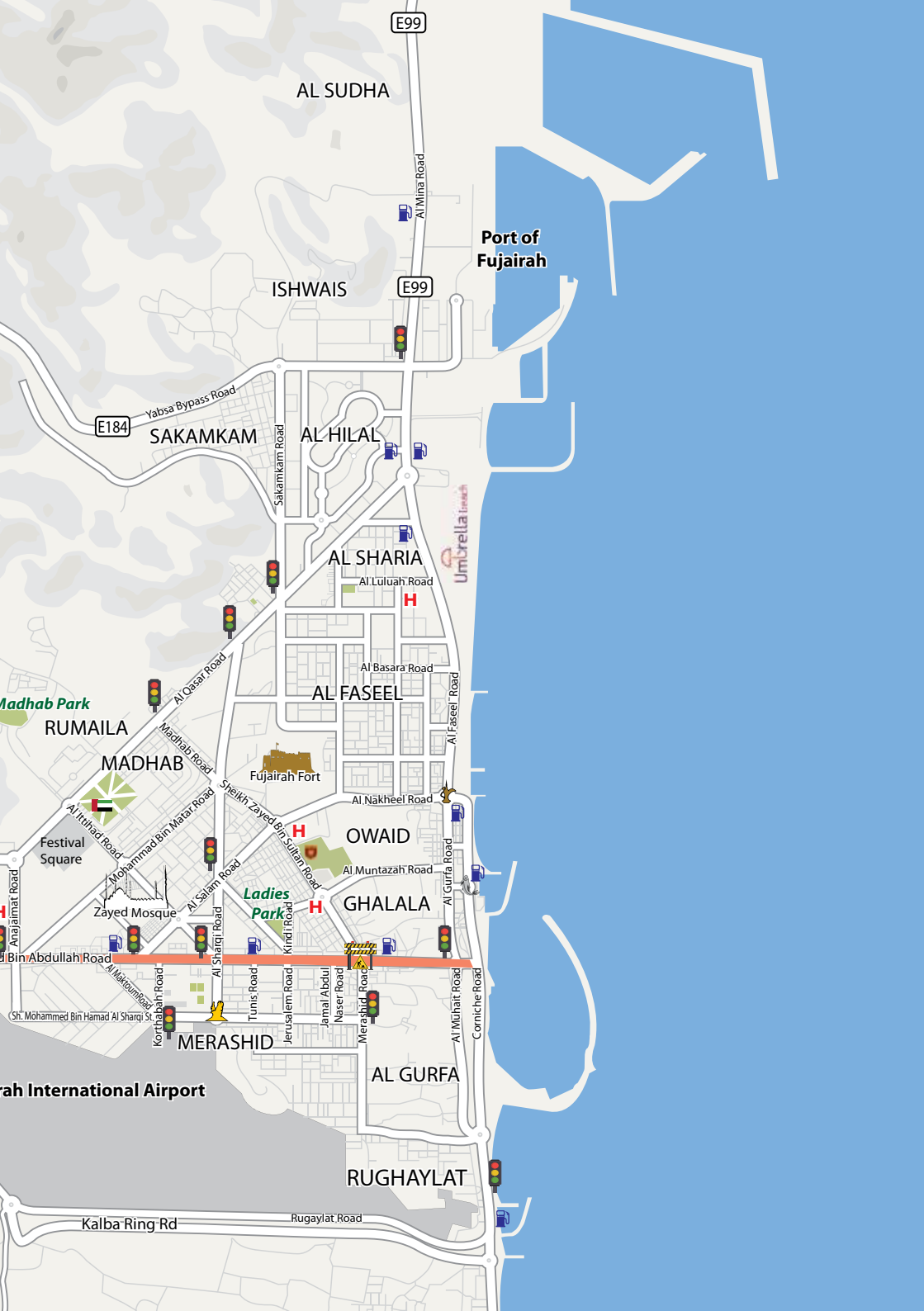
**Speed limits are strict! Built-up areas 60– 80 kph and 100/110/120 kph for cars on major roads.**



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# FUJAIRAH





E99

AL SUDHA

E99

ISHWAIS

Port of  
Fujairah

E184

SAKAMKAM

AL HILAL

AL SHARIA

Umbrella Beach

AL FASEEL

RUMAILA

MADHAB

Madhab Park

Festival  
Square

Fujairah Fort

OWAID

GHALALA

Ladies  
Park

MERASHID

AL GURFA

Fujairah International Airport

RUGHAYLAT

Kalba Ring Rd

Rugaylat Road

## Blue Planet Journal - Brook and Gaurav Bhagat

### Aquarius (January 21 - February 18)

This month, you'd better be ready to face your deepest fears. By that I mean that if you don't do something about that green stuff growing on the inside door of the fridge, it's going to do something about you.

