Fujairah @ bserver

December 2020









Aims & Objectives

- . Develop strategies for investment in the Oil & Gas Industry in the region.
- Develop local and international compatible Oil & Gas Industry Standards relating to Health, Quality, Safety, and Environment.
- Implement the Standards, Rules & Regulations, Codes of Practice within FOIZ.
- . Develop robust Business and Technical Assurance Plans.
- Develop Risk Management Plans
- Provide land to the investors & extend the precincts of FOIZ through sea-reclamation.
- · Assist in the procurement of utilities.

FOIZ sits at the heart of the new energy corridor that stretches from the East of the Suez Canal to Asia and has a vast array of capabilities, including oil transmission pipeline connectivity with Abu Dhabi, vast oil storage facilities, supporting utilities infrastructure, and a deep water port. Since September 2016, the Port is also home to the first very large crude carrier (VLCC) jetty on the Indian Ocean.

FEDCom (Fujairah Energy Data Committee) established under the aegis of FOIZ in collaboration with S & P Global Platts publishes data comprising of weekly inventory levels of various terminals established within FOIZ. This has enhanced market transparency. Publishing the weekly inventory data is to set targets, including establishing Fujairah as the region pricing center, leading global & trading energy hub next to major pricing, trading and energy centers of the world.

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H.H. Sheikh Khalifa Bin Zayed Al Nahyan UAE President & Ruler of Abu Dhabi



H.H. Sheikh Mohammed Bin Rashid Al Maktoum UAE Vice President, Prime Minister & Ruler of Dubai



H.H. Sheikh Dr. Sultan Bin Mohammed Al Qasimi Ruler of Sharjah



H.H. Sheikh Hamad Bin Mohammed Al Sharqi Ruler of Fujairah



H.H. Sheikh Humaid Bin Rashid Al Nuaimi Ruler of Ajman



H.H. Sheikh Saud Bin Saqr Bin Mohammed Al Qasimi Ruler of Ras Al Khaimah



H.H. Sheikh Saoud Bin Rashid Al Moalla Ruler of Umm Al Quwain



Fujairah Observer and its readers would like to extend congratulations to the Rulers of the United Arab Emirates on the occasion of the 49th National Day We offer our sincere wishes for the UAE's continued success and prosperity.



Editor's Letter

Dear Readers.

First let me extended the sincerest congratulations to the UAE's leadership and its people on the occasion our 49th National Day!

The UAE National Day is a wonderful occasion to celebrate the unity, vibrancy and diversity of this great nation and in a year that has been tainted with a global pandemic we can see a effort to create a new normal.

We can all enjoy the city's beautiful patriotic lights but please we must remember to follow UAE guidelines and STAY SAFE for the benefit of everyone.

Merry Christmas and Happy New Year.

Enjoy the perfect weather and enjoy this month's issue

Dr. Mohammed Saeed Al Kindi. Editor-in-Chief





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OUDLY SUPPORTING FUJAIRAH FOOTBALL CLUB



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The Publishers and our Contributors have endeavoured to ensure that all information inside this magazine is correct at the time of going to press. We regret we cannot accept liability for errors or omissions contained in the publication whatever the cause. Opinions expressed in the magazine do not necessarily reflect the opinions of Publishers or the Contributors.

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Ruler highlights solidarity, compassion of Emiratis on Flag Day



H.H. Sheikh Hamad bin Mohammed Al Sharqi, Supreme Council Member and Ruler of Fujairah, highlighted the importance of celebrating "Flag Day," which is a national occasion that reflects the solidarity and compassion of the Emirati people.

It is also an opportunity to express feelings of love and loyalty towards the UAE's Founder, the late Sheikh Zayed bin Sultan Al Nahyan, Sheikh Hamad added.

He made this statement while raising the flag in the front yard of the Ruler's Palace in Al Rumaila to celebrate Flag Day, in the presence of H.H. Sheikh Mohammed bin Hamad bin Mohammed Al Sharqi, Crown Prince of Fujairah, and H.H. Sheikh Maktoum bin Hamad Al Sharqi.

"Celebrating Flag Day each year highlights the importance of reiterating our loyalty to our nation, in light of the overall achievements witnessed by

the country, under the leadership of President His Highness Sheikh Khalifa bin Zayed Al Nahyan," Sheikh Hamad said.

Sheikh Hamad extended his greetings to His Highness Sheikh Khalifa bin Zayed, and His Highness Sheikh Mohammed bin Rashid Al Maktoum, Vice President, Prime Minister and Ruler of Dubai, and His Highness Sheikh Mohamed bin Zayed Al Nahyan, Crown Prince of Abu Dhabi and Deputy Supreme Commander of the UAE Armed Forces, and Their Highnesses Supreme Council Members and Rulers of the Emirates.





Ruler reviews progress of Dibba Sports Club Stadium project



H.H. Sheikh Hamad bin Mohammed Al Sharqi, Supreme Council Member and Ruler of Fujairah, reviewed the progress of the Dibba Fujairah Sports Club Stadium project in Al Ras, Dibba Fujairah, reflecting his keenness to monitor vital development projects that serve the emirate's citizens and residents.

During his visit, accompanied by Mohammed Saeed Al Dhanhani, Director of the Emiri Court of Fujairah, Ahmed Al Dhanhani, Chairman of the Board of Directors of the Club, and several local officials, Sheikh Hamad was briefed by the project's field engineers and officials about the stadium's details, the progress of the work, and plans that were implemented using advanced technologies to meet the needs of the area's residents.

Sheikh Hamad stressed that the infrastructure projects currently being carried out in Fujairah are in line with the economic and development needs of the local community, and meet the emirate's sustainable development requirements. The estimated cost of the project is some AED100 million.

Dibba Fujairah Sports Club Stadium, with a capacity of 10,000 spectators, is the newest in the country and meets the requirements of the UAE Pro League and the Asian Football Confederation for holding regional championships.



Ruler directs relevant authorities to accelerate work on Dibba Port



H.H. Sheikh Hamad bin Mohammed Al Sharqi, Supreme Council Member and Ruler of Fujairah, directed the relevant authorities to accelerate the pace of work on Phase I of the development of Dibba Fujairah Port, to make it a multi-purpose commercial port by the end of 2022.

He gave his instructions yesterday while visiting the port to review its progress, accompanied by Mohammed Saeed Al Dhanhani, Director of the Emiri Court of Fujairah, Captain Moussa Mourad, Director of Fujairah Port, and several local officials.

Sheikh Hamad was briefed by the project's field engineers and officials on their achievements and procedures, as well as their plans to complete the project's subsequent phases within the planned timeframe.

He then directed them to utilise the global technologies to complete the project.

Phase I of the project valued at AED800 million includes the construction of two 650-metre docks with a 18-metre depth and cranes with a capacity of 4,000 tonnes per hour, while eight berths will be constructed in the later phases to meet the requirements of all maritime commercial activities and increase the UAE's competitiveness in the field of high-capacity ports. A port for fishermen will also be constructed, enabling them to practice their livelihood.

The project is being implemented by four leading companies in the field of maritime docks, loading machines and port infrastructure.

The development of the port at an overall estimated cost of AED1.6 billion aims to facilitate the transportation of primary materials, to meet growing global demand and the requirements of all types of ships.

6

UAE is Official Member of IFA



Under the supervision of the Chairman of the Emirates Body Building and Fitness **Federation** H.H. Sheikh Abdullah bin Hamad bin Saif Al Sharqi, and the support of the Arab Armwrestling Federation AAF Founder President Mr. Karim EL Andary, the UAE has become an official member of the International Federation of Armwrestling IFA and the first member country in the Gulf region.

EL Andary gave the Certificate of membership to Sheikh Abdullah bin Hamad bin Saif Al Sharqi at the Federation's headquarters in Dubai in the presence of the Federation's board members and press.

During the meeting, major points were discussed in the aspect of developing Armwrestling sport and increasing the number of the practitioners in the country in addition to organizing tournaments in the upcoming period.

Feisal Al Ghais, member of the board of directors of the Emirates Body Building and Fitness Federation described the joining of the UAE to the international Armwrestling community as an important step in the interest of popularisation of armwrestling in the country.



About IFA

International Federation of Armwrestling is a democratic non-profit sport organization registered in Zurich, Switzerland.

Stamps of Fujeira: CHAPTER 4 May 1969 to 1971

Introduction: The original 5-year contract with Finbar Kenny was extended for a further 5 years even though the Ruler of Fujeira was very unhappy with the way that Finbar was conducting the business. It appears that he was never available and was not paying the dues as per contract. The Ruler started looking at other options while the Fujeira Stamps kept on rolling out!

APOLLO 8 Overprints

20th May 1969 - The original space set of May 1966 was overprinted APOLLO 8. Some values were also changed. The set was: 50np (even though they had changed to Dh!) 75np; 1R; 2R 2.50 R (on 25np); 3R (15 np); 4R (10 np) and 5R (5np). The Minisheet was also overprinted. All were available in Perf and Imperf format. Inverted overprints are known. The 2R stamp was also produced in Gold (perf and imperf) and imperf Prestige minisheet on stiff paper!





▲ Fig 4.1a: The Gold Deluxe Sheet for 2R value



▲ Fig 4.2: The 25Dh value with inverted overprint



▲ Fig 4.2 Envelope with he 25Dh stamp

SAPPORO '72 Overprints

20th May 1969 - The original Winter Olympics set of January 1968 was overprinted SAPPORO "72 and Emblem. The set was: 25Dh; 50Dh; 75Dh; 1R; 1.50; 2R & 3R in both Perf and Imperf. Inverted overprints are known. No Minisheet was produced.

■ Fig 4.1: The High Value (5R on 5np) in Imperf format and below it, the Perf version with overprint inverted

8



▲ Fig 4.3: Progressive colour plate proofs of the 5R denomination (Eagle).

Birds

30th May 1969 - A set of 9 diamond-shaped values: 25Dh; 50Dh; 1R; 1.50 & 2R (Postage) & 1.25R; 2.50R; 3R & 5R as Airmails. All stamps were issued both Perf and Imperf. No minisheet was produced!

Dwight D Eisenhower

2nd June 1969: 25Dh; 50Dh; 1R; 1.50 & 2R (Postage) & 1.25R; 2.50R; 3R & 5R as Airmails. All stamps were issued both Perf and Imperf with no Minisheet. The 5R value was also produced in Gold as Perf and Imperf.

Champions of Peace

5th June 1969: 25Dh; 50Dh; 75Dh; 1R; 2R; 3R & 5R (Postage). All stamps were issued both Perf and Imperf with



▼ Fig 4.4: FDC of the Delux Minisheet of the stamp on Gold foil dated 24th April 1969 - 2 weeks before the set was issued. This also points to these stamps being produced after June 1970 when Finbar Kenny's contract had been cancelled.



no Minisheet. The 25Dh value (Churchill) was also produced on Gold Foil as Perf; Imperf and Delux Imperf. Note – these gold stamps are on FDC dated 24th April 1969 – 2 weeks before the official issue of the regular stamps.

International Human Rights

The same regular stamps were also issued on the same 5th June overprinted: 'INTERNATIONAL HUMAN RIGHTS YEAR' (in Perf and Imperf). No Gold stamp is known of these overprinted stamps.

Wild Flowers

5th June 1969: 25Dh; 50Dh; 1R; 1.50 & 2R (Postage) & 1.25R; 2.50R; 3R & 5R as Airmails. All stamps were issued both Perf and Imperf. For the 5th set in a row, no minisheet was produced!

Apollo Space Flights

5th June 1969: 10Dh; 25Dh; 50Dh; 1R & 2R (Postage) & 2.50R; 3R; 4R & 5R as Airmails. All stamps were issued both Perf and Imperf. The 4 Airmail stamps were also produced as a Minisheet with the stamps saying Postage. The 5R stamp was also produced on Gold foil in Perf, Imperf and Imperf Delux.

Apollo 10 overprints

5th June 1969: Stamps and Minisheet from previous set were overprinted APOLLO 10. The overprinted 2.50R stamp was also produced on Gold foil in Perf, Imperf and Imperf Delux.

MOON LANDING overprints

22nd September 1969: Original Stamps and Minisheet from previous set were overprinted MOON LANDING. The overprinted 2.50R stamp was also produced on Gold foil in Perf, Imperf and Imperf Delux.

Apollo 11 - 3 different overprints

22nd September 1969: The top row of the sheets of the original Perf Stamps were overprinted:

'FIRST MEN/ON THE MOON'; the second row: 'APOLLO 11/MOON/FLIGHT and the third row: 'NEIL/ARMSTRONG/EDWIN/ALDRIN JR./ MICHAEL/COLLINS'. The order was inverted on the Imperf stamps! The 3 overprints were used on the single Minisheet with an additional overprint: 'MOON/APOLLO 11/FLIGHT'. The 50 Dh 'FIRST MEN/ON THE MOON' stamp was also made available on Gold Foil in Perf, Imperf and Delux Imperf.

There are numerous errors reported of these overprints. The main ones are inverted overprints and the Apollo 11 overprints printed on already overprinted stamps instead of the original 'clean' issues. The Minisheet is also known with 2 different overprints.

Napoleon

6th April 1970: 15Dh; 25Dh; 50Dh; 75Dh; 1R; 1.50R & 2R 'Postage' stamps. The 2 highest values were also produced in an 'Airmail' Minisheet. All were produced in both Perf and Imperf format. The 50Dh value was also produced on Gold Foil perf, imperf and Imperf Delux on thick hoard.

De Gaulle

15th April 1970: 35Dh; 60Dh; 75Dh; 1.25R; 2.50R; 3R & 5R 'Postage' stamps. The 2 highest values were also produced in an 'Airmail' Minisheet. All are available in both Perf and Imperf formats.

Bible

25th April 1970: 15Dh and 1R "Postage' and 35Dh; 75Dh; 1.25R; 1.50R; 2.50R &3R 'Air Mail' stamps; Plus

Minisheet containing the 2.50R; & 3.R stamps. All is available in Perf and Imperf.

EXPO '70

30th April 1970: 15Dh; 25Dh; 50Dh; 75Dh; 1R & 2R "Postage' and 75Dh; 1.25R; 2.50R & 4R 'Air Mail' stamps; Plus

10



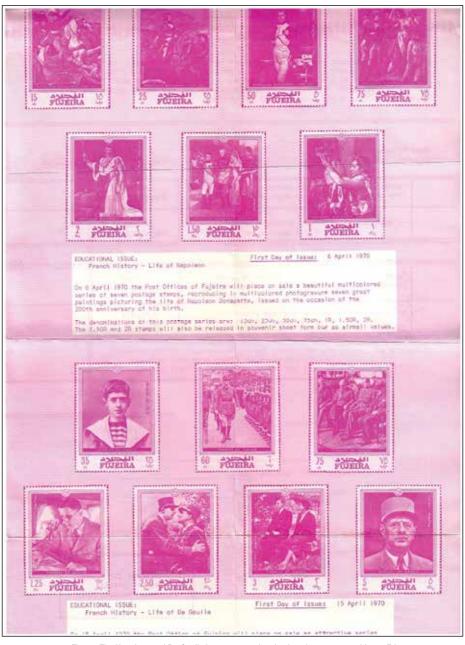


- ◆ Fig 4.5 Different sequence of overprint on Perf and Imperf stamps.
- Only one minisheet was produce with the 3 different overprints A
 - ▼ Minisheet with APOLLO 10 overprint additionally overprinted with inverted APOLLO 11
- 5R stamp overprinted incorrectly on the pre-overprinted APOLLO 10 ▼









▲ Fig 4.6: The Napolean and De Gaulle issues were advertised on the same pamphlet as Educational Issue - French History! There is no mention of the availability of the stamps imperf or of the stamp on Gold foil – were they produced after the contract was cancelled?

The contract with Finbar Kenny was terminated on 3rd May and approval was granted to produce agreed stamps up to 9th May. All issues mentioned here are those approved officially. All these issues come cancelled with the hexagonal cancel. While issues under the new contract are cancelled with a circular cancel.



2 Minisheets containing the top 2 'Postage' stamps as 'Air Mail' and the top 2 'Airmail' stamps as 'Postage'. All is available in Perf and Imperf.

EXPO '70

30th April 1970: 15Dh; 25Dh; 50Dh; 75Dh; 1R & 2R "Postage' and 75Dh; 1.25R; 2.50R & 4R 'Air Mail' stamps; Plus 2 Minisheets containing the top 2 'Postage' stamps as 'Air Mail' and the top 2 'Airmail' stamps as 'Postage'. All is available in Perf and Imperf.

A. Boarms Bronstaweg 86 Genstaweg 86 Genstaweg 86 Genstaweg 80 Genstaw

Fig 4.7: 1.50R Bible stamp used on cover dated 20 Jul 1970, the cancel being still the hexagonal 'Finbar Kenny' format. This shows that Finbar Kenny was still active after termination of his contract. ▶

NEW CONTRACT

On 3rd May 1970, the Ruler of Fujeira, Mohammad Bin Hamad Alsharqi, signed a new contract for Postal administration with Middle East Stamps of Beirut through Mr Hage from Lebanon. This was not taken very favourably by the previous administrator Finbar Kenny. He threatened legal action because there was no Early Termination clause in the old contract. In return, the Government allowed Finbar Kenny to still produce the next space issue that had already been agreed on and the stamps already produced. These issued on 9th May. The sets were:

APOLLO 12

9th May 1970: 25Dh; 50Dh; 75Dh; 1R; 2R; 3R; 4R & 5R 'Postage' stamps; Plus the top 4 values were also issued in an 'Airmail' Minisheet. All is available in Perf and Imperf. The 3R value was

also produced on Gold and on Silver Foils as Perf, Imperf and Delux Imperf of each type!

APOLLO 13

9th May 1970: All stamps overprinted with a Silver Emblem of Apollo 13 and 'SAFE LANDING'. The 5R value was also produced on Gold and on Silver Foils as Perf, Imperf and Delux Imperf!

APOLLO 14

9th May 1970: Original stamps overprinted in Gold 'APOLLO 14/PROJECT'. The 2R value was also produced on Gold and on Silver Foils as Perf, Imperf and Delux Imperf!

Finbar Kenny was still threatening legal action and kept on producing stamps after his contract



◄ Fig 4.8: The Gold Apollo 13 stamp used on Cover. Unfortunately, the date is not legible, but the cancel used is the new Circular one and not the Hexagonal one used during the time of Finbar Kenny.

So somehow these Gold stamps were also available to the new administration!





In the heart of Fujairah lies a place made with magic. We have everything from Waffles to mini pancakes to noodles to karak to cotton candy to many other delicious bites! Come visit the only place in Fujairah that sells AMERICAN CORNDOGS!



050-188-3200





▲ Fig 4.9: shows the signature of the new contract signed by the Ruler and Mr Hage.

was terminated on 9th May. He issued a few circulars and sent them to his previous clients and Philatelic magazines stating of the illegal other 'labels' produced illegally by other parties. For these circulars please refer to the internet site: http://www.ohmygosh.on.ca/stamps/fujairah/fujann1.htm where these circulars are given in their entirety. They document how Kenny was fighting back claiming that they are running the official Post Office in Fujeira.

Kenny produced many other issues after 9th May and these were illegal. Issues include Apollo 13&14 issue; English Personalities; American Personalities; German Personalities; UN; Education Year; Scouts; Dickens; Red Cross; Centenary of British Red Cross; IOC; Munich Olympics; Mexico World Cup; Brazil Winners; Expo 70; Expo 70 on Gold foil.

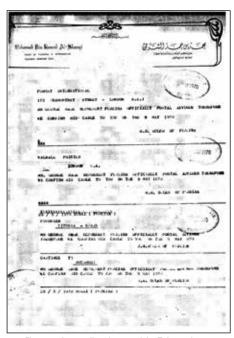
At the same time, the Ruler of Fujeira was sending out circulars to dealers and Philatelic press to tell everyone of the change in administration. He also organised telexes to all major Stamp printing houses explaining the situation and asking them to stop supplying stamps to Mr Kenny. Some are reproduced here.

The Post Office cancel was changed by the Ruler to a circular cancel. But Kenny was still using the Hexagonal cancel on the envelopes he was using and sending to clients and dealers. And the same applies to the cancel on CTO stamps – all issues mentioned above by Kenny have the Hexagonal cancel. Examples of the Hexagonal cancels after this date are indications that those stamps emanated from Mr Kinbar illegally.

The two pages in the next column:

John Vassallo and Emirates Philatelic Association





▲ Fig 4.10: shows a list of some of the Telexes that were sent to major stamp printers including Walsall and Fournier.



▲ Fig 4.11: is a letter of Demand from the Ruler to Walsall printers to stop producing stamps for Mr Kenny.





Tennis & Country Club Fujairah, News



Flag Day

TCCF Management and Staff were proud to pay tribute and celebrate the UAE Flag Day with the National Anthem playing at exactly 11am on November 3rd and the raising of the flag.

TCCF wanted to show the respect and love for UAE and the way the nation lives in peace and harmony in a multicultural society and also for the justice, tolerance, power and moderation, under which all nationalities live a decent life and enjoy security and stability.



Halloween:

This year, trick-or-treating was a little different. The kids enjoyed face painting, mini games, trick or treating and they ended the night with a Halloween special movie where they enjoyed popcorn and healthy snacks.



City Centre

What a wonderful experience in October when TCCF staff took an initiative to spread awareness via a promotion at City Centre Fujairah. At a the stand located opposite Carrefour Hypermarket TCCF interacted with the different communities and their enquires which were very interesting, helpful and fruitful for both the concerned parties and their common interest.

Upcoming

After the renovation of the swimming pool we will be offering aqua aerobics classes and tennis lessons for all age groups with qualified professionals.

Sales and Marketing

New Sales & Marketing team at TCCF has started with a positive and enthusiastic approach to the market, in order to create a strong and welcoming relation among all entities. Many deals are to be incorporated with government and private sector.

McGettigans

NEW YEAR'S

31 DECEMBER, 2020

9PM

AED 299 3 COURSES AND UNLIMITED BEVERAGES!

LIVE PERFORMANCE

TERMS & CONDITIONS APPLY

NIS COUNTRY & CLUB, P.O. BOX 3070, FUJAIRAH, UAE T: + 971 9 224 4880, W: FUJAIRAHTENNISCLUB AE













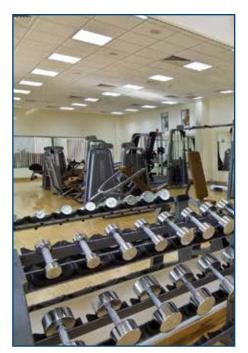
Meet Don - here to make a difference and add some fun!

The newly joined Fitness Trainer and Leisure In-charge of Tennis & Country Club Fujairah. I am honoured to be part of the team, with my international experience and qualification I am confident to add value to the club.

I am a YMCA certified Level 3 Personal Trainer and a qualified first aider.

As a fitness instructor where I give necessary recommendations to clients and guided them in achieving their fitness goals. I'm also certified rope course instructor where I can guide everyone to experience the wall climbing, abseiling, and zip lining.

I enjoy physical activities as I previously worked as a Team Lead on Sport Animation, Kids Club and Rope Course Area and also managing evening entertainment such as bingo, quiz/game night





and specially performing my amazing Fire show that everyone loves. I facilitated team buildings for corporate groups, special events for family and created safe environment for all children involved.

Having spent a big part of my career in group and personal training environments, it is all about the meaningful connections and relationships that I form with people; building experience that keep my passion going strong.





THE POWER OF PR - The Most Effective Tool to Build Your Brand & Business



"Since we cannot change reality, let us change the eyes which see reality." - Nikos Kazantzakis

PR at a glance

Today, there are many definitions of what Public Relations(PR) is, some say, "PR is a process and practice of individuals and brands building relationships with journalists, bloggers and podcasts and spreading their message/information to the public by getting press coverage". Others say, "Public relations is a strategic communication process that builds mutually beneficial relationships between organizations and their publics". PR is everywhere, and it's a huge part of how major brands operate. However, it's also essential for smaller businesses. (Business Element)

In my opinion, PR is a vital and quintessential tool for every developing brand or business starting their endeavours. A powerful PR team will no doubt will generate a giant audience, and will ultimately dwarf any audiences generated through regular marketing and advertising. The outreach that a powerful PR team can create is imperative for any new business or enterprise to succeed. With PR, you are not only reaching the individuals in masses, you are reaching entities that have their own masses and audience. This method of mega targeting is immensely more effective than typical advertising and marketing

techniques and strategies. Of course, I am not saying that traditional Marketing and Advertising practices are dead, they are still alive and well; however, with the new digital age the creation of new platforms, such as podcasts, digital media, and social media platforms where influencers are engaging in heavily and have a huge follower base, engaging in PR practices proves to be by far more effective than advertising on billboards, radio, or even TV and newspapers.



PR: Public is Power

Public Relation specialists will generally target audiences that are interested in the line of business you are in. For example, if you are starting a franchise chain, it is very important and recommended that you reach out and contract with a good PR firm. In this example, the PR firm will contact food bloggers, food podcast platforms, food magazines, and food network circles(such as established chefs, food events, organizations that have to do with food, and

restaurant establishments). By setting up the right buzz, with the perfect timing, you develop the ability to create the perfect storm for a booming and thriving business, with the right crowds targeted. This targeted approach will ultimately lead to leads, with a high sales conversion rate.

"If a young man tells his date how handsome, smart and successful he is – that's advertising. If the young man tells his date she's intelligent, looks lovely, and is a great conversationalist, he's saying the right things to the right person and that's marketing. If someone else tells the young woman how handsome, smart and successful her date is – that's PR." – S. H. Simmons.

The difference between advertising and Public Relations, as I see it, is that advertising is generally paid for. A company can set an annual advertising budget and rent ad space in a variety of channels, including newspapers, magazines, radio ad slots, TV ad slots, billboards spaces, and much more. With advertising, firms build exposure. By contrast, with PR, firms build trust. Whereas with advertising, audiences might be found to be skeptical, PR provides an invaluable commodity in creating third party validation. With paid advertising, delivery of your ads to the target audience is never really guaranteed. However, in a successful PR campaign, an entity or business manages to persuade the media for coverage and placement. While some argue that it's hard to see the value of PR because there isn't always an immediate ROI, PR's true value lies in its ability to shape and influence people's attitudes, actions and behaviors . (Forbes)



PR is by far the most effective way to establish credibility and gain genuine interest and media coverage in order to generate a frenzy buzz in the sector you are operating in. When a business

chooses the PR route, it is creating relationships and connections with the necessary parties to get the attention the business needs and deserves, from the right audiences.

Selective targeting, the process of targeting the desired audience you want, be it high income earners to buy your newest high tech gadget, or to target the crowds that like your cuisine for one of your restaurants, or even targeting the influencers that will set a precedent, cause a buzz, a frenzy, and be the electrical talk of the town, which will ultimately generate traffic, followers, and leads, which will eventually convert to sales. The current trend in influencer marketing is set to grow even further, with brands set to spend up to \$15 billion on influencer marketing by 2022(up from \$8 billion in 2019), per Business Insider Intelligence estimates, based on Mediakix data.

Parting Words

In Conclusion, I strongly believe an effective PR approach will be the most beneficial to any new entrepreneur starting a business. The wise use of financial resources in an effort to engage in selective targeting, rather than going out on a marketing or advertising spending splurge, can make or break a new enterprise. Word to the wise: When it comes to PR and its utility in branding your business or enterprise, take your time, do the research, assemble the right team, and do it right.



NOW OPEN Crepes and Burgers

Crepes & Burgers is the perfect place to sit down next to one another, enjoy exceptional food & high grade coffee.

We only use fresh & good quality ingredients. Our collections of books and games creates a perfect environment to sit back, chill, relax and grab a cup of coffee or tea.











DOUBLE DOWN BURGER



CHILLI BOMB BU



CREPE DE FUSION



RONI'S CHEESECAKE



SPECIAL BURGER





FRENCH FRIES





PURE VEG BURGER



NUTELLA WAFFLE





MOCHACHINO

FRUITELLA CREPE





Club Post 8... peace and quiet with a splash of luxury



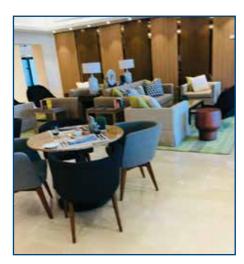
Face facts, there are times when you just need a bit of 'me-time', it's not about being a flake, or letting work get on top of you, it is just that there are moments when some peace and quiet are needed. If that sounds like the point at which you are at then let me introduce you to a little east coast secret, as long as you promise not to pass it on.

The remedy for the strains of the new normal, the stresses of work and the demands of life resides tucked away in a discreet corner of the Intercontinental Fujairah. Club Post 8 is a day club which doubles as a sanctuary for easy living with a splash of luxury on the side.

A no-frills pool is decked with comfy sun-loungers and overlooked by an intimate bar and restaurant area, serving light finger food as well as delicious lunch options. While the faint sounds of guests' chatter edge over the box hedges there is a haven of quiet to call your own, undisturbed by family life.

Free-flowing refreshments remind you that your day job is at least 24 hours away and the subtle presence of attendance means you will want for nothing, well maybe that you can do it every day.

Now remember it is our secret... see you there!



The world's Largest wooden Arabic dhow



A mighty dhow sails off the shore of Dubai, recognised as the world's largest. It is almost the size of an American football field floating in the Indian Ocean

Named 'Obaid', in reference to Obaid Jumaa bin Majid Al Falasi, an Emirati shipbuilder who began an apprenticeship at the age of nine in the mid-1940s, the Largest wooden Arabic dhow in the world was verified by Guinness World Records on 28th October 2020 in Dubai.

The majestic dhow measures 91.47 m long and 20.41 m wide. To visualize this, it is the length and almost half the width of a standard American football field, floating over the Indian Ocean. Hypothetically speaking, balancing this huge structure on either its bow or stern vertically would make this dhow stand almost as tall as the Big Ben in London.

Building a big handmade boat in a country with no forests is a challenge, but crafting the world's largest dhow is a challenge on a higher level. Decades on from the heyday of the Creek's trading boats, a family-run yard still produces traditional hand-built vessels – and most importantly has just been recognized with the Guinness World Records title of the Largest wooden Arabic dhow.

Work on the majestic dhow started years ago, with no actual engineering vision or blueprints but was massively developed and scaled up. Local craftsmen say they own the experience, describing it as the 'art of dhow building'.

According to Majid Obaid Al Falasi, aged 52, it is not for prestige that drove him to build the largest dhow, but for his late father, Obaid Jumaa bin Majid Al Falasi.

"Our forefathers were divers, our ancestors worked in the sea, and my own father perused this craftmanship for almost all his life. This is a gratitude to my father, and my country which always aims for the forefront positions," says Majid Obaid.



"We tried to get the longest pieces of log available. We are born as dhow builders, and can build dhows using other material, but wood keeps its identity. This achievement is just the inevitable continuation for building dhows in the world," he added.

A modern adaptation is adding steal to the wooden structure. The majestic dhow is larger and stronger than a traditional one, and will be able to carry four times more cargo in and out from Dubai's docks.

"I see it in the eyes of my son. He is passionate about what I do, and what his grandfather used to do. This is what matters, for them to be able to continue the tradition and have it transferred to the next generation," he elaborated.

The dhow stands at a height of 11.229 meters, and it weighs 2500 tonnes. It has been constructed from material sourced both locally and abroad and will have an estimated load capacity of up to 6,000 tonnes. There might be around 1700 tonnes of wood, and 800 tonnes of

steel. The wood was brought from Africa, and it is mainly a jungle wood, as only nearly half of what you buy is usable.

Apart from the years of commitment and tens of dedicated skilful craftsmen, this iconic sailing vessel cost comes from the expenses of wood imports, and hundreds of thousands of nuts, bolts, screws and nails.

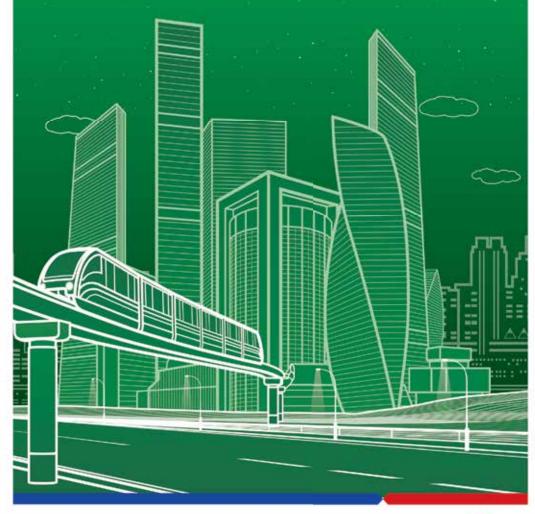
The dhow is powered by two 1850 horsepower engines and will used to transport cargo from the UAE to Yemen, Somalia, Sudan, Egypt, Kenya, Pakistan, India, and maybe Iraq. "At a speed of 14 knots, it will be enough for this dhow to operate and achieve its desired ROI. Who knows, you might see this dhow docking at different ports all across the world."













Little Camel... for little ones

Fujairah Observer recently spoke with children's book author, Dr Michele Ziolkowski about her latest book.

What is the name of your new book?

Little Camel.

Who is the publisher? Magan Consultant Heritage published the book.

What age group is the book aimed at?

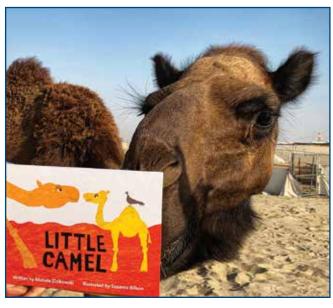
This new book is aimed at the zero to five years age group.

Who did the illustrations for the book?

Susanna Billson created the illustrations. She also illustrated The Boy who knew the Mountains, Suhail's Abu Dhabi Adventure and the forthcoming book in our trilogy, The Journey Home.

Where did the inspiration come from to write this book?

When my son goes to sleep, I say to him, "You are amazing, you can do anything, you can be anything!" His face lights up. The initial inspiration for the book came from these evening chats. I chose to make the characters camels because my niece loves camels, and the book is dedicated



to her. The central theme of the story is about encouraging exploration, creativity and fun.

What can you tell us about the overall feel of the book?

Little Camel is a fun, rhyming book that promotes creative thinking and playtime. It is filled with bright and cheerful illustrations. The characters are vibrant and friendly. The overall message is a positive and inspiring one.

Little Camel:

Please join Little Camel and Mother Camel in a delightful new story. What will Little Camel be

today? A bird? A fish? A cat? How lovely is that!



Where can we purchase a copy of the book?

Little Camel is available from Early Starters bookshop in Abu Dhabi; and online at Magrudy's and Jamalon. com





MODEL:(AA+SM+915RF+SIGFOX)



GS886-S Series Battery Operated Interconnect Sigfox Smoke Alarm



INTERTEK Certified



Key Features

- INTERTEK Certified
- Voice alarm function
- . Interconnection, one go all go within 10 seconds
- Battery operated
 Wireless distance: <100ft(30meters) indoor,
- up to 100 meters free field
- · Highly reliable Photoelectric technology
- Advanced sensing technology reducing cooking nuisance alarms
- · Automatic low battery indication
- Automatic smoke chamber status
- LED Alarm indication
- Product life:10 Years



 Smoke Alarm: ISO8201(BI 0.5s - pause 0.5s - BI 0.5s - pause 0.5s - BI 0.5s - pause 1.5s, with the RED LED flash, repeat this alarm pattern).