### Pisces (February 19 - March 20)

You've been letting the little things bother you more than you should. For example, you may have been overreacting when a certain someone ate the last avocado and you spray-painted "avocado glutton" on their car. No offence.

### Aries (March 21 - April 19)

You continue honouring your New Year's resolution to inhale less. Two exhales per inhale seems a favourable ratio, and you see the benefits accrue. Reduced lightheadedness. Noticeably quieter sighs. Even an unexpected, though miniscule, weight loss. But with all that exhaling, make sure to keep a large supply of breath mints on hand. Your friends will thank you.

### Taurus (April 20 - May 20)

As always, your new career plans will come from watching late-night T.V. infomercials. Your idea is to combine the best of the world of cooking and the world of luxurious spa items in a new product called "garlic salt bath crystals." Brilliant as it is, you are ahead of your time, and will once again be misunderstood by the public, due to their archaic idea that garlic belongs in the kitchen. That and their dislike of the burning sensation...

### Gemini (May 21 - June 20)

In the spirit of service, you volunteer this month to bring food to the housebound elderly – whether they want it or not – and to staff the local hospital's Tepid Line, for people calling in with problems that aren't really a crisis.

### Cancer (June 21 - July 22)

You drive back to the neighbourhood of your youth and notice the houses look smaller and the blocks seem shorter. You're unsettled by this until you see in his front yard the chubby 6th grader who used to bully you, and realize you're now much bigger than him. Smelling the sweet scent of revenge, you tease him about his backpack and provoke him into a fight.

### Leo (July 23 - August 22)

This month, your neighbour shames you for going out to the mailbox in your pyjamas and slippers. You confront him, asserting your right to wear what you wish on your own property. It's all bluster, though, and for the rest of the month you are sufficiently chastened that you don't make that trek to the mailbox unless suitably dressed in sneakers, white linen slacks, suspenders, a denim vest, a gender-neutral lime green infinity scarf, and a porkpie hat.

### Virgo (August 23 - September 22)

I know you are, but what am I? And: Stop hitting yourself! Stop hitting yourself! Stop hitting yourself!

### Libra (September 22 - October 22)

You will finally learn to live in the present moment by giving away all your shoes and socks in order to feel the love of Mother Earth directly wherever you go. I don't want to ruin the surprise, but you're going to step in some very poignant love while frolicking at the dog park.

### Scorpio (October 23 - November 21)

As you make your way through February, recall grandma's admonition that you can catch more flies with honey than with vinegar. Indulge your curiosity by experimenting with other potential fly-attractants: cinnamon, saffron, peanuts, silken tofu. You'll undoubtedly find none of these an improvement over the original ingredients. Like many of us, flies just find that sweet 'n' sour formula irresistible!

### Sagittarius (November 22 - December 21)

Committed to expanding your knowledge of the animal kingdom, you travel to the zoo this month. In your journal, you record observations of the social behaviour of the meerkats, the frolicking of Grevey's zebra, and the obvious rage of caged birds of prey with clipped wings. But your learning curve flattens out at the primate display, where the orangutan leaning against the glass challenges you to a staring contest and you are simply unwilling to concede.

### Capricorn (December 22 - January 20)

This month you decide to further your education. You learn CPR, sharpen up your knitting technique, and master the basics of Microsoft Excel, but get kicked out of your adult ed. ornithology class when you can't quit giggling at the name blue-footed booby.

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Founded in 2001 we are known for our strong community ethos.**

Our team is proud to provide an up-to-date informative platform to the public- young and old and residents- new and not so new!

We focus on providing the best service to our readers, our advertisers and our supporters.

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Advertising with us gives your business a unique opportunity to get access to the people of Fujairah.

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الذئبية



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Gulf Spring Contracting



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