Wood smoldering



amoldering



Tood

Paper

flowing



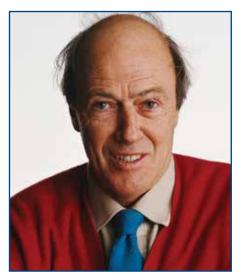
TESTING REQUIREMENTS

	Ionization	Traditional Photoelectric	STERWELL Al Senior Rico	
Flaming Polyurethane	~	×	~	
Smoldering Polyurethane	×	~	~	
Cooking Nuisance	×	×	~	

Technical Spec	ifications		
Model Number	GS896		
Battery Type	Alkaline battery: 2*AA		
Battery Life	Over 3 year		
Operating Humidity - Relative	£93%		
Operating Temperature	0°-38°C		
Buzzer	> 85dB(A) @ 3m		
Speech Sound Level	Voice volume: > 65dB (a) @ 1n		
Plastic Material	Flame retardant ABS + PC		
Horn Parameters	8Ω/0.5W		
Product Size	diameter~155mm×thick~47mm		



Simply... one of the world's greatest storytellers



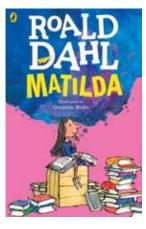
Roald Dahl was a popular British author known for his stories as a chocolate factory owner, messy Mr Twit and a friendly giant. His tales are popular among families and have been part of bedtime stories for long! Movies have been recreated on his exceptional books and our family's favourite is Matilda.



A child's mind is a blank canvas! Reading plays an important role in painting the canvas with magical colours! Reading build's vocabulary and helps in sentence structuring. Voice modulations, role play and reading aloud are some of the core elements to make reading an enjoyable experience. In a nutshell, reading is directly proportional to writing. You read books and it helps you to write!

September 13th was celebrated as Roald Dahl week. My and my children cherished memories of Roald Dahls with his masterpiece Matilda. We read the book and then saw the movie. How a girl

in an orphanage is adopted by heartless family! Matilda's family fails to notice her presence! Not only she is ignored but also led to being selfindependent at verv vouna age! At 4 she is able to make pancakes herself, change her clothes and read books! Soon she starts visiting a library



and explore the magnificent world of books! Her magical power to control things with the stare of her eyes is later revealed in the movie. How she deals with an authoritative principal Mrs Trunchbull in her school and make friends with Miss Honey is worth mentioning!

While watching the movie we could relate to every chapter we read in the book! Next, we are planning to watch The BFG!

Roald Dahl's praiseworthy contribution to the literary world is a gift for us! Read and unleash the power of stories to take you to the enchanting world of adventure, fun and happiness!

Maheen Zeeshan

Toastmasters International – 96 Years Journey of Excellence

In October 2020, Toastmasters International celebrated the 96th Anniversary. But, many of us don't know what is the real reason behind starting this organization?

Fujairah Toastmasters Club pays the tributes to the Founders of Toastmasters International on 96th Anniversary by recollecting the history of Toastmasters International.

The Toastmasters Journey

Toastmasters began as a series of speaking clubs organized by Ralph C. Smedley during his time working for the YMCA (Young Men's Christian Association) in Bloomington, Illinois, United States. As director of education at the YMCA, Smedley saw a need for the men in the community to learn how to speak, conduct meetings, plan programs and work on committees, and he wanted to help them.

Smedley decided to organize a club where they could learn these skills in a social environment, and the men responded well to the concept. He named the group the Toastmasters Club; "toastmaster" was a popular term that referred to a person who gave toasts at banquets and other occasions.

The first unofficial Toastmasters meeting was held on March 24, 1905. Much like Toastmasters meetings today, the participants took turns leading and speaking at each meeting. Smedley and the older, more experienced men evaluated short speeches, while the younger men were invited to join in the evaluations. However, as Smedley was offered positions at other YMCAs in Illinois and later, in San Jose, California, the fledgeling clubs lacked leadership and did not flourish.

The Forming of Toastmasters International

Smedley began working at the newly organized YMCA in Santa Ana, California, in 1922, and for the first two years, his time was spent building a home for the organization. However, his passion to help others learn to speak and lead remained. Once the new YMCA building was christened in April of 1924, he was able to introduce the idea of Toastmasters to his colleagues, and organize the Toastmasters club that eventually became Club No. 1 of Toastmasters International. The first meeting was held at the YMCA building on October 22, 1924. Word spread about Smedley's Toastmasters clubs and soon people

in surrounding communities and other states were asking how they could start their club.

To save time replying to the many letters and inquiries he was receiving, Smedley wrote the "Manual of Instructions" and "Ten Lessons in Public Speaking," which he had printed and bound in paper covers. On October 25, 1928, he secured copyrights on the publications and trademarked the name "Toastmasters Club."

By 1930, nearly 30 Toastmasters clubs had formed including a club in British Columbia, Canada. To reflect expansion outside of the



Dr. Ralph C. Smedley Founder of Toastmasters International

United States, the newly formed association was re-named Toastmasters International. Two years later, in 1932, Toastmasters International was incorporated as a California non-profit organization and Smedley took on the positions of Secretary and Editor of the new association.

He resigned as YMCA Secretary in 1941 to devote more time to Toastmasters. Through the war years, he operated the organization out of a small office. When the war ended, a new Secretary, Ted Blanding, replaced Smedley and remained active as Educational Director for the rest of his life, as well as a permanent member of the Board of Directors.

Currently, Toastmasters International have 364,000+ members in more than 16,200 clubs in 145 countries. Since 1924, Toastmasters International has helped people from diverse backgrounds become more confident speakers, communicators, and leaders.



The first official
Toastmasters club, circa December 1924

Toastmasters International Mission

We empower individuals to become more effective communicators and leaders.

Toastmasters Club Mission

We provide a supportive and positive learning experience in which members are empowered to develop communication and leadership skills, resulting in greater self-confidence and personal growth.

Toastmasters International Core Values

- Integrity
- Respect

- Service
- Excellence

Benefits of Joining Toastmasters:

- Improve your public speaking skills
- Build leadership skills
- Practice writing speeches and presenting in a group setting
- Gain a competitive advantage in the workplace
- Build self-confidence and self-awareness
- Enjoy unlimited personal growth
- Receive regular and constructive feedback from peers
 - Maximize your potential

Source of Information: www.toastmasters.org



Pradeep Kumar Mantrala Immediate Past President Fujairah Toastmasters Club Mentor, Fujairah Gavel Club



MEETING LOCATION AND CONTACTS.

Keep watching this space for the latest from Fujairah Toastmasters club.

Now we are conducting Virtual Meeting on 1st and 3rd Tuesday of every month from 18:45 hrs, join us online for improving Communication Skills and Leadership Skills.

Entry is FREE! Be our Guest! Later, join us.

For details, please contact:
Vice-President (Public Relations): TM Arivazhagan Ariv - 052 519 6697



A New Year's Resolution was to say 'yes' to everything. Within reason you understand. Our household didn't need the addition of a litter of puppies this year, corduroy flares look good on nobody and War & Peace was always going to remain unread on the bookshelf come the 31st December 2020. Then a pandemic washed across the globe and opportunities to say 'yes' to anything became fairly scarce on the ground. Fast forward to November and the chance to visit the Intercontinental Fujairah and catch up with the man driving the jewel on the east coast was too good to pass up.

Seemingly born into the world of travel, the life of a hotelier is definitely in the blood of Vijai Singh.

Due to his father's work Vijai experienced luxury stays when the rest of us wondered what went on behind the concierges' doors. Once the world of hospitality bit there was no going back, and Vijai's path was clearly laid. One of the lures was certainly 'the romance of those bygone days' that he had experienced and as he leads his hotel from strength to strength on Al Aqah's beach, you can clearly hear the commitment in his voice.

The ambience the hotel oozes on entrance reflects some amazing thought and consideration that has been part of the architect/designer's remit. Nestled in a seventeen acre plot, at the foot of the Hajjar mountains the hotel is wonderfully positioned, at times when you are relaxing in one of the three pools the view of the majestic mountains is breath-taking, definitely one to savour.

As the captain of the ship, that is any hotel, one must possess some amazing skills in balancing the management and leadership expectations of the organisation with the ability to 'offer as much as possible' to the clientele, who over the years are becoming more and more demanding.

Vijai finds these are his drivers on a daily basis and the desire to keep learning, improving and 'getting it right' clearly matter. As a recent guest I would applaud his efforts and that of his staff who are quietly attentive but take the job of luxury resort providers seriously; you cannot fail to be impressed.

As the hotel industry slowly opens back up, health and safety has once again affirmed itself as a priority, for Vijai this has always been front and centre of his work indeed he believes like many others that there are many expectations that have now become common practice which can only heighten the experience of the hotel guest. Of course, the Intercontinental knows that visitors come for the fun, for the memory making but the social distancing, the limitation on guest numbers and the greater attention to hygiene is no bad thing and I would have to agree. This visit showed that the highest consideration has been afforded to following all regulations, so guests feel safe but simultaneously it never feels as if it is a clinical environment.

It is easy to wax lyrical about the feeling of space the hotel affords; the real strength comes from the balance of this with the natural elements that wrap around it from the grandeur of the mountains to the waves of the Indian Ocean, linked by a pathway of fire that is lit every evening by the theatrical guardians of the flame to mark the close of the day and advent of evening. Creating traditions such as the fire bowl lighting are just some of the unique touches which echo Vijai's desire to bring some boutique elements to ensure this hotel never melts into the backdrop, however beautiful it is.

The hotel has to be one of the newer additions to the emirate's tourism offering but no one is resting on their laurels. Discussing up and coming projects for the hotel, its visiting families and diners, and Vijai's passion moves into overdrive. These 'experience enhancers' are destined to keep the hotel a fresh option for visitors and with the excellent infrastructure leading to the area, it has to be a clear choice for a weekend away, of course you will wish you could stay longer. Firmly believing that Fujairah has it all, Vijai is confident





Live in peace of mind with Al Fujairah National Insurance Company's

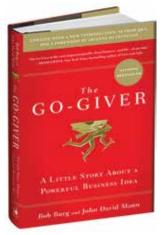
TENANTS' COMPENSATION INSURANCE



A Package of Compensation Insurances suitable for all Residential Tenants starting from as low premium as Less than One Dirham per day. (Annual Premium starting from Dhs. 195)

Sections Of Insurance Cover	TABLE OF COMPENSATION (Optional Limits of Cover)			
	Option - I	Option - 11	Option - 111	Option -IV
Sec I — Contents (Inclusive of Jewelry & Valuables up to 20%)	50,000	75,000	00,000	150,000
II – Alternative Accommodation	12.500	18,750	25,000	37,500
III – Legal Liability	250,000	350,000	500,000	750,000
IV - Injury to/ Death of Tenant & Family	25,000	37,500	50,000	75,000
Total	337,500	481,250	675,000	1,012,500

that soon enough the secret of the east coast will be revealed to all. As he would describe it 'the frying pan has only just found the gas'. Exciting times await.



A few of Vijai's f a v o u r i t e things...

One stop shopping destination: Singapore

Last meal that really impressed: Thai Chicken Curry in Bangkok

Hotel around the world that

everyone should visit: Luxury in the Maldives, choose from The One and Only, Taj Exotica, Soneva Jani

Book beside the bed: Go Giver by Bob Burg & John David Mann



Jo Puddy-Wells Former Editor Fujairah Observer









Only in Fujairah

WAITING

36

EMERGING BUSINESS BASE





- Petrochemical Services
 - Bunkering
 - Refineries
 - Heavy Engineering
 - Tourism & other Service industries

The overwhelming business opportunities in Fujairah has been instrumental in the Free Zone, emerging as the new energy base in the UAE.

Fujairah Free Zone Authority facilitates the investors



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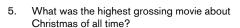
Trivia Quiz

 Which kind of tree is often decorated with lights and hanging ornaments to celebrate Christmas?

What do we call the period of 4 Sundays before Christmas?

3. What was the first brand to use Santa Clause in its advertisements?

4. Which popular Christmas song was originally composed for Thanksgiving?



- 6. The tradition of putting up and decorating a Christmas tree began in which country?
- In which country does a witch rather than Santa Claus drops gifts through the chimney for kids on Christmas?
- 8. How many days are there between Christmas and Epiphany?



- When does the Orthodox Church in Russia celebrate Christmas?
- 10. What is the most popular decorative ornament placed on top of a Christmas tree?
- 11. According to British tradition, Christmas

decorative ornaments should come down by when?

12. Which ballet is traditionally performed during the Christmas season, particularly in North America?

13. How would you say "Merry Christmas" in Spanish?

- 14. Which English leader abolished all Christmas activities and banned the singing of Christmas songs?
- 15. The traditional "Father Christmas" or Santa Clause in Britain was originally not dressed in red. Which colour did he wear?



- 16. Where are the two islands named Christmas located in the world?
- 17. Before December 25th was decided by Pope Julius I to be the day when Jesus was born, when was early Christmas celebrated?
- 18. What was the first use of Christmas candy canes?
- 19. Which famous Christmas song was played on the trenches of both German and English on Christmas Eve 1914?
- 20. Which play was written by William Shakespeare as a Christmas present?

Wordsearch

A N P W H N P T Q B J T M T B M X L W M G G K N B Z B D V Z L N Y M X Q Y T L T M S DUORYDDRU L R P Z W V J K Y K L B R Z J L P W D G R Y G P J G A L Q V T I E M Y W Y N R J N R V P P J H P Y Z N D J B B P Y N O Y L R D D J N Q EMNANVQNTDKBRVYZTMCQJDMZJRBBMJOEWIGQ NESTSANTJRVEZLNIYZGHZJMRYKLMNREDLDVR TGEHMCYRWLXKYNAYXWWDOWTLGLPQNDMOWGLZ DKTPVAREJOICEFYNGXCAYCRIVVPTNMHDTIBT QTPPTWLQRLLQQARY NLSELORNNTINL KE GRL I J B I K A V T B Q Y L T W E D O H L L D L V S E M D N K C Y R I L K B G H T R A J R O N U E V E W L N W Z N L V E J G V L A R E D K Y V O D V E M M I T M B Y I K W N D G N A T I V I T Y A Y E R G X W E G T D L L N M R Z J B E M A N Z B T J Z N N Y R Z H V Y N M S I N O Q L S W R V I M S T E U N W R A P Ń O B T I G G M N C X G G Y Y T Y A T D L O C L D B M T D S C K T T D Y X Q N T N N B Y H I N I J R P E L L E V M R B S L N Y D G M N T Q I C R A N B E R R I E S R P F X N G F N W U Z R E R G A R A L F Q R N S A U Z Q C P R A Y E R M D O M D L L N U R G S Z O O I M N B B C I E G J E T L T L N Y X Q L A N G E L M Y L N Y O G Q P N L M S RN PGRESF Z Ŕ S Y U R L P F B T N T N A A M U R S B J E Q S N I Z W R S Y S E R R V V T R YSDB TTTXELWTN TRMUMRLRE DGQIHEIBALQSIGWDRRAKNISPARTYHRKYYDNSLNQ KNLWVPROLDSDVMMIDINMPOGAHOLLYZMWYNGBT J Z Y M J E O Q U E Y P E D L T M T K P Y Y W O N D E R L A N D O U L D N N X K D C M X D K N L Y S S X B Z N I P Y I I Y N K M Y T J F B L S D H Z G P A N W P J H M J G R T E E D Y S D L R O N L N R S Y T T A R A B I A P U N C H R M B N Q 0 RAGTWQTZSTXGIZNNQDCJNSSYMNVCMRQMWZPKKER DRNYLYROXSXZCNYLDLEGYOEPPRJTLKEJVNYGVLV TIRGQXPKYBRPBAGMTNNDRTMSYNSLQAXPTJOOHGD В T I R G Q X P K Y B R P B A G M T N N D R T M S Y N S L Q A X P T J O O H G D M T L N R N R J P S E Y V K R S I I S F P A R T R I D G E J U L L N Q C T I E K Y Y O N X V N E L L V V P L O F D E M S R B P R Q T X M A S S G A R Z T B L Ğ V M Q E M Z V Z A O I L I J R F L N N L M S V H D B U W G R T G W U C E M D E V κ M I S T L E T O E C R G G N X U E R S A I L J C J V D Z A I Y E V H Y L E N C R Y Y A B B L Q Q J E N I N H T E T S B X L G S C R O O G E N N K C G U C A N A A Q W C M M J L S Y M A O N S T T N D E E T N H B V V M X B R T K N Y E C A C E J JVDZAIYEVHYLENCR B P K D B M L P J T M N S N N S O D B N Z P M T W J Q D K L Z I L D J D D F B R N M P L Z B A Q E G R T T B D B J Z T W L C Y N G Q Y G P R T I T O K D B D B J Z T W L C Q X L O R T S M H OKDDN BONSEXBNKXL т ТВ LTMPMBGY NK D J N M Y N I T R X V R R B L T G N L X I Y P Z M A D D G J R D G Y L K K P E D J K W S L V P E Y N N Y X G M T M Q B L R G G D Y T N R R D V Y B C T T C M B N N T X E E N L P J Y A V N R X W Y P K M G B B D N Q N R N V D O R Y L M Z M L C M K T Y Y Z B N E D J R J W X Z Z R B D Z V V T JRDGYLKKJW Y A V N R X W Y P K M G B B D N Q N R R R B Z B N E D J R J W X Z Z R B D Z V V T G P T P L V Y J R M Q P K X R P Z X G P Z Y L L Y QIRRTBPRDMNGUDRBBKRPLVYJ D RMMV5GNZMZRMADRTQLXWTZYXÉVRDLYDRWVDNTNXYN WBPTNMRNVLSJ J Z Q R D N Q D Y Y M W N W R Q V Q Z L D Y R R M G M

Locate the word list at the side or bottom of the screen. Find all the words from the themed word list in the puzzle grid. Words may be found going forwards, backwards, up, down or diagonally.

Angel	Dasher	Goodwill	Mincemeat	Purity	Toboggan
Baking	December	Goose	Mistletoe	Quality	Toys
Balsam	Decorations	Greetings,	Myrrh	Quantity	Tradition
Bells	Dolls	Grinch	Nativity	Reindeer	Tree
Blessings	Donner	Holiday	Noel	Rejoice	Trimmings
Blitzen	Eggnog	Holly	North Pole	Religion	Turkey
Candles	Elves	Hugs	Nutmeg	Ribbons	Twinkling
Cards	Eve	Hymns	Nuts	Rudolph	Unwrap
Carols	Faith	Icicles	Ornaments	Sack	Vacation
Carve	Feast	lvy	Oven	Santa Claus	Vanilla
Charity	Festive	Jingle bells	Partridge	Sauce	Vixen
Chimney	Fireplace	Jolly	Party	Scrooge	Walnuts
Chocolate	Forgiveness	Joyful	Peace	Scrumptious	Winter
Christmas	Frankincense	Kisses	Pies	Season	Wonderland
Church	Frosty	Laughter	Poinsettia	Snowman	Wrapping
Cloves	Garland	Lights	Prancer	Stockings	Wreath
Coal	Gifts	Magi,	Prayer	Stuffing	Xmas
Cranberries	Gingerbread	Merry	Presents	Tidings	Yuletide
Dancer	Gold	Midniaht	Punch	Tinseľ	

40

Word Square

ACROSS

- 1. Get ready
- 8. Make into an improved form
- 9. Rival
- 10. Controversial
- 11. Unyielding
- 12. Suite
- 13. Person elected



1	2	3	4	5	6	7
8						
9						
10						
11						
12						
13						

DOWN

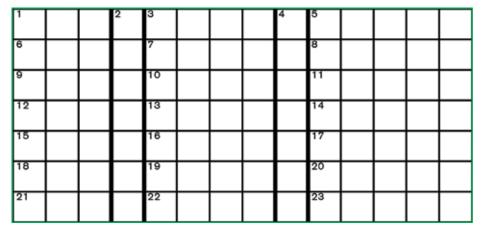
- 1. Get ready
- 2. Make into an improved form
- 3. Rival
- 4. Controversial
- 5. Unyielding
- 6. Suite
- 7. Person elected

Ladderword

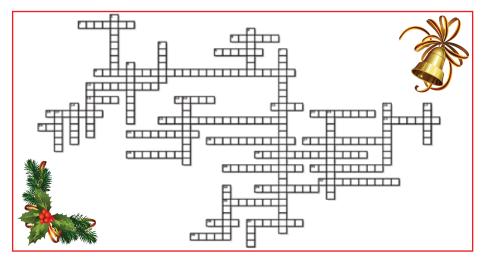
ACROSS

- 1. Prefix, three
- 3. Soil
- 5. Tenor
- 6. Unit of loudness
- 7. Blue-gray
- 8. White poplar tree
- 9. Wood sorrel
- 10. Unconsciousness
- 11. Punctuation mark
- 12. That woman
- 13. Belonging to that 20. Knife
- woman
- 14. Fleet rodents
- 15. Boy

- 16. Heavy metal
- 17. Dipper
- 18. Fvil 19. Hairless
- 21. Beer
- 22. Bargain event
- 23. Bargain events



Cross Word



ACROSS

- 2 Movie set at Christmas where NYPD officer John McClane battle European terrorists (2)
- 4 St Nicholas's birthplace and hometown
- 6 What name is given to baby reindeers (caribou)
- 9 Hoffman's famous 1816 Christmas story
 'Nussknacker und Mausekönig' translation (4)
 10 Florida and Arizona have towns called this
- To Florida and Arizona have towns called this
- 11 Australian 'White Christmas', made of coconut,
- rice, and dried fruit is a popular Christmas
- 12 What colour are the berries of mistletoe 15 What 16th century word derives from the 22nd
- Greek letter 'Chi' as an abbreviation for Christ
- 18 The wild turkey is native to which continent 20 The Scandinavian 'Julbock' (2)
- 22 Christmas item invented by London baker and
- wedding cake specialist Tom Smith (2)
 23 The Pogues and Kirsty MacColl sang a
- "fairytale" about which American city (2)
- 24 How many points does a snowflake have
- 25 Who gave Frankincense to the baby Jesus
- 26 Scrooge's dead business partner (2)
- 27 Author of Auld Lang Syne (2)
- 28 Muhammad Ali Jinnah's Birthday on 25th December is a celebration in which country
- 29 Leading girl and dog in The Wizard of Oz (3)
- 30 Michael Caine appears alongside which characters in A Christmas Carol (2)
- 31 The traditional cake eaten in Italy at Christmas 32 Buttons is a character in which pantomime
- 34 1946 film, It's a Wonderful Life, what is the

name of George Bailey's guardian angel 35 In which Christmas film do Mogwai turn into angry, destructive monsters if fed after midnight 36 Brandy is a distillation of

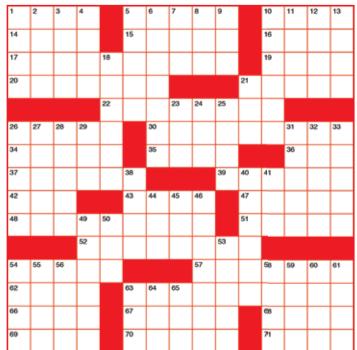
37 Lapland - home to the native Saami people - is the northernmost region of which European nation 38 llex is the scientific name for

DOWN

- 1 Sugar, egg whites and ground almonds
- 3 Who wrote How the Grinch Stole Christmas (2) 5 Indian term *Bada Din* for Christmas means (2)
- 7 Jack Skellington character in which Tim Burton film (4)
- 8 Christmas Island in the Indian Ocean is an external territory of which English-speaking nation 10 Which soft drinks helped sculpt the image of Santa Claus during the 1920s (2)
- 13 The song White Christmas was first performed in which 1942 film (2)
- 14 Which fruit is used with sweets, cocktails sticks and a candle to make a Christingle
- 16 Which king (actually Duke of Bohemia) last looked out on the feast of Stephen
- 17 London's Trafalgar Square Christmas tree is traditionally given by which country
- 19 Which country does the poinsettia plant originate 21 In the song The Twelve Days of Christmas, '...
- my true love brought to me nine...' what (2)
- 33 What is New Year's Eve called in Scotland
- 37 How many ghosts in 'A Christmas Carol'



Crossword



ACROSS

- (wave from the sidewalk)
- 5. Tara's Scarlett
- 10. Wrinkled/furrowed item
- 14. Postpaid encl.
- 15. Neck areas
- 16. Her, to Heinz
- 17. In big trouble, slangily
- 19. Took off
- 20. New business venture
- 21. Bums around
- 22. 90s sci-fi show on MTV
- 26. "There stupid questions..."
- 30. Vague "source" oftquoted by news reports
- 34. Disney classic
- 35. Va. neighbor
- 36. Outdoors store chain
- 37. Build a levee

- 39. Abating
- 42. "Simpsons" grandpa
- 43. Common bus. endings
- 47. Take ___ (lose money)
- 48. Letharay
- 51. Shuffle alternatives
- 52. Bedimmed
- 54. Deep gorge
- 57. Nonsensical
- 62. Comet-bearing cloud
- 63. Knight spot
- 66. "Brave New World" drug
- 67. Welsh woofer
- 68. Follow
- 69. Texter's sign-off
- 70. 365 jours
- 71. They're married Mexico: abbr.

DOWN

1. Eee computer company

- 2. Hook or Cook briefly
- 3. Nick & Nora's dog 4. "Roswell" actor
- lason
- 5. Good way to enter
- 6. Whaling weapon
- 7. Certain simian
- 8. Female sandpiper
- 9. Pose a guestion 10. Mississippi city
- 11. Cousin of emu
- 12. Composer of
- "Carmina Burana"
- 13. Hoses down
- 18. Six most common letters in English
- 21. French director
- Jean- Godard 23. Cowboys
- compete in it: Abbr.
- 24. Agricultural org.
- 25. Former Milan monev
- 26. Skip __
- 27. Sylvester Stallone
- character
- 28. Burning bit
- 29. Court arp.
- 31. Parliament ender
- 32. Symphonically slow
- 33. Exhales audibly
- 38. Children
- 40. Holdup perpetrator
- 41. Business degree
- 44. Cage, in fanzines
- 45. Jack Bauer's org.
- 46. Injection tool
- 49. Mail-related
- 50 PC maker
- 53. Murphy who's heard in "Shrek"
- 54. Purchase price
- 55. Owl's utterance
- 56. It comprises many companies
- 58. Horse chow
- 59. Type of ski lift
- 60. Olympic skater Kulik
- Cartoon collectibles
- 63. TV brand name
- 64. Ending with ball or bass
- 65. Giant vase

Logic Grid

Mixed drinks	Soda	Water	Tea	Juice	Lemon	Lime	Strawberry	Vanilla
Adam								
David								
Mary								
Wilma								
Lemon								
Lime								
Strawberry								
Vanilla								



Logic puzzles (also known as "logic grid puzzles") require the solver to deduce the relationships between different people, places and things based on a limited number of clues given in the puzzle. Remember: every item on the board belongs to one and only one person, no item will ever be shared. Using only the clues provided and simple deductive logic and reasoning, fill in the grid with X's and O's to determine the solution.

MIXED DRINKS

Four friends (including Mary) were at the company picnic.

Each friend had a different drink (one was water), with a different mix added(one had lemon).

From the clues provided can you figure out which friend had which drink and what was added to his/her drink?

CLUES

Wilma did not drink water mixed with her lemon.

Only the men drank soda or water.

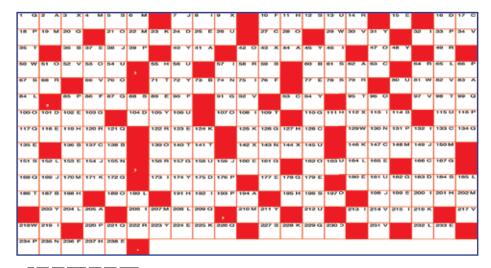
Mary was not the one who had water and lime.

David did not mix his drink with lime.

The woman who had strawberry did not have tea.

ACROSTIC: Solve the crossword clues to gradually fill in letters. Each puzzle spells out the author and/ or source of the quote in the first letter of every answer As the quote begins to emerge, it will provide you with letter clues for the words you've not yet found until you've reveal the solution!>>>

Acrostic



A 2 44 62 205 41 83 194 Desk phone unit

B 59 136 114 36 60 73 187 138 "Unforgiven" star

C 27 166 137 63 133 17 147 128 93 Lutes' relatives

D 101 175 104 183 24 16 Slanted, as letters

E 102 15 160 135 199 165 238 25 77 37 224

233 179 89 118 180 153 123 177 It ended the women's suffrage movement (2)

F 90 10 236 76 86 Baroque painter Reni

G 110 178 91 1 182 172 229 103 126 157 167

161 Glossing over

H 195 191 111 188 55 11 119 201 237 127 Early characters in the Bible (3)

1 46 215 192 213 75 8 206 57 108 200 39 219

173 113 132 Comment to one who has it down (4)

J 154 198 149 169 38 159 7 Under ____ (burdened) (2)

K 216 225 125 23 228 171 146 124 Refrain from giving

L 208 65 185 190 152 232 204 164 84 Manoeuvres around M 170 4 210 207 202 148 6 22 150 19 Prominent Nazi politician (2)

N 235 74 130 143 155 Nile city

 $0\overline{197}\overline{189}\overline{70}\overline{107}\overline{230}\overline{42}\overline{100}\overline{139}\overline{21}\overline{28}47$

96 51 53 162 "Well ___!" (phrase of disbelief)

P 39 18 85 234 66 220 33 193 116 176 131 Humidor retailer (2)

Q 117 226 121 20 87 168 99 209 221 134 Not properly recognized or honoured

R 222 120 58 79 122 156 68 49 14 64 Dry runs

S 196 88 5 78 227 184 12 61 151 67 *Policeman's weapon*

T 109 71 35 98 140 95 141 186 Simpler; more unadorned

U 106 13 56 158 181 54 212 115 145 163 80

26 Far from happy

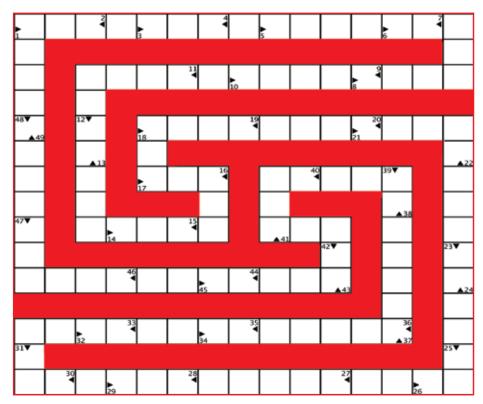
V 34 52 92 217 231 97 30 69 214 82 Catching more carp than

W 50 218 29 129 81 Went to the polls

 $X \overline{43} \overline{112} \overline{9} \overline{144} \overline{142} \overline{3}$ The matador's opponent (2)

Y 72 31 105 211 45 203 223 40 94 174 48 Kitchen overhauls, say

Slitherlink



CLUES

- 1. Nidus
- 2. American Indian tribe
- 3. Irrational
- 4. Oxidise
- 5. Devices for fishing
- 6. Idleness
- 7. Swell
- 8. Ship
- 9. A rural soviet
- 10. Performance by one
- 11. African antelope
- 12. Radioactive
- gaseous element
- 13. Imperious
- 14. Transplant plant
- 15. Aniseed based aperitif
- 16. Large volume

- 17. Slogan
- 18. Vent in the earth's crust
- 19. Garlic segment
- 20. Lisa
- 21. Assisting the memory
- 22. Portent
- 23. Republic in SW Asia
- 24. Powder from castor-oil plant
- 25. Rub out
- 26. Stadium
- 27. Small drum
- 28. Additional job benefit29. Reprehensible people
- 30. Capital of Morocco
- 31. Tree covering
- 32. Spoken
- 33. Roster

- 34. Dress
- 35. Monetary unit of Western
- Samoa
- 36. Earn
- 37. Musical note
- 38. Minor oath
- 39. Star sign
- 40. Boulevard
- 41. U.S. State
- 42. Holly
- 43. Stead
- 44. Arm bone
- 45. Elegance
- 46. Female sweetheart
- 47. Inhabitant of Romania
- 48. Information
- 49. Fresh-water fish

Sudoku Challenge

					7		2	4
8		5						6
2		7					1	9
			2		8	3		
9		1	4					8
	8	3		6			5	
7		2						
	9	4		3			6	
	3			7	2			

Easy

If you're new to Sudoku, or looking for an easy puzzle to solve, give this one a try.





Medium

Seasoned solvers and those looking for a little more of a challenge will want to try the puzzle below, which offers a bit more in the difficulty department.



	6							
		1		8		7	9	
8	3			4	5		1	
			7			1		
7			8				4	
	9			1				
			3	2		4		9
		3			4		8	
5		9	1	6				



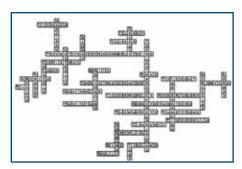
Answers

Trivia Quiz

- Fir tree 1.
- 2. Advent
- 3. Coca-Cola
- 4. Jingle Bells
- 5. Home Alone
- 6. Germany
- Italy 7.
- 8. 12 days
- 9. January 7th
- 10. Angels
- 11. January 5th
- The Nutcracker 12.
- 13. Feliz Navidad

- Oliver Cromwell 14.
- 15. Green
- 16. Indian Ocean and Pacific Ocean
- 17. January 6th
- 18. To keep kids quiet during the church service
- 19. Silent Night
- 20. The Merry Wives of Windsor

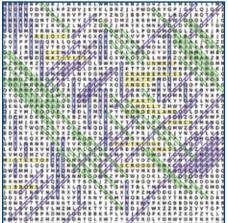
Cross Word



Crossword

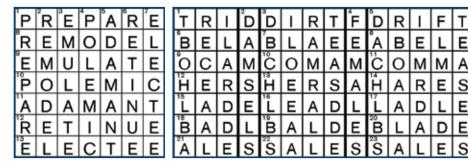


Wordsearch



Wordsquare

Ladderword



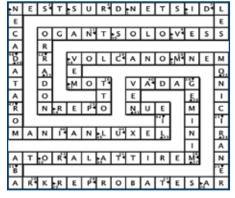
Acrostic

"Though not until I close behind me the door that is heavy as a vault, as the wind sucks in around the edges, bowing it so it strains and the walls shudder and then explode and the roof lifts clear, rising like an arrow into the maelstrom of dust and steel and wood, do I know for certain that I am alive." — Lorian Hemingway, A World Turned Over: A Killer Tornado and the Lives It Changed Forever

Logic Grid

Adam	Water	Lime
David	Soda	Vanilla
Mary	Juice	Strawberry
Wilma	Tea	Lemon

Slitherlink





Sudoku

3	6	9	5	1	7	8	2	4
8	1	5	9	2	4	7	3	6
2	4	7	3	8	6	5	1	9
5	7	6	2	9	8	3	4	1
9	2	1	4	5	3	6	7	8
4	8	3	7	6	1	9	5	2
7	5	2	6	4	9	1	8	3
1	9	4	8	3	5	2	6	7
6	3	8	1	7	2	4	9	5

9	6	5	2	7	1	8	3	4
4	2	1	6	8	3	7	9	5
8	3	7	9	4	5	2	1	6
6	5	4	7	3	9	1	2	8
7	1	2	8	5	6	9	4	3
3	9	8	4	1	2	5	6	7
1	8	6	3	2	7	4	5	9
2	7	3	5	9	4	6	8	1
5	4	9	1	6	8	3	7	2

'I stopped believing in Santa Claus when I was six. Mother took me to see him in a department store and he asked for my autograph.'

Shirley Temple

(April 23, 1928 – February 10, 2014)
Child star aged 3,
American actress, singer, dancer,
businesswoman, and diplomat

The Geological Trail - Al Hajar Mountains



The AI Hajar mountains (which translate to the Rocky or Stone mountains) are the highest mountain range in the eastern Arabian peninsula. Spanning the 2 countries of Oman and the UAE, they stretch 700km along the Gulf of Oman. At 3009m the highest point in the range is Jebel Shams, located about 240km West of Muscat, Oman. Fujairah's highest point is Jabal Al-Mebra, also known as Jabal Yibir at 1,727 m

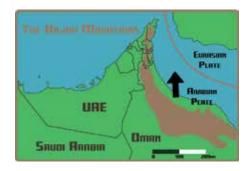
Their formation is due to plate tectonics. The Eurasian and Arabian plates moving against each other. These are currently stable plates and there is very little chance of significant earthquake's in the region. The Arabian Plate (which includes

Fujairah) is moving north relative to the Eurasian Plate at about 2–3 cm per year.

The mountains were formed throughout the Mesozoic period, starting their formation 245 million years ago and taking a mere 180 million years for completion. In this time, they will have witnessed the Triassic, Jurassic and Cretaceous periods and the evolution of dinosaurs, mammals and birds. Unfortunately, they will also have witnessed the dinosaur's demise. There is no evidence (such as fossils) that dinosaurs inhabited this part of the world. Mankind's evolution wouldn't be for another 60 million years after the Hajar mountains formation.

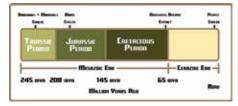
The rocks that form the Hajar mountains were originally on the sea floor and covered by between 500m and 1000m of sea water. The sea level didn't drop but the plates pushing against each other forced the rocks up and formed the mountains we know today.

50



About 75% of Fujairah is mountainous. Coastal planes, beaches and desert make up the remaining 25%.

In the west of Fujairah and stretching across all the other 6 Emirates is desert. A brief history of a desert's formation is that it is sand formed from rocks that have been eroded and exposed to intense weathering for a long time, with no rain and extremely high temperatures. The desert of the UAE is younger than the Hajar mountains.



There are 3 main categories of rock in Fujairah

Igneous

The igneous rocks are formed from the cooling of lava magma. Shamal chert is prevalent in the north of Fujairah and is a volcanic rock formed from lava. There were no volcanos in the area but merely breaks in the earth's surface in which the lava flowed before cooling. You might be lucky enough to find a crystal in the mountains. This might be a piece of quartz and it is a crystal not a rock. They are formed in nature when liquids cool and start to harden. These crystals will have formed as a result of the liquid rock, called magma, cooling.

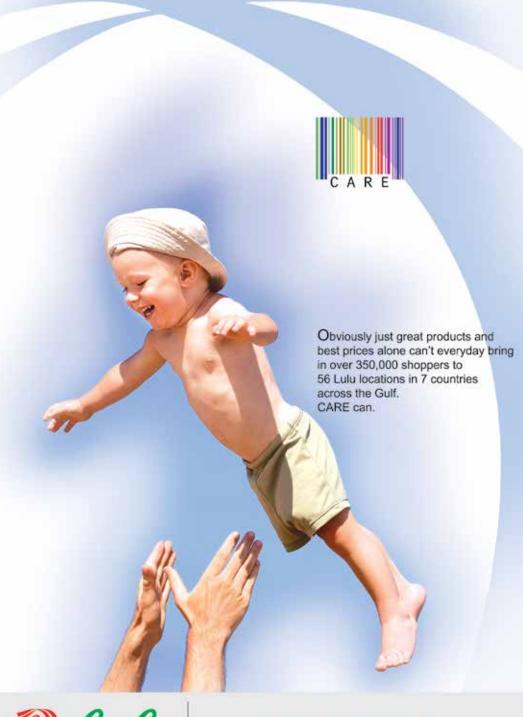
Sedimentary

Sedimentary rocks are types of rock that are formed by the accumulation or deposition of mineral or organic particles at the Earth's surface, followed by cementation. Sedimentary rocks found in Fujairah are limestone, chert, shale and mudstone.

The limestone quarried in Fujairah has multiple uses and can be used in the production of paper, pharmaceuticals, chicken feed, steel, iron, fertilizer and cement.

Cement used in the construction of the Burj Khalifa originated in Fujairah, this was because of its reputation in being the finest, purest (high grade) limestone. The grey limestone in particular is the best source for cement. This limestone as cement and a raw material is exported to India and all over Gulf region.

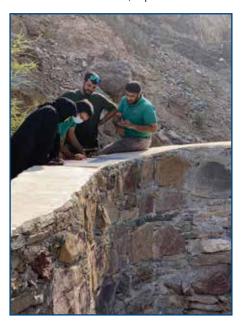






The process of making cement is quite a simple one

- The first step is to quarry the principal raw materials, which is mainly limestone.
- After quarrying, the rock is crushed to a size about 3 inches or smaller.
- The crushed rock is combined with other ingredients such as iron ore and ground, mixed, and fed to a cement kiln.
- The cement kiln heats all the ingredients to about 2,700 degrees Fahrenheit in huge cylindrical steel rotary kilns lined with special firebrick.
- As the material moves through the kiln, certain elements are driven off in the form of gases. The remaining elements unite to form a new substance called clinker. Clinker comes out of the kiln as grey balls, about the size of marbles.
- Clinker is discharged red-hot from the lower end of the kiln and generally is brought down to handling temperature in various types of coolers. The heated air from the coolers is returned to the kilns, a process that saves





fuel and increases burning efficiency.

 After the clinker is cooled, cement plants grind it and mix it with small amounts of gypsum and limestone. Cement is so fine that 1 pound of cement contains 150 billion grains. The cement is now ready for transport to ready-mix concrete companies to be used in a variety of construction projects.

Chert is only in found in the northern part of Fujairah. The same rock has different colourings due to oxidation.

- If the rock is red, it is chert with a high iron oxide content.
- If it is green, once again it is chert but with aluminum oxidation.

Metamorphic

Metamorphic rocks started out as some other type of rock, but have been substantially changed from their original igneous, sedimentary, or earlier metamorphic form. Metamorphic rocks form when



Made With Magic

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rocks are subjected to high heat, high pressure, hot mineral-rich fluids or, more commonly, some combination of these factors. An example of this is marble rock formed when limestone is exposed to high temperatures and pressures.

As a general rule, the rocks in Fujairah can be classified by region.

- In the north the rocks are hard igneous and sedimentary.
- In the central region they are largely metamorphic rocks.
- In the south are they are ophiolites and mostly igneous

Caves are more prevalent in the North and formed within sedimentary rocks.

On your adventurous walks in the north of Fujairah you might well see rocks that look like a mix of 2 different rocks. These are called melange, a mixed rock containing both limestone and chert. The two rocks will have been forced together over time and under significant pressure. Giving the appearance of a single rock.

Fujairah's Petroglyphs are carved into weathered limestone. The rocks themselves are grey all the way through but their exterior surface is darkened due to sun and heat.

The rocks you will see on the surface of the mountains will broadly fall into either smooth rock or sharp rocks. Don't let their appearance fool you into thinking they are different rocks. They may well be the same but one has had the erosion of time smoothing it off and the other maybe recently has been exposed or broken off a larger rock. If you look at the mountains from a distance you will see mostly brown rocks and these (similar to the limestone petroglyphs) are darkened by the intense and continual heat they are subjected to.

Mining and crusher activity in Fujairah started with easily accessible rock from wadies and was a lot less industrious than the business we see today.

Next time you are paddling in the sea, thinking how relaxing it is having the sand between your



toes. Think about this. The beach sand came from the Hajar mountains with rocks washed down the wadies and eroded into what we now see as sand. The flatter coastal plain area between the sea and mountains are larger stones that still would have originated in the Hajar's.

We would like to say a thank you to all those at FNRC and a special thankyou to Engineer Samia Salem Mohammed Al Seridy, Sikander Khan Durrani and Abdel Rehman El Shiekh for their invaluable contribution to this article.

The information about geology in Fujairah was taken from the British Survey Report, commissioned by the Ministry of Energy and Infrastructure.

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Dave Charlton



مؤسسة الفجيرة للموارد الطبيعية Fujairah NATURAL

WAITING



Duglas Joseph

The author has been teaching in colleges and schools for the last 18 years in India, Maldives and U.A.E. Currently teaching in Our Own English School Fujairah. He is a prolific

writer on teenage and education issues in various magazines and online portals. He Conducts seminars and motivational classes on education, study skills. Exam preparation, soft skills development, career planning and parenting)



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Dyslexia and the Occupational Therapist role

Reading is a learnt skill and children typically do not read until they are taught to do so. The process of learning to read begins in early childhood when children are exposed to baby books. Later the learning process focuses on the alphabet and on how to put letters together to make words and sentences.

Some children may be slow to read because of lack of opportunities or language delay. Children with dyslexia have a difficulty reading due to structural differences in the way their brain processes written language and graphic symbols.

Typically, a dyslexic child will have problems with word recognition, spelling and decoding as well as the speed with which the brain performs these tasks.

Symptoms of dyslexia in children

Since dyslexia is a learning disability, it can be difficult to recognise its symptoms before the child begins school. Some common dyslexia symptoms include:

- Difficulty reading single words, such as a word on a flashcard
- Difficulty learning the connection between letters and sounds
- Confusing small words, such as 'at' and 'to'
- Letter reversals, such as 'd' for 'b'
- Word reversals, such as 'tip' for 'pit'

Letter reversals in preschool alone are not a sign of dyslexia if there is no other reading difficulty. Dyslexia is diagnosed through a complex testing process. Dyslexia diagnostic tests are usually for children aged six and above.

Does dyslexia affect the child's academic performance and what can be done to get better? Reading is an important life skill and is required to learn all subjects in school, whether it is English language, second language, science or maths. Therefore, dyslexia can affect learning

and academic performance if the condition is not identified, and intervention is not provided, at an early stage.

Without intervention, the reading demands just increase as the child progresses through school and learning and understanding just gets more difficult. Learning a second language is often very difficult for dyslexic children.

Despite the challenges, many dyslexic children do very well in school. Key factors are early identification, good quality intervention and very supportive parents and teachers.

Dyslexia is a lifelong reading disability with good potential for improvement. Dyslexia management involves intervention through teaching rather than medication.

Occupational therapists are in a unique position to support a dyslexic child's learning by addressing key components of skills such as oculomotor function, executive functioning, and motor coordination. By improving underlying visual perceptual skills, motor abilities and attention using compensatory skills and alternative methods of learning to improve academic performance.

A dyslexic child can overcome his reading difficulty with special training from professionals. Parental support and encouragement are also key factors in dyslexia treatment. Since the prevailing methods used to teach reading are not adequate for the dyslexic child, dyslexic children are likely to feel distressed because they can't read like their friends. Parents can help boost their confidence by helping them discover other talents and develop these.



Priyanka
Ravichandran
Occupational
Therapist
Rising Sun

Have you put on weight during the pandemic? ©Alva Carpenter

Many people have written to me about weight gain during this pandemic due to eating treats for comfort and also not being able to use exercise facilities.

If you have a BMI of over 25 you are overweight and if your BMI is over 30 you are obese.

It has been a very hard time for everyone, and everyone has their own way of coping with the stress and uncertainty that has been brought about out of the blue from this pandemic. We are living in changed times and we have to decide for ourselves how we will cope with it. Will we swim or sink?

It is only natural to worry about our financial security. We need that to keep a roof over our heads, but we also need to look at what is happening accept the change and plan for the future.

This is our life situation now and we have to make it a positive one. For my own sons when they were worried about job security I suggested getting some new skills by taking online courses. One took a course in teaching English as a foreign language and another took a gardening course.

Let's look at some facts

If you allow yourselves to over-eat you are simply making yourself venerable to Covid

Since the pandemic began, large studies have reported that many of the sickest COVID-19 patients have been people with obesity.





Obesity is also a risk for diabetes and heart disease. So, it is a challenge if you have allowed yourself to get into new unhealthy habits during the pandemic, to now change to a healthy way of living so that you can make yourselves invincible to Covid.

A report from Italy suggests 99% of Covid deaths have been in patients with pre-existing conditions, including those which are commonly seen in people with obesity such as hypertension, cancer, diabetes and heart diseases.

Since the dawn of time we have always had to battle with germs. We cohabit the earth together so there will always be infection. Good health must be our first priority now, not later. As Vigil said, "The greatest wealth is health".

Having run an online slimming club for more than 20 years I know that going on diets is not a successful way to lose weight in the long term. It is a much more positive choice to say I am going to get healthier. If snacking is your coping method, then remember that time without food is good for you. It gives your digestive system a rest



and gives your body time and energy to do healing and repairing.

If western style takeaways is your coping method and making you gain weight, remember they are designed to be addictive comfort food.

Once you start eating healthy vegetables, salad, and fresh food you will feel so much better: you will also look better. If you are used to a mid-morning chocolate snack change to some fruit. If you drink canned fizzy or cola drinks, try water. And while your drink say to yourself: For my health.



My 10 Rules For Weight Management

- Avoid the "whites" sugar, white bread, white pasta, white rice - they create fat in the body
- Eat your carbs at breakfast time to power your day
- 3. Drink plenty of water
- 4. Limit tea and coffee to 4 per day
- Only drink alcohol and fizzy drinks on weekends (and limit to 3 per weekend)
- 6. Eat salad and protein for lunch (no carbs)
- 7. Enjoy two healthy snacks and one small treat per day
- For dinner, eat vegetables and protein, no need for carbs
- 9. Always have a healthy dessert such as fruit

- salad, yoghurt with honey, and chopped walnuts
- 10. Take some exercise every day

Top Tips for You!

- Portion sizes per meal should be limited to as much as you can hold in 2 cupped hands
- A portion of ice cream is one scoop
- Always say "no thank you" to second helpings
- Always ask the waiter to take the breadbasket away
- French fries and cakes are for special occasions only
- A colourful plate of food is a healthy plate of food

You Ask

Dear Alva

Many of my relatives are taking Vitamin C supplements to build up their immune system Is this recommended? *Hamda*

Good question Hamda

Our immune system is our body's surveillance system and is built throughout our lifetime to take care of our bodies. It is constantly running to repair damage and protect against cancer. The first three years are especially important. But it is more complicated than deciding to take

But it is more complicated than deciding to take a Vitamin C supplement.

Yes, you do need Vitamin C in your daily diet, but you also need a lot of nutrients working together. It is not like saying that taking one nutrient like Vitamin C or Turmeric will give you a good immune system

It is vital to remember that all nutrients work together like instruments in an orchestra. I commend focussing on a simple healthy diet with plenty of fresh colourful fruit and vegetables. Fibre and protein Maintaining a healthy weight, drinking plenty of water and taking exercise. I would also recommend Permea Plus, a multi supplement, as an insurance policy to ensure that your body has everything it need to heal and protect. *Alva*



Weird and Wonderful World



Man sells meteorite that crashed through his roof for over \$1 million

An Indonesian man turned an unusual bit of property damage into a fortune when he sold the meteorite that crashed through his roof for over \$1 million.

Josua Hutagalung, 33, said he was working outside his home in Sumatra when the meteorite crashed through the roof of the house and was still warm when he picked it up.

The 4.5-pound chunk of CM1/2 carbonaceous chondrite, a rare variety of meteorite, was valued at \$1,858,556 by experts and attracted the attention of U.S. expert Jared Collins, who purchased the meteorite and resold it to fellow U.S. collector Jay Piatek.

Hutagalung did not disclose the amount that he was paid for the meteorite, but he indicated it was over \$1 million. He said the money will allow his family to expand and he also plans to donate some toward the building of a local church.



UAE woman visits all seven continents, breaks Guinness record

A UAE woman broke a Guinness World Record when she visited all seven continents in 3 days, 14 hours, 46 minutes and 48 seconds.

Khawla AlRomaithi completed her whirlwind tour of the globe in Sydney, Australia, on February. 13th, shortly before travel restrictions related to the COVID-19 pandemic went into effect.

"It was a difficult journey; the attempt demanded a lot of patience, especially in airports, as well as having to deal with constant plane rides," AIRomaithi said.

She said she was inspired to attempt the record by the diversity of her home country.

"The UAE is home to around 200 different nationalities, I wanted to visit their countries and learn about their cultures and traditions," she said.



Robot wolves protecting Japanese town from bears

A Japanese town is protecting itself from wandering bears with a pair of unusual guardians: motion-detecting robot wolves.

Officials in Takikawa, on the island of Hokkaido, said concern about an increase of bear incursions into residential neighbourhoods this year led to their purchasing two Monster Wolves, robotic guard canines created by machinery firm Ohta Seiki in partnership with a local university.

The Monster Wolves, which are made of metal and covered in fake fur to make them appear real to other animals, are outfitted with motion detectors that cause them to activate. The wolves then flash red lights in their eyes, move their heads back and forth and emit a series of howling and screeching noises.

City officials said the wolves have thus far been effective in preventing bears from entering the town. Wolves once lived in the wild in Japan, but went extinct in the country during the early 20th century.

62





School asks parents to stop throwing late students over closed gate

An elementary school in France put up a pair of posters outside their fence with an unusual request for parents: Don't throw late students over the closed gate.

The Trillade school in Avignon put up signs outside its gate showing a cartoon of a parent sending a small child airborne to get over the fence. The text on the sign asks parents not to throw their children, and instead wait for the gates to be opened again at 10 a.m. or 3 p.m.

Principal Sanaa Meziane said that parents "literally threw their children" over the gate when they arrived to find it closed.



Border guards in NW China turn gardeners on snow-covered plateau

Chinese soldiers in Northwest China's Xinjiang Uygur Autonomous Region have successfully grown vegetables on the 4,050-meter-high plateau, despite having only three hours of sunshine each day.

The soldiers are from a border defense troop stationed between the snowy mountains in Xinjiang's Kashi.

Despite the lack of sunshine and cold weather, they set up greenhouses covered with thick cotton quilts, and managed to grow vegetables such as green beans, eggplants and mushrooms, all of which require high temperatures, humidity and sunshine. They have even been able to raise ducks.

To ensure a suitable temperature for the vegetables, they burn coal to heat up the greenhouse once every hour, the soldiers explained.

The output can basically meet the daily needs of the troop, who can then save up to buy more nonstaple foodstuff.



Extremely rare white giraffe gets tracker after poachers killed its family

An extremely rare white giraffe has been fitted with a tracking device for its protection after its family was killed by poachers.

The giraffe, in the Ishaqbini Hirola Conservancy in southeast Kenya, has a rare genetic condition called leucism that causes partial loss of pigmentation in its skin. It was fitted with a tracking device on one of its horns on November 8th.

The device will send hourly updates on the animal's whereabouts, so rangers can monitor its movements on a daily basis and keep it safe from poachers.

The unusual coloration makes the animal dangerously vulnerable to poachers in the wilderness.

Two other white giraffes in the conservancy, a female and her calf, were killed by poachers in March 2020, the trust said, and concerns are mounting for the remaining animal.



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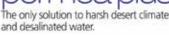
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Fujairah beat Ajman, face reigning champions in quarter final

Fujairah secured their spot in the quarter final of the Arabian Gulf Cup after beating Ajman 2-1 in the second leg of the playoff round at Rashid bin Saeed Stadium on Thursday 12th November.

The guests entered the game on the back of their 1-0 advantage in the first leg at home. They conceded a goal right after the break but were able to score two goals to seal the win and book their spot in the next round.

The first half ended in a goalless draw and it wasn't until five minutes after the break that the ball found the back of the net. A long pass from Isam Faiz found Issam Shaitit inside the box and the latter tapped home to net the opener and level the scoreline 1-1 on aggregate.

Fujairah, however, equalized 10 minutes later through Tunisia's Mohamed Firas Ben Al Arbi who smuggled a low-free kick past Ajman keeper Yousuf Ahmed.





They then took the lead in the 69th minute to move a step closer towards the quarter final, as Farley Rosa fired a curled long-range effort into the top corner of the net, leaving keeper Ahmed helpless.

After winning their two games against Ajman in the playoffs, Fujairah sealed their spot in the quarter final, where they will clash with reigning champions Al Nasr who received a bye into the quarter final.

Four other teams also secured their qualification to the quarter final of the Arabian Gulf Cup and will be joining **Fujairah** and **Al Nasr** in the next round of the competition.

Bani Yas will be hosting **Ittihad Kalba** in the first leg of the quarters, before playing the second leg away from home.

Shabab Al Ahli set up a quarters clash with Khorfakkan.

Al Wasl to meet Arabian Gulf League reigning champions Sharjah in the quarter final.







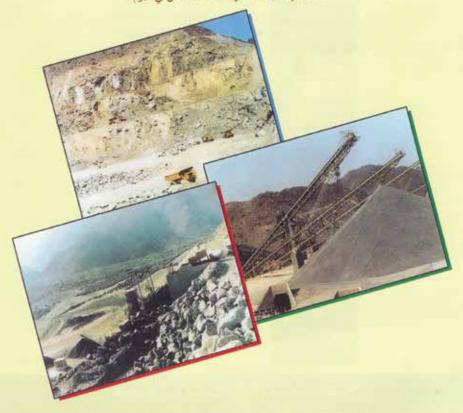
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Etihad Airways, UAE FA announce landmark partnership



Etihad Airways, the national airline of the UAE, has signed a major partnership agreement with the UAE's Football Association.

The partnership was officially announced at a signing ceremony at the UAE Football Association Headquarters in Dubai, by Sheikh Rashid bin Humaid Al Nuaimi, President of the UAE Football Association, Tony Douglas, Group Chief Executive Officer and Mohammad Al Bulooki, Chief Operating Officer of Etihad Aviation Group, as well as the board members of the UAE FA, Mohammed Hazzam Al Dhaheri, The General Secretary and a group of media personnel.

In the multi-year agreement, Etihad Airways will be the official sponsor of the UAE's national football teams, including the First team, Olympic team, and the Youth teams.

The UAEFA President, Sheikh Rashid, praised Etihad Airways for its own contribution to sport, and to football in particular, stressing that the UAE's national airline plays a major role in supporting sports locally and abroad and clearly understands its importance in developing and uniting communities. Sheikh Rashid, affirmed that Etihad's sponsorship of Emirati football aids the implementation of programmes to develop

national teams and helps the football community to continue its work and achieve its administrative and technical goals, praising the airline's clear role in community service.

The President of the UAE FA expressed his happiness and said: "We are very proud to announce this partnership with Etihad Airways, which is one of the greatest airlines in the world. Every Emirati is proud of the national airline, and I take this opportunity to praise the wisdom of its leaders.

Tony Douglas, Group CEO, Etihad Aviation Group, said: "Football is in our DNA – we've been proud supporters of prestigious football clubs around the world for many years – and the entire Etihad family is incredibly excited to support 'the beautiful game' in our home country. This is a hugely significant partnership and we, as the UAE's national airline, look forward to nurturing this over the years to come."

Mohammed Hazzam Al Dhaheri, Secretary-General of the Football Association, expressed his happiness to form a partnership with Etihad, stressing that it would serve all sectors of Emirati football, and its positive effects would be significant in the near future.

Three Emiratis declared Officially Amazing GWR Day 2020

Guinness World Records (GWR) celebrated its annual record-breaking GWR Day on 18th November, buoyed by the response from people around the world looking to unite in a positive, shared experience following a most difficult year for many.

To spotlight as many record-breaking achievements as possible, GWR will host a digital event – 24 Hours of Record-Breaking – which will celebrate the creativity, dedication, and passion of people around the world following a year of lockdown and restrictions.

GWR Day comes closely after unveiling the new Guinness World Records 2021 Book, the newest edition of the legendary book that is jam-packed with astounding records. GWR2021 will help readers discover the world around them and question why someone would want to travel over 120km/h on

a motorcycle while performing a headstand, and how exactly you train a rat to jump through a hoop eight times.

From MENA, three Emiratis managed to take part in the global GWR Day breaking 4 different Guinness World Records titles as follows: Omeir Saeed managed to break two GWR titles for Farthest wakeboard ramp jump (male) and Most wakeboard rail airs (supermans) in 30 seconds, while Dr. Khawla Al Romaithi managed to break the world record for Fastest time to travel to all seven continents, and Meera Al Hosani breaks the GWR title for the Largest sock word, writing the world 'Happiness' in Arabic to Spread arareness on the inclusion of people with Down Syndrome in the UAE.

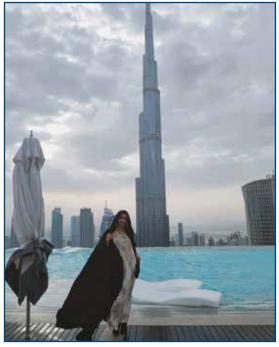
Omeir Saeed Omeir Yousef Almheiri is a selfproclaimed wakeboarding junkie, and now twotime GWR title-holder for the Longest ramp jump



on a wakeboard achieving an impressive 21 m (68.89 ft) jump, smashing the previous record that stood at 15 meters set by Jérôme Macquart (France) in 2004. Almheiri also smashed another GWR title on the same day for Most wakeboard rail airs in 30 seconds achieving 10 in total, doubling the previous record also set by Jerome MacQuart (France) in 2005.

"If there is one thing that I learned from this experience, it is that we hold a big responsibility to inspire the younger generation, to transfer the message and share the passion. Having this global recognition in hand makes me proud as an Emirati, as this is certainly the jewel in the crown of so many years of achievement and success," said Almheiri.

Twenty three young Omeir has known wakeboarding almost as long as he can remember. He has been the uninterrupted champion of the UAE Open Men National between 2012 and



think it makes this achievement even more challenging and worthy. Being an Emirati mom with all this will makes me the proudest ever."

Driven by the love of her little one Latifa, Meera Al Hosani, a third GWR Day record-holder, used 1,447 socks to write the word 'Happiness' in Arabic, creating the world's Largest sock word. Meera chose socks because they are usually used to show your support by signifying the extra chromosome that people with Down Syndrome usually carry.

"This was a great way to help raise awareness about these amazing cheerful individuals," Al Hosani said. "I have been blessed with Latifa who spreads joy everywhere she goes. I cannot be more thankful to be recognised as a Guinness World Records title holder, and contribute to sending this message of hope from the UAE."

2020. He started his career being recognised as the world champion in 2012 during the WWA Junior Men Wake Park, and secured another world championship in 2014 in the WWA Wake Park World Champion in the Open Wake Skate division, to mention a few.

Another story from MENA is the Fastest time to travel to all seven continents, which was achieved by Dr. Khawla AlRomaithi in 3 days 14 hours 46 minutes 48 seconds. Dr. AlRomaithi smashed this challenging record-title achieved by Kasey Stewart and Julie Berry (both USA) in December 2017 which stood at 3 days 20 hr 4 min 19 seconds.

"To travel the world at a time when almost the whole global is in lockdown is challenging, but to be the fastest to do it is even more challenging," said Dr. AlRomaithi. "I think it is destined to be like that, as since I started my trip in February 2020, the whole world changed all of a sudden, and I







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GDRFA Dubai grants Didier Drogba gold card residency

The list of football superstars who have been granted the UAE gold card visa is long. Along with the legend Didier Drogba receiving the accolade recently a number of other superstars have also been granted the honour by the UAE. The gold card is a long-term residency programme announced by Sheikh Mohammad bin Rashid Al Maktoum, Prime Minister and Ruler of Dubai in May 2019. Here's a look at the others on the coveted list.



Portugal and Juventus striker **Cristiano Ronaldo**, who bagged the 'Best Player of the Year' award at the annual Dubai Globe Soccer Awards at the end of December for a record sixth time, is a regular visitor to the UAE.

Ronaldo has always held Dubai close to his heart. At the two-day conference held at the end of December, he had spoken about his love for the city while also applauding the tremendous support he has received from the community in the region. The Portuguese star, who is hugely popular on social media, regularly shares pictures of his adventures. And with earnings of more than 720 million Euros between 2010 to 2019, Ronaldo has been ranked second in the Forbes list of highest paid athletes of the decade.



The Brazilian retired defender, **Roberto Carlos**, has been granted the gold card visa. He has been visiting the UAE for many years and supporting many sports events and initiatives. He has taken to social media to urge UAE residents to stay fit and safe during the ongoing coronavirus pandemic.



In November 2020, the General Directorate of Residency and Foreigners Affairs welcomed the former Chelsea and Ivory Coast legend **Didier Drogba** to get the gold card visa. The two-time African Football Player of the Year was presented with the 'Medal of First Line of Defence' in appreciation of his support for the Dubai Sports Council's 'Be Fit, Be Safe' campaign. Considered one of Chelsea's greatest, Drogba, 42, who won four English Premier League titles and a Champions League crown in a decorated eight-year career with the London club, is said to be looking for investment opportunities in Dubai.



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Luis Figo, the Portuguese superstar and FC Barcelona, Real Madrid and Inter Milan legend, has also been awarded the gold card visa. The Portuguese athlete was a record holder for his national team.



Belgian striker **Romelu Lukaku** who plays for Inter Milan, who has been granted UAE gold card visa, is 27. He boasts of playing with clubs such as Chelsea, Everton, Manchester United and Inter Milan on his resume.



Bosnian Miralem Pjanic Barcelona player, is also a privileged UAE gold card holder, was in Dubai to

attend the Global Soccer Awards early in 2020. The Global Soccer Awards in which Pjanic made an appearance was held early in 2020.



The former French striker **Nicolas Anelka** who lives in Dubai with his family, was honoured by Dubai Sports Council (DSC) with the 'Medal of First Line of Defence' in appreciation for his support for the council's ongoing 'Be Fit, Be Safe' campaign. Anelka, who won the 2000 European Championship with France and played for top clubs like Arsenal, Manchester City and Real Madrid. He is also the subject of Netflix's new documentary Anelka: Misunderstood. Dubai is the backdrop of the new documentary.



French football player, **Paul Pogba**, another player to be granted the gold card visa. The Manchester United player regularly trains in Dubai and shares videos from Ned Al Sheba Sports Complex.

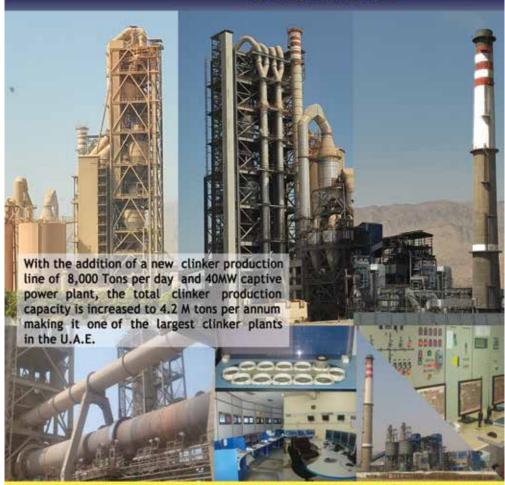


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Dragon Boat Challenge completes edition at Dubai Festival City



Al Futtaim's Group Real estate fully integrated destination, Dubai Festival City hosted the recently held Dragon Boat Challenge. The event saw over 500 registered participants in 64 teams competing under strict health and safety regulations for the winning trophy across five categories; 1000m Open, 1000m Women, 1000m Mixed, 300m Community Cup and 300m Corporate Cup.

The Challenge was hosted at the Marsa Plaza Creek-side Promenade and welcomed corporates, universities, schools, and community groups from across the UAE. Emirates Airlines grabbed the first place in the 300m Corporate Cup with Emirates NBD taking the first place in the 300 Community Cup. Team Atlantis 1 came first in the 1000m Open & Mixed categories followed by Barracuda Paddlers in the 1000m Women's category.

Dubai Festival City has been actively encouraging visitors and residents to embrace healthy living with a number of events taking place in the destination as the weather cools down. The Dragon Boat Challenge was held as part of opening weekend of the Dubai Fitness Challenge to support the city's agenda of promoting health and fitness. The event was supported by the Dubai Sports Council, Dubai Police, Dubai RTA and Dubai Municipality.





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Class 10

St. Mary's Catholic High School

Poem

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Thank you for taking all my tantrums since my birth day,

Sorry for running all around the house and making you tired;

But you still admired,

When my naughtiness was unstoppable, your struggles were valuable.

Thank you of all the special joys in life,

The big ones and the small,

Your love and tenderness

Is the greatest of them all.

Your hugs put joy in all our days,

Your love will stay with us forever

and touch our lives in precious ways,

I love you daddy forever and ever in different ways.

Thank you daddy for all the wonderful days!

Mohita Raiiv

St Mary's Catholic High School Fujairah GR 10-A



Mohita Rajiv





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For KG, Primary, Middle Secondary, O'level, B.A, B.Ed. M.Ed. classes.

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Home Tuitions available till grade 4, and English skills development. Location: New Sakamkam, contact no: 050 5681480

Private tuition available for preschool to grade 3 kids please contact 0563897802 Location Fujairah

Home tuitions for French to all classes CBSE,GCSE for more info call 0504690262

joshuadaniel2014@gmail.com

Private tuition available for Grade 7 to 12 mathematics, including first-year calculus. Western born and educated for over 20 years. Experienced in CBSE, CC, GCC, IGCSE and IB. Medium: English. Contact:

0562020747 WhatsApp: +971

509132894 Location: Fuiairah.

Private tuition available for both Indian and British Syllabus CBSE / GCC Syllabus (GRADE 1 - 7). For information please contact 0554383708

British Language Centre
Now in Fujairah- A dedicated
British owned and run language
centre specialising in Corporate
English Skills. Tailor made
courses plus large groups and
individual lessons catered for.
Contact: 0501055782, info@
blc-uae.com, www.blc-uae.com

Home Tuition for Englishspeaking, listening, reading and writing. Special focus on English grammar. Location Sakamkam Please contact-0505036046



Finding Fujairah

With our directory we hope to serve both residents and tourists. If you have any categories you would like to include, please let us know. You can write to us at PO Box 3139, Fujairah or fax us on, 09 2241916 or simply send us an email to: fujobs@eim.ae.

BEAUTY

ABC Al Almaniya Beauty Centre German Products with German Treatments Fujairah Trade Centre,

09-2234666

Mob 050-1729980

Al Dana Beauty Salon Fujairah

Ground floor, Fujairah

09-2231643

Ayush Ayurveda Massage Centre M-09, Bushera Centre, Opp Fish Market Gurfa, Fujairah

> 09 2248113 Mob 056-1395629

Beta Ladies Saloon 10th floor, Coral Suites Hotel Hamad Bin Abdullah Rd, Fujairah

09-2244788

Butterfliez Ground floor, Fujairah Tower 09-2244464

City Tower Hotel Wellness Spa & Salon

Hamad Bin Abdullah Rd, Fujairah

092236888

Concorde Salon
Latest styles and treatments
Concorde Hotel

09-2249000

Dar Lama Fashion/Beauty Salon 2nd floor Burj Al Wadi, Hamad Bin Abdullah Rd, Fujairah

09-2226502

Farfalla

Near Preventive Medicine Dept 09-2227462

Glamorous Beauty Spa 304 FEWA Building, Fujairah 092224545 0567078646 or 0528584940

Ilham Beauty Centre Near Emarat Centre

09-2222338

Kerala Ayurvedic Massage Centre 10th floor, Coral Suites Hotel Hamad Bin Abdullah Rd, Fuiairah

09-2244788

Ladies Salon 2002 16 Buildings Complex Hamad Bin Abdullah Rd, Fujairah

09-2229888

Marimar Ladies Salon Fuiairah

09-2223001

Mega Ladies Salon 1st Floor Al Manama Hypermkt Car Showroom Road

09-2220345

Murjanah Ladies Saloon Near Century Mall Fujairah 09 2237476

New Manila Ladies Salon
Opp Fujairah School Basic
Education for Girls C2
Near Own English High School
09-2220012
054-5160587

Princess Beauty Salon
Opp. Choitram Supermarket
09-2226211

Queens Ladies Salon Beside Safeer Market

09-2226266

Riviera Beauty Centre Near Fujairah Medical Centre Faseel Rd, Fujairah

09-2229066

Sarah Beauty Salon Al Basra Road Near White Village, Fujairah 09-2233231

Shatha Beauty & Spa Novotel Hotel Fujairah Mezzanine Floor Hamad Bin Abdulla Road Fujairah

> 09-2034966 050-7906083

Synergy Healing Centre Opp Century Mall Fujairah

09-2222778

The Beauty Salon 1st floor, Radisson Blu Resort Fujairah Dibba – Fujairah

09 2449700

Willow Stream Spa Health & Wellness Spa B1 Level, Fairmont Fujairah Beach Resort Mina Al Fajer, Dibba – Fujairah

09-2041035



HOTELS

Adagio Fujairah Aparthotel Studios and apartments Hamad Bin Abdullah Road 09-223 9888

Al Diyar Residence Hamad Bin Abdullah Rd, Fujairah

09-2244660

Blue Diamond Alsalam Resort Luxury Hotel & Apartments Al Ghurfa, Corniche Road Fujairah

09 2027000

California Suites Hotel Fujairah

09-2222138

City Plaza Hotel Hamad Bin Abdullah Rd, Fujairah

09-2222202

City Tower Hotel Four star deluxe premium hotel Hamad Bin Abdulla Rd Fujairah

09 2236888

Clifton International Hotel 4 Stars Deluxe Hotel Apts Hamad Bin Abdullah Rd, Fujairah

09-2222021

Concorde Hotel Fujairah 5 stars Hotel Hamad Bin Abdullah Rd, Fujairah

09-2249000

Emirates Springs Hotel Apartments Hamad Bin Abdullah Rd, Fuiairah

09-2232922

Fairmont Fujairah Beach Resort Luxury Art-Inspired Resort, Mina Al Fajer, Dibba, Fujairah 09-2041111 Fortune Residence Hotel Apartments Al Fahim Street,Opp Ladies

09-2244991

Fortune Royal Hotel Al Gurfa Road Fujairah

Park - Fujairah

09-2238886

Fujairah Beach Motel Faseel Rd (Coast Rd)

09-2228111

Fujairah Rotana Resort & Spa Five star beach resort Al Agah, Fujairah

09-2449888

Holiday Beach Motel Al Fageet, Fujairah

09-2445540

Ibis Fujairah Hotel International budget hotel Hamad Bin Abdullah Road 09-223 9997

InterContinental Fujairah Resort Hotel Al Aqah Dibba Road - Fujairah

09-2099999

Le Meridien Al Aqah Five star beach resort Al Aqah, Fujairah

09-2449000

Miramar Al Aqah Beach Resort Five star beach resort Al Aqah, Fujairah

09-2449994

Nour Arjaan Hotel apartments Hamad Bin Abdullah Rd, Fuiairah

09-2025555

Novotel Fujairah Four star hotel Hamad Bin Abdullah Road 09-223 9999 Oasis Residential Suites Fuiairah

09-2232823

Oceanic Hotel Khorfakkan Corniche, Sharjah 09-2385111

Radisson Blu Resort, Fujairah Five star beach resort Dibba - Fujairah

09 2449700

Raynor Hotel Apartments Murbah

09-2361116

Royal Beach Hotel & Resort Al Fageet, Fujairah

09-2449994

Royal M Hotel Fujairah Hamad Bin Abdullah Rd, Haleefat Area, West Fujairah 09-2012000

Sama Deba Hotel Apartments Dibba

09-2440221

Sandy Beach Hotel Al Aqah, Fujairah

09-2445555

Sea Side Furnished Flats Dibba

09-2447553

Siji Hotel Apartments Luxury hotel apartments Al Nakheel Rd, Fujairah

09-2232222

Uptown Hotel Apartment Kuwait Road Sikamkam, Fujairah 09 2223580 / 2012000



PHARMACIES

Bin Moosa Pharmacy 9am - 2am Opp. Safeer Mall, Fujairah

09-2227575

Family Pharmacy 9am -1am & 5pm -10pm Nr Family Medical Hospital 09-2222444

Fujairah Drug Store 8:30am - 5:00pm Al Hayl Area, Fujairah

09-2226669

Fujairah Pharmacy (24 hours) Opp. Fish Mkt. Gurfa, Fujairah 09-2229295

Fujairah Tower Pharmacy 9am -1pm and 5pm -10pm G/F Fujairah Trade Centre

09-2223979

Healthfirst Pharmacy Open 24 hours Fujairah

09 222-9295

Hikma Pharmacy 9am -1pm - 5pm -10pm Fuj Medical, Al Faseel Fujairah 09-2231442

Ibn Sina Pharmacy 9am -1pm & 5pm -11pm Beside Plaza Cinema or Arab Bank, Fujairah

09-2220044

Lulu Pharmacy 9am -12 midnight Lulu Hypermarket

09-2233112

Mozoon Pharmacy Timing: 8.30 am to 1am Opp ADCB Sh. Hamdan Road Fujairah

09-2244699

Nat'l Medical Centre Pharmacy, Gurfah

9am -1pm & 5pm -9:30pm 09-2222850

New Fujairah Pharmacy 8:30am -1pm & 4:30 -10pm Nr Madina Supermarket, Al Gurfah

09-2224820

Reem Pharmacy Opp. HSBC 9am -1pm & 5pm -10pm Hamad Bin Abdulla Rd 09-2241124

Siji Pharmacy 9am -1:30pm & 5-10:30pm Opp. Al Rostami Exchange Sh Zayed Rd, Fujairah 09-2231540

Thumbay Pharmacy
Open 24 hours
Fujairah

09-2244233 Extn 212

RESTAURANTS

Abu Khalid Restaurant Indian/ Arabic Park Road, Fujairah

09-2224592 050-5409708

Al Afrah Cook Indian/ Arabic Fujairah

Al Amwaj Restaurant Takeaways/Delivery Indian Qidfa, Fujairah

09-2380191

09-2224238

Al Aseel Restaurant & Cafeteria Indian Delicacies Near Safeer Rbt, Fujairah 09-2227244

Al Baghdadi Rest. & Cafeteria Sandwich/Arabic/Indian Hamad Bin Abdullah Rd, Fuiairah

09-2229105

Al Bake Restaurant & Cafeteria Takeaways/ Delivery Service Al Ghorfa Road, Fujairah

09 -22373779 050-4343279 or 055-7530035

Al Diwan Restaurant International cuisine Al Diar Siji Hotel, Fujairah 09-2232000

Al Khaleej Coffee Shop Park Road, Fujairah

09-2224353

Almahbash Alshaabi Restaurant Fahim Street, Fujairah

09-2225445

Al Mabrook Restaurant Filipino Food Fahim Street, Fujairah 09-2231372/2243686

Al Majalis Restaurant Shisha/Arabic/Moroccan City Tower Hotel Hamad Bin Abdullah Rd 09-2236888

Al Majilis

International Buffet/ A la Carte Miramar Hotel, Al Aqah, Fujairah 09-2449994

Al Malaki Coffee Shop Wireless Playstation Fahim Road, Fujairah

Meshwar

09-2249009

Al Melaka Al Kabira restaurant Filipino Food Al Matar Road (Airport Road) Fuiairah

> 09-2221617 050-9065694

> > Restaurant

Lebanese cuisine 16 Buildings Complex Hamad Bin Abdullah Rd, Fujairah 09-2231113



Al Nafoora Restaurant Continental/Oriental/Italian Coral Suites Hotel Hamad Bin Abdullah Rd. Fuiairah

09-2244788

Al Nafoora Spring Restaurant King Faisal Road Al Faseel, Fuiairah

09-2224842/41

Al Narjan Cafeteria/Restaurant Al Fahim Street, Fujairah 09-2223301

Al Nokhada Restaurant Arabic Seafood cuisine 2nd floor, Radisson Blu Resort Dibba - Fujairah

09-2449700

Al Rais Cafeteria Park Road, Fujairah 09-2233188/2227400 050-3525799

Al Rihla Restaurant All day dinning Millennium Hotel Haleefat Area, West Fujairah 09-2012000

Al Roof Restaurant Int'l **Emirate Springs Hotel** Hamad Bin Abdullah Rd, Fujairah

09-2232922

Al Sawaqi Cafeteria Nadah Road, Fujairah

09-2241881

Al Shamaa Cafeteria & Rest Al Fahim Street, Fujairah 055-4580851

Al Shami Cafeteria & Rest Fujairah

09-2243404

Al Tarboush Restaurant Arabic Takeaways/ Delivery Hamad Bin Abdullah Rd, Fujairah

09-2243399

Al Qasar Al Afghani Bukhari Opposite Ladies Park, Al Muntazah Street, Fahim Street,

09-2222410

Al Wahda Rest & Cafeteria Indian Cuisine Near Safeer Shopping Mall Off Fahim Street

Fuiairah

09-2231786

Al Zaman Restaurant Sandwich/ Coffee/ Juice Park Road, Fujairah

09-2242297

Angaar Restaurant Indian/Pakistani/Fast Food Pizza/Seafood/Vegetarian Hamad Bin Abdullah Rd. Fujairah

09-2239741

Aquarius Pool Café Nour Ariaan by Rotana Hamad Bin Abdullah Rd. Fujairah

09-2025555

Arous Al Bahar Lebanese/Takeaways Dallah Roundabout, Fujairah 09-2227866 or 09-2224580

Arteasan Tea Room

Lobby Level, Fairmont Fujairah Beach Resort, Mina Al Fajer, Dibba, Fujairah

09-2041111

Babylon Cafeteria Sandwich/ Breads/ Arabic Fuiairah Trade Centre Hamad Bin Abdullah Rd Fujairah

09-2222969

Baniyas Cafeteria Merashid Road. Fuiairah

> 09-2225562 055-9110507

Belle View All day dinning - Concorde Hotel Fujairah Hamad Bin Abdullah Rd, Fuiairah

09-2249000

Bin Hafeer Cafeteria Sharwamas/sandwiches/juices 09-2236133 Fuiairah 050-5905100

Bon Appetit

Continental/Indian/Italian/Arabic Mohammed Bin Mattar Road Fuiairah

09-2230066

Burger Lab Takeaway/Delivery Fujairah Trade Centre Fuiairah 09-2222700

Breeze Restaurant All day dining buffet 1st floor, Radisson Blu Resort Dibba - Fuiairah

09-2449700

Caesars Restaurants & Confect Rostamani Building. Hamad Bin Abdullah Rd Nr Nissan Showroom, Fujairah 09-2249900

Café Pronto European Bistro B3 Level, Fairmont Fujairah Beach Resort, Mina Al Fajer, Dibba, Fujairah

09-2041111

Canvas

International, All-Day-Dining B1 Level, Fairmont Fujairah **Beach Resort** Mina Al Fajer, Dibba, Fujairah

09-2041111

Chowking Chinese -Takeaways/ Delivery Fujairah City Centre 09-2235737



RESTAURANTS

Copper Lobster Seafood & Gastro Bar Fairmont Fujairah Beach Resort, Mina Al Fajer, Dibba,

09-2041111

Cream & Honey Cafe, Desserts Fujairah Trade Centre Hamad Bin Abdullah Rd, Fujairah

09-2235500

Curry House Takeaways/ Delivery Service/ Indian Delicacies Opp road to HSBC, Fujairah 09-2244228

Dibba Rock Restaurant Continental Royal Beach Hotel & Resort Al Faqueet, Fujairah

Dolci Paris International Cuisine Nr Lulu Hypermarket, Fujairah 09-2237008

Dosa Hut Restaurant Indian/Free Home delivery Al Manama Hyper Market, Fujairah

052-4377155

Drift Beach Bar & Grill InterContinental Hotel Al Agah, Fujairah

> 09 2099999 0561610874

Eeva Cafeteria Park Road, Fujairah

09-2226390

Emirates Sea Restaurant Multi-cuisine Corniche Road, Fujairah 09 222 2785 Family Restaurant Chinese, Arabic, Indian Mina Road, Fujairah

050-6290292

Faseel Restaurant Siji Hotel Apartments Al Nakheel Street, Fujairah

09-2232222

Fatafeat Cafeteria Off Jamiya Road, Fujairah 09-2238382

Felfela Cafeteria Park Road, Fujairah

> 09-2239559 Mob 055-2877622

Fortune Restaurant Indian/ Chinese Fortune Residence Apartment Hotel, Fujairah

09-2244991

Fresh Express Restaurant & Catering
Merashid/Rughalt Road
Fujairah 09-2237440
055-9940500

Fujairah Star Restaurant Indian/Arabic

Fujairah 09-225337

Garden Valley Restaurant Meraschid/Rughalt Road Fujairah

09-2221526

Golden Fork Restaurant Takeaways/ Delivery Service Khorfakkan Corniche 09-2387085/2387092

Gonu Bar & Grill Fish/ Seafood/ Meat grill Beach front Le Meridien Al Aqah, Fujairah 09-2449000

Grand Bleu Restaurant Beachside, Ground floor, Radisson Blu Resort, Dibba - Fujairah

09-2449700

Green Belt Restaurant Indian and Pakistani Cinema Road, Khorfakkan 09-2383759

09-2383759

Green Valley Restaurant Indian/Chinese Takeaways/ Delivery

Hamad Bin Abdullah Rd, Fujairah 09-2224929

Hadramout Mandi Yemenite Restaurant Gurfa Road, Fujairah

09-2222988

Hanin Restaurant Filipino

Fujairah 09-2249394

Hardees Fast Food Hamad Bin Abdullah Rd, Fujairah

600 569000

Hatam

Iranian Restaurant/Takeaway
Fujairah City Centre Mall

055-9567204 09-2440540

Heatwave Pub/DJ

Radisson Blu Resort Fujairah Dibba – Fujairah

09-2449700

Horizon

Lobby lounge & bar InterContinental Hotel Al Agah, Fujairah

09 2099999

IAMMAI

Pool bar light bites - shisha B1 Level, Fairmont Fujairah Beach Resort, Mina Al Fajer, Dibba, Fujairah

09-2041111

Iqbal Restaurant Takeaways/ Delivery Service Arabic/ Indian Salam Street 09-2224969



Iran Restaurant & Bakery Takeaways/ Delivery Service Sheikh Zayed Rd, 09-2223370

Fujairah

Irish Sports Corner Bar, Club, Finger Food Clifton Hotel. Hamad Bin Abdullah Rd. Fuiairah

> 09-2244788 0559548335

Jabal Safad Cafeteria & Rest Takeaways/ Delivery Service, Arabic Food Ghorfa Fish Market

> 09-2242088/2242055 055-8289019

Jiddah Palace Restaurant Takeaways/ Delivery Service Opp road to HSBC.

Fujairah

09-2233526

Joe's Sports Bar Royal M Hotel Fujairah Haleefat Area, West Fujairah 09-2012000

Karachi Darbar Restaurant Takeaways/ Delivery Service Opp. Cinema Plaza

050-6498883

Kentucky Fried Chicken (KFC) Takeaways/Delivery Service/ Bin Abdullah Hamad Fujairah

600522252

Kairali Indian Restaurant City Tower Hotel Hamad Bin Abdullah Rd

09-2236888

Lari Adda Restaurant. Pakistani & Indian Cuisine Next to HSBC Bank, Khalifa Khamees Matar Bldg, Hamad Bin Abdullah Road. Fuiairah 09-2364411 Lava Dining Casual Dining, Bar Fairmont Fujairah Beach Club, Mina Al Fajer, Dibba, Fujairah

09-2041111

Lava Lounge American, Mexican, Japanese Building 3, 16 Buildings Hamad Bin Abdullah Rd Fuiairah

09-2364463

Lavali Al Sham Restaurant Off Hamad Bin Abdullah Rd. Fujairah

> 09-2237575 050-1901700

Little White Restaurant Takeaways/ Delivery Service **Emirates Trade Centre** Sh Zayed Rd, Fujairah

050-3936132

Lulu Restaurant & Cafeteria Fahim Street, Fujairah 09-2221969/49

Mabuhay Restaurant Filipino Food Sh Zayed Rd, Fujairah

09-2231372/2243686

Maharath Al Bahar Cafeteria Hamad bin Abdullah Rd Fujairah

> 09-2226963 050-7108083

Malabar Palace Restaurant Takeaways/ Delivery Service Fujairah

050-2706897

Malik Indian Restaurant South & North Indian/Chinese Sheikh Zayed Bin Sultan Street, Fuiairah

> 09 2222783 050 8852678

Mammone Italian food Iberotel Miramar Beach resort Al Agah, Fujairah

09-2449994

Manila Beats Filipino Club & Restaurant City Tower Hotel Hamad Bin Abdullah Rd 09-2236888

Mashriq Mukalla Mandi Restaurant Indian / Arabic, South Indian Food Airport Road **Fujairah**

> 09 2227074/2227075 056 6262729

Maxims Multicuisine Restaurant A la carte / International Buffet City Tower Hotel Hamad Bin Abdullah Rd 09-2236888

McDonalds Takeaways / Eat in / Fast Food **FPPCO Petrol Station** Al Faseel Road (Beach Rd) Fujairah

09-2281863

McGettigans Irish Bar Tennis & Country Club, Back side of Colleges Nr Fujairah City Centre

09-2244880

Mistral Restaurant Middle Eastern & Mediterranean Fujairah Mall Millennium Hotel Fuiairah 09-2012000

Mozaique Restaurant International Buffet Fujairah Rotana Resort & Spa Al Agah, Fujairah

09-2449888



RESTAURANTS

Modern Restaurant Arabic, Indian and Chinese Dhadna, Fujairah

09 2445733/2445227 058-9007071

Murjan Café & Restaurant Nour Arjaan by Rotana International cuisine Hamad Bin Abdullah Rd, Fujairah

09-2025555

Nalukettu Indian/ Chinese City Plaza Hotel. Hamad Bin Abdullah Rd, Fujairah

09-2223070

Nama Global Dining InterContinental Hotel Al Agah, Fujairah

09 2099999

New Damascus Restaurant Takeaways / Delivery Service, Arabic food Gurfah Rd, Fujairah

09-222281

Namaste Nepalese Cuisine (Delivery) Off Hamad Bin Abdullah Rd, Fujairah

09-2225227

Dosas House
Takeaways/ Delivery Service
Seafood/Fish/Chicken
Back Dubai Islamic Bank
Off Hamad Bin Abdullah Rd,
Fujairah
09-2232997
050-7464164

O'Learys Sports Restaurant American Style Fujairah Mall Sheikh Khalifa Bin Zayed Road Fujairah

09-2235356

Opera Cafe International cuisine Fujairah Trade Centre Hamad Bin Abdullah Rd, Fujairah

09-2222739

Oriental Restaurant
Malaysian/Asian food
Close to old Etisalat,
Fuiairah 09-2221877

Pablo Cafe

Panino

Fujairah Trade Center

Fujairah 09-2244900

Panero Lobby Café Royal M Hotel Hamad Bin Abdullah Rd, Fujairah, Haleefat Area,

09-2012000

Lebanese Fahim Street, Fujairah 09-2237772

Papa Johns Pizzas/Takeaway ENOC Gas Station, Fujairah Mob 050 9805046

Photo Cafe & Restaurant
Al Hilal City
Fujairah 09-2225591

Pizza Express
Pizza and Italian food
Fujairah City Centre

09-2236467

09-2243434

Pizza Hut Pizza/Italian food 16 Buildings Complex Hamad Bin Abdullah Rd, Fujairah

Pizza Inn Takeaways/ Delivery Service Fujairah Trade Centre 09-2222557

Port Saeed Restaurant Takeaways/ Delivery Service Fujairah 09-2241311 RC Pub Pub Grub/Chinese/Continental City Tower Hotel

Hamad Bin Abdullah Rd 09-2236888

Regal Restaurant Takeaways/ Delivery Service Sheikh Zayed Road, Fujairah 09-2222756

Royal Rest. & Cafeteria Sandwich/Arabic Rugalat, Kalba Rd

09-2226688

Ruqaq Alkhaleej Restaurant Meraschid/Rughalt Road Fujairah

> 09-2232773 055-5916388

Sadaf Restaurant
Persian - Takeaways/ Delivery
Beside Hilton, Corniche
09-2233400

Safari Restaurant Continental Fujairah Beach Motel On Rdbt, Faseel Rd, Fujairah 09-2228111

Sagar Restaurant Takeaways/ Delivery Service Park Rd, Fujairah

09-2231411

Sajidha Cafeteria & Restaurant Indian and Chinese Quidfa, Fujairah

> 09-2380046 050-3900801

Salu Salo Takeaways/Delivery -Filipino Hamad Bin Abdullah Rd, Fujairah

Samakino Seafood Concorde Hotel Hamad Bin Abdullah Rd, Fujairah

09-2249000

09-2233400



Sana Chicken Restaurant Fried chicken/sandwiches Meraschid/Rughalt Road Fujairah

09-2233519/2233517

Sapore Italian food Le Meridien Al Aqah, Fujairah 09-2449000

Sausiri Restaurant Sri Lankan Behind Al Rostamani Exchange Off Jamiya Road,

09-2224060 050-5192492

Sensasia Asian Fusion Miramar Hotel Al Aqah, Fujairah 09-2449994

Shahrzad Palace Iranian/Delivery Service Hamad Bin Abdullah Rd, Fujairah 09-2233877

Silver Spoon Rest & Cafeteria Ghorfa, Fujairah

09-233484 050-3241421

09-2220206

Special Tikka Restaurant Meraschid Road, Rughalt, Fujairah

Shakespeare and Co

Café Restaurant 1st Floor, Century Mall Fujairah 09-2234891

Swaad Indian food Le Meridien Al Aqah Al Aqah, Fujairah

09-2449000

Subway Fresh Subs & Salads/Delivery EPPCO Petrol Station, Mina Rd 055-6858250 Fujairah City Centre

09-2236657

Taste Thai/ Asian Fusion Le Meridien Al Aqah Al Aqah, Fujairah

09-2449000

The Bookstore Ground Floor Novotel Hotel Hamad Bin Abdullah Rd, Fujairah 09-2034941

The Orangery Ground Floor Fujairah Tower Hamad Bin Abdullah Rd, Fujairah

09-2222787

Thai Express EPPCO Gas Station Al Faseel Road, Fujairah 09-2238129

Thalassery Restaurant Off Hamad Bin Abdullah Rd, Fujairah

09-225223/2229224

Thamburu Indian/Continental California Suites Hotel, Back of Union Nat'l Bank Fujairah

09-2222138

Tharavad Indian Restaurant Fortune Hotel Apartment, Fahim Street, Fujairah 09-2244934/991

The Sailors Restaurant & Cafe Fujairah Int'l Marine Club, Fujairah Corniche

09-2221600

The Salad Bar Fujairah Trade Centre Hamad Bin Abdullah Rd, Fujairah

09-2244244

The Salad Bar Sakamkam Fujairah General Trading Bldg 09-2244244 The Terrace Restaurant Tiffin & Bites, Thumbay Hospital Sheikh Khalifa Bin Zayed Road, Fujairah

09-2053855

United Cafeteria Restaurant Takeaways/ Delivery Service Old Etisalat, Fujairah

09-2225977

View Pool Bar Royal M Hotel Hamad Bin Abdullah Rd, Fujairah, Haleefat Area,

09-2012000

Views International Buffet Le Meridien Al Aqah, Fujairah 09-2449000

Waves Restaurant Fish/ Seafood/ Meat grill Fujairah Rotana Resort & Spa Al Agah, Fujairah

09-2449888

Zamarod Al Afghani Rice Bukhari Restaurant Off Hamad Bin Abdullah Rd, 09-2233260

050-6889367 / 055-3488511

ZO Restaurant Fine Dining Al Nakheel Rd - Fujairah 09-2222979

Information

EMERGENCY SERVICES

 Ambulance
 998/999

 Fire Station
 997

 Police Station
 999

 Directory Enq
 181

OTHER SERVICES

 Fujairah Hospital
 09 2242999

 Al Sharq Hospital
 09 2249999

 Thumbay Hospital
 09 2244233

 Airport Enquiries
 09 2226222

 Post Office
 09 2222235

 Cinema
 09 2243100

CLIMATE: The sun shines year round but Oct. to March, the days are pleasant (26°C, nights 15°C) Summer is April to Sept. and temperatures peak around 50°C with high humidity. The sun can be fierce so heatstroke, heat exhaustion are always a risk. Sunglasses, hats, and high factor sun creams are essential, especially for children.

DRESS: As in many Arab/Muslim countries dress should be modest. Wearing revealing tops or shorts in public places is not advisable.

CURRENCY: The dirham (pronounced dir-ham) is the UAE official currency. Dirham notes are in 5, 10, 20, 50, 100, 200, 500, and 1000 denominations. The dirham is divided into 100 fils. Coins are 1 dirham, 50, 25, 10 and 5 fils.

<u>Credit cards:</u> Major credit cards are widely accepted by car rental companies, the bigger stores, hotels and some restaurants, however you should carry some cash for general shopping and eating out at smaller establishments.

Exchange: There are no currency regulations and foreign currency of almost any denomination is readily exchanged in the UAE The dirham is index linked to the US dollar. 1\$ = Dhs 3.68. The exchange centres are found throughout the UAE such as the UAE Exchange Centre, opening hours are from 8:30am right through to 9:30pm, 365 days a year. Banks: Most Banks open at 8:00 am and close at 1:00 except Mashreq Bank who open until 4:15pm. They are closed all day Friday and public holidays.

SHOPPING/TIPPING: Bargaining is expected, especially in souqs, where prices can drop dramatically. Tipping is common for most services but it is not obligatory.

PUBLIC HOLIDAYS

Religious holidays are tied to the Islamic calendar and therefore dates vary. Friday is the Muslim holy day. Islamic Public Holidays are often not announced until a day or two before they occur:

(During the Holy Month restaurants and shops close during the day, and office hours during Ramadan are often reduced by two hours daily. The end of Ramadan is marked by Eid Al Fitr.)

2020

1 January New Year's Day 24 April Beginning of Ramadan 23/24 May Eid al-Fitr Arafat Dav 30 July 31 July Eid al-Adha 19/20 August Islamic New Year 28/29 October Prophet's Birthday 30 November Commemoration Day 2/3 December National Day*

*(UAE National Day is celebrated with streets and buildings lit up and decorated across the Emirates and there are many special events and programmes over several days.)

Fixed Holidays

Death of a minister or member of the royal family is usually marked by 3 days official mourning.

WARDENS

Britons

Virginia Valentine 050 4843470 - Warden

Egyptians

Dr. R Housan 050 4909701

Egyptian Club 09-2223724

Sweden

Capt. Ingemar Porathe 050 6457673

Philippines

Mrs. Maria Theresa Bautista 050-5106170

Sri Lankans

Mr. Tony De Costa 050 4551546

Mr. Rohan Ajith 050 6496133

Mr. Ajantha Ratnayaka 050 6707776

Mr. Mayawan Sivaselvam 050-4708816

Indians

Dr. P. Abdulrahman 09 2243000

Mr. Hashim 050 4842942 / 09 2221155

Mr. Manaf 050-4891782

Email: isfuj@emirates.net.ae

Map & Motoring Distances between main cities in the UAE



Fujairah to Abu Dhabi corniche 256 kilometres via Sheikh Khalifa Bin Zayed Rd, Maleha Road aka Sharjah /Kalba Road, E611 and Yas Island, approx 2 hour 28 minutes.

Fujairah to Ajman

117 kilometres via Sheikh Khalifa Bin Zayed Rd, Maleha Road aka Sharjah /Kalba Road, turn direction eastwards onto E611 and take the ramp onto E88 approx 1 hour 14 minutes

Fujairah to Al Ain

228 kilometres via Sheikh Khalifa Bin Zayed Rd, through Maleha village, Madam roundabout and E55, approx 1 hour 58 minutes

Fujairah to Dibba and Musandam 68 kilometres via Khorfakkan/Al Aqah coast road, E99, approx 1 hour 13 minutes

Fujairah to Dubai (Burj Khalifa/Dubai Mall) 124 kilometres via Sheikh Khalifa Bin Zayed Rd, Maleha Road aka Sharjah /Kalba Road, turn direction westwards E611, approx 1 hour 19 minutes

Fujairah to Hatta

65 Kilometres through Kalba, through Kalba Tunnel and onto E102, approx 1 hour 11 minutes

Fujairah to Oman border (Kalba)

18 Kilometres through Kalba on E99 till Oman border crossing approx 22 minutes. On entering Oman it is a straight road to Muscat - 3 hours 16 minutes.

Fujairah to Ras Al Khaimah

111 kilometres via Masafi, turn onto E88 then left onto E18, approx 1 hour 40 minutes

Fujairah to Sharjah (King Faisal St)

115 kilometres via Sheikh Khalifa Bin Zayed Rd, Maleha Road aka Sharjah /Kalba Road approx. 1 hour 23 minutes.

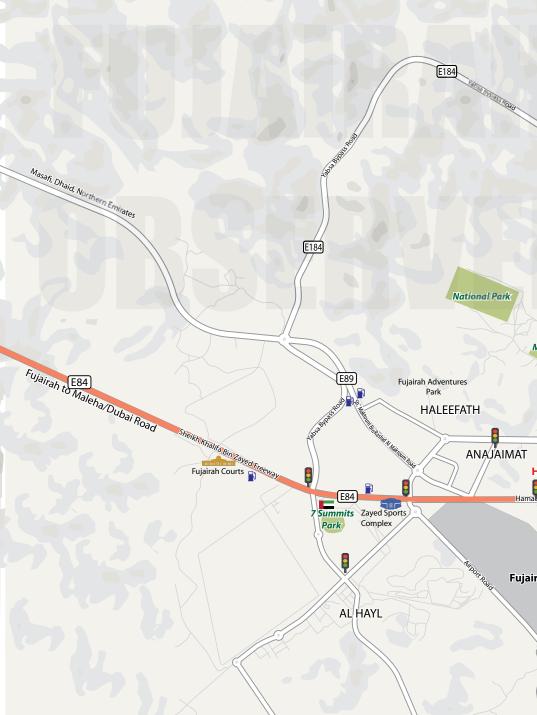
Fujairah to Umm Al Quwain

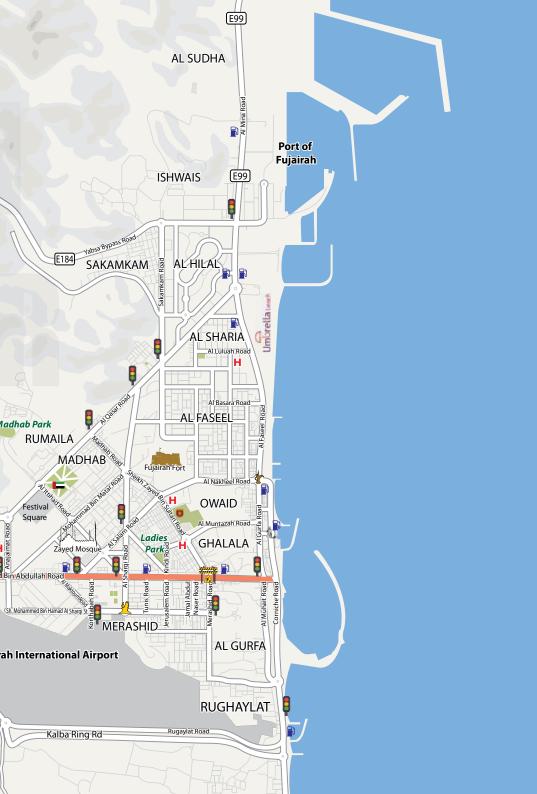
114 kilometres via Masafi, turn onto E88 then left onto E55 approx. 1 hour 35 minutes.

Speed limits are strict! Built-up areas 60–80 kph and 100/110/120 kph for cars on major roads.

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FUJAIRAH







Blue Planet Journal - Brook and Gaurav Bhagat

Sagittarius (November 22 - December 21)

Sometimes, the best things in life turn out to be an illusion. In other words, there's a good chance the kids have replaced the filling in some of the Oreos with toothpaste. Not all, just some, so it can be a surprise. They're so creative!

Capricorn (December 22 - January 20)

Nothing out of the ordinary this month, Capricorn. Unless you want to count the visit from the Demon Lord Farg, which could result in some minor damage to your sofa and/or your eternal soul. You can probably just cover it with a throw pillow or something.

Aquarius (January 21 - February 18)

An excellent opportunity to quit while you're ahead will soon present itself. I don't want to choose sides, but the Bingo ladies are on to you. Just sayin'.

Pisces (February 19 - March 20)

You've been feeling disillusioned lately, and may be searching for spiritual guidance. Your answers, as usual, will be available on YouTube. Three's Company is the moral compass that you have been missing in your life. Just think about it: if you ask yourself, "What would Jack do?" you can get out of just about anything.

Aries (March 21 - April 19)

Your surfboard repair shop isn't doing as well as you'd hoped, and you may begin to wonder if you should have listened to your friends, who told you Fujairah wasn't really the place for it. Don't worry, they're just jealous. Stick with it!

Taurus (April 20 - May 20)

A child in your life has a birthday coming up. Don't forget the piñata—it's never too soon to teach the important lesson that if you want something badly enough, you will get it. The key is just the right amount of beating with a stick.

Gemini (May 21 - June 20)

There's always a positive way to look at a situation. For example, this month, you're going to be gaining some brand new life experiences that would make great material for a Country-Western ballad! Yay!

Cancer (June 21 - July 22)

Your career as an entrepreneur will soar this month with your ingenious marketing strategies aimed simultaneously at generation X and aging disco dancers. If you could make a patchouliscented version of your fabulous Kitty Glitter, I bet you could reel in some hippie cat owners, too.

Leo (July 23 - August 22)

In 1889, Oscar Wilde wrote that "Life imitates Art far more than Art imitates Life." You will refute this fact with your new acoustic ballad, "Wet, Lather, Rinse, Repeat."

Virgo (August 23 - September 22)

This month, seek out situations in which you can use metaphors and clichés which are literally true. For example, you could go apple-picking, and comment to fellow pickers that "The fruit doesn't fall far from the tree." One to avoid, though, in my experience, is "It's as easy as taking candy from a baby." Mothers are so sensitive these days.

Libra (September 22 - October 22)

Your life has taken many sudden turns, and you will soon come to a fork in the road. A plastic spoon and several paper napkins will be with it. Damn litterbugs.

Scorpio (October 23 - November 21)

Ever hear the expression, "Even the farthest corner of the cheese becomes hard with time"? Me neither. I don't think that's a thing.

